Outcome Statement: To have reliable and consistent access to sufficient, affordable, and nutritious food. To have access to information and education about healthy and nutritious food and the opportunity to develop the knowledge and resources to practice healthy eating.

For 8th, 10th, and 12th grade students, the incidence of hunger due to lack of food in the home varied by race/ethnicity, ranging from 3.5% of White students to 13.8% of Hispanic students. Similar students were found among White students and Hispanic students in 6th grade.

The lowest rating for availability of affordable quality food are reported by respondents ages 55-59 (62%) and by Hispanic respondents (63%).

The cost to purchase healthy and nutritious foods remains a major barrier to healthy eating among people struggling with poverty and food insecurity.

Sources:
1. Live Healthy Fairfax 2017 Community Health Needs Assessment
2. Fairfax County 2017-2018 Youth Survey Data
3. Fairfax County 2019 50+ Community Survey Data
4. Fairfax County 2017-2018 Youth Survey Data
5. Live Healthy Fairfax 2017 Community Health Needs Assessment