



# AFFORDABLE HOUSING: A PRESCRIPTION FOR COMMUNITY HEALTH

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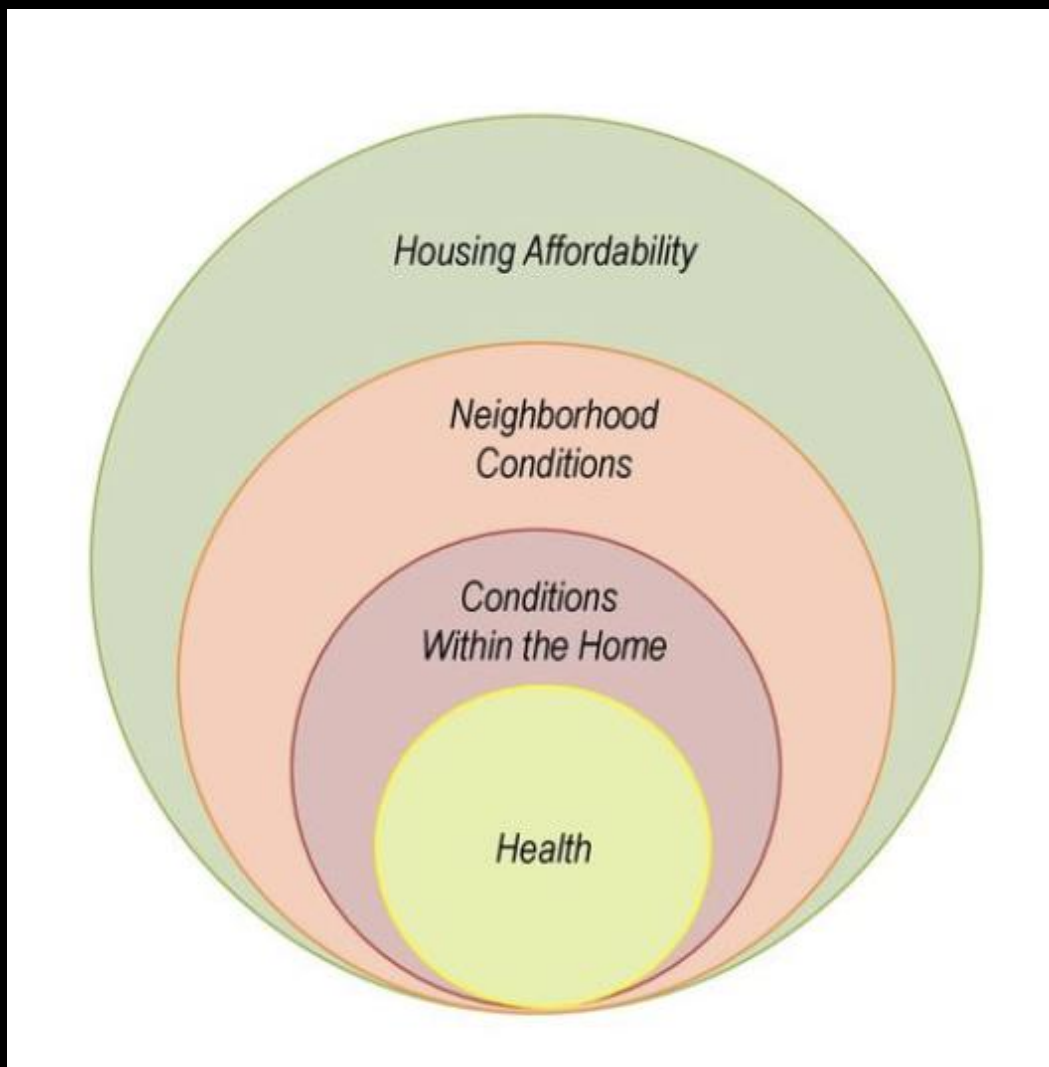
# SOCIAL DETERMINANTS OF HEALTH

“The social determinants of health are the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life.”

- *World Health Organization*

- Research has shown that the social determinants of health can be more important than health care or lifestyle choices in influencing health.
- This session will be focusing in on housing as a major contributor to the social determinants of health

# HOUSING AFFECTS HEALTH IN MANY WAYS



# HOUSING AND HEALTH

- The body of evidence connecting housing and health is quite strong
  - Physical conditions within homes
  - Conditions in the neighborhood surrounding homes
  - Housing affordability
    - Affects home and neighborhood conditions
    - Affects overall ability of families to make healthy choices
- Strategies, therefore, must be multi-faceted to be effective
  - Improving the physical quality of housing
  - Strengthening health-promoting social as well as physical conditions in neighborhoods
  - Increasing access to affordable housing for all Americans
- We now will get to hear from our expert panel of speakers on these connections from their own experiences