

Case Manager Job Aide on Evidence Based Treatments

Parent-Child Interaction Therapy (PCIT) Parent training/coaching in a clinic setting for young children with behavioral problems	MATCH-ADTC A Modular Approach to Therapy using CBT for Children with Anxiety, Depression, Trauma, and Conduct Problems	Dialectical Behavioral Therapy (DBT-A) For youth with emotion regulation and high risk behavioral struggles	Core Competencies in Cognitive Behavioral Therapy (CBT) For adolescents with anxiety, depression, trauma, substance use and conduct problems	Cognitive Behavioral Therapy (TF-CBT) Treatment for youth who are impacted by trauma and their families offered in a variety of settings	Functional Family Therapy (FFT) Intensive in-home family therapy for youth with behavioral or emotional problems including substance use	Multisystemic Therapy (MST) Intensive community-based treatment for youth with disruptive behavior, mood, and/or substance use that may result in community sanctions
<p>REFERRAL CRITERIA</p> <ul style="list-style-type: none"> • Ages 2.5-7 • Children experiencing relational problems with caregivers • Refusal/Defiance of adult requests • Difficulty in childcare/school settings • Easy loss of temper • Frequent aggression/fights • Destruction of belongings/property • Difficulty staying seated, playing quietly, or taking turns • Behavior can be the result of trauma or other mental health concerns • At least one caregiver willing to attend weekly sessions regularly and with ability to practice at least 3 times weekly with the child <p>EXCLUSIONARY CRITERIA</p> <ul style="list-style-type: none"> • Caregiver IQ <75 <p><i>CSA Funding: Authorizations are for 25 hours over 5 months. Unit of service is hourly</i></p> <p><i>Funded by FFPSA* January 2021</i></p>	<p>REFERRAL CRITERIA</p> <ul style="list-style-type: none"> • Ages 6-13 • Mood/Depressive Disorders • Anxiety Disorders • Post-Traumatic Stress Disorder (PTSD) • Disruptive/Externalizing Behavioral Struggles <p>EXCLUSIONARY CRITERIA</p> <ul style="list-style-type: none"> • Age 13 and above • Primary diagnosis of psychosis, intellectual disability, Autism Spectrum Disorder (ASD), or eating disorder • Sexually harmful behaviors • Acute suicidality <p><i>CSA Funding: May be authorized for 150 hours for up to 6 months through home-based counseling or 1x/week if through outpatient therapy</i></p>	<p>REFERRAL CRITERIA</p> <ul style="list-style-type: none"> • Ages 7 and above • Mood lability or frequent shifts in mood • Struggle managing anger • Unstable relationships • Efforts to avoid actual or perceived loss • Impulsive behaviors (e.g. substance use, aggression, reckless behavior that could result in self harm, runaway behavior, school truancy) • Frequent changes in self-image • Feelings of emptiness • Dissociation <p>EXCLUSIONARY CRITERIA</p> <ul style="list-style-type: none"> • Age 6 and younger • Primary diagnosis of psychosis, intellectual disability, Autism Spectrum Disorder (ASD) • Active psychosis • IQ less than 70, severe learning disabilities and/or cognitive impairment • Caregiver inability to participate in family skills based interventions • Unwillingness or disinterest in reducing suicidal thoughts, self-harm or other risky behaviors <p><i>CSA Funding: May be authorized for individual, family and group therapy sessions for up to 6 months</i></p>	<p>REFERRAL CRITERIA</p> <ul style="list-style-type: none"> • Ages 13-18 • Mood/Depressive Disorders • Anxiety Disorders • Post-Traumatic Stress Disorder (PTSD) • Disruptive/Externalizing Behavioral Struggles, high risk behaviors • Suicidal ideations and behaviors • Non-suicidal self-harming behaviors • Substance Use Disorders • Risky Sexual Behaviors • Family Communication and Connectedness • School Refusal/Truancy <p>EXCLUSIONARY CRITERIA</p> <ul style="list-style-type: none"> • Age 12 and younger • Primary diagnosis of psychosis, intellectual disability, Autism Spectrum Disorder (ASD), or eating disorder • Sexually harmful behaviors • Acute suicidality <p><i>CSA Funding: May be authorized for 150 hours for up to 6 months through home-based counseling or 1x/week if through outpatient therapy</i></p>	<p>REFERRAL CRITERIA</p> <ul style="list-style-type: none"> • Ages 3-21 • Youth who have experienced trauma such as: <ul style="list-style-type: none"> • Sexual Abuse • Domestic Violence • Traumatic Grief • Disasters • Terrorism • Multiple or Complex Trauma • Response to trauma includes symptoms such as: <ul style="list-style-type: none"> • Depression • Anxiety • Externalizing Behavior Problems • Relationship and Attachment • Sexually Reactive Behavior • School Problems • Cognitive Problems • Participation of a non-offending parent or caregiver <p>EXCLUSIONARY CRITERIA</p> <ul style="list-style-type: none"> • Youth who are acutely suicidal or homicidal <p><i>CSA Funding: Authorized as an outpatient therapy service; typically, 5X/month for up to 6 months. Unit of service is hourly.</i></p>	<p>REFERRAL CRITERIA</p> <ul style="list-style-type: none"> • Ages 11-18 • Caregiver must agree to attend all sessions • Externalizing Adolescent Behavior <ul style="list-style-type: none"> • Conduct Disorder • Oppositional Defiant Disorder • Drug use/abuse • Violence • Truancy • Anxiety/Depression with externalizing behaviors • Parent-Child Conflict/Family Issues • Youth have to be in the community or ready to return to the community • Youth have to have a family and the family has to be willing to participate <p>EXCLUSIONARY CRITERIA</p> <ul style="list-style-type: none"> • Youth 10 years or below as primary referral • Youth has identified family with a shared history, sense of future, and some level of cohabitation • Youth is scheduled to be placed outside of the home (RTC, DJJ foster care, etc.) • Treatment for sexually offending behavior is primary • Youth who have severe psychiatric illness • Youth who are currently experiencing acute psychosis • Actively suicidal and/or homicidal <p><i>CSA Funding: Authorizations are for 120 days over 4-6 months</i></p> <p><i>Funded by Medicaid as of Dec. 1, 2021*</i></p>	<p>REFERRAL CRITERIA</p> <ul style="list-style-type: none"> • Ages 11-17 • At risk of being removed from home due to disruptive, delinquent, substance-using, and antisocial behavior • Youth who have significant emotional or behavioral problems and may be at risk of residential placement • Department of Juvenile Justice populations <p>EXCLUSIONARY CRITERIA</p> <ul style="list-style-type: none"> • Youth living independently or youth for whom a primary caregiver committed to longer-term care of the youth cannot be identified • Youth whose psychiatric needs are the primary reason leading to referral, or who have severe and serious psychiatric issues • Actively suicidal and/or homicidal • Treatment for sexually offending behavior is primary • Youth with moderate to severe difficulties with social communication, social interaction, and repetitive behaviors, which may be captured by a diagnosis on the autism spectrum • Youth for whom an intellectual disability is the only influence, or is the most powerful, direct contributor to the youth's referral behaviors <p><i>CSA Funding: Authorized for 5 months up to 150 days. Unit of service is a daily rate. MST is a stand alone treatment that cannot be combined with other interventions</i></p> <p><i>Funded by Medicaid as of Dec. 1, 2021*</i></p>