Becoming Eligible for Medicare

Retirees, and their covered dependents, who become eligible for Medicare, whether due to age or disability, are required enroll in Medicare Part A and Part B at their earliest eligibility. It is recommended that participants apply for Medicare at the earliest opportunity, 90 days before their eligible birth month or qualified disability date, to ensure proper coverage is in effect, on time.



### Know the As, Bs, Cs, and Ds of Medicare

| Part A   | Part B   | Part C (A+B)   | Part D   |  |
|--|--|--|--|--|
| Hospital Insurance   | Medical Insurance  | Medicare Advantage   | Prescription Drug  |  |
| Hospital stays  Skilled nursing facility stays  Home health care  Hospice care | Doctor's services Outpatient care Diagnostic tests Preventive services Laboratory services Durable medical equipment | Combines Parts A & B  Commonly includes supplemental benefits like hearing, vision, and dental  May or may not include prescription coverage | Helps lower prescription drug costs  All plans must offer at least a standard coverage set by Medicare |  |

All participants eligible for Medicare, whether due to age or disability, are enrolled in a county-sponsored Part D prescription plan. Simultaneous enrollment in a county-sponsored Part D Prescription plan and one managed by a non-county vendor will result in permanent termination of medical coverage under Fairfax County Government.

For additional details on how Medicare impacts county-sponsored benefits, contact the Benefits Division in the Department of Human Resources through HR Central at <a href="mailto:HRCentral@fairfaxcounty.gov">HRCentral@fairfaxcounty.gov</a> or (703) 324-3311.

### **Submitting Verification**

To verify timely enrollment and prevent cancellation of medical coverage, submit a copy of a Medicare Card issued to the plan participant or Social Security Administration Benefit Verification Letter to the Benefits Division in the Department of Human Resources. Copies of documentation can be accepted:

- By Mail: 12000 Government Center Parkway, Suite 270, Fairfax, VA 22035
- By Email: HRCentral@fairfaxcounty.gov
- By Fax: (703) 802-8795

#### **Want To Learn More?**

Attend a virtual or in-person health plan or wellbeing session offered by the Benefits Division in the Department of Human Resources, LiveWell, or a benefits vendor partner. A full list of events offered during Retiree Open Enrollment or as part of the ongoing Retiree Benefits Academy can be found on the Retiree Benefits Page on the county's public website:

### www.fairfaxcounty.gov/hr/department-human-resources-retiree-benefits

In addition to the information available on the Retiree Benefits Page, **Medicare.gov** offers a wide variety or articles and resources on how to enroll in Medicare.

# 2024 Retiree Medical Plans At-A-Glance

County-sponsored Medical & Pharmacy Plans for Non-Medicare Eligible Participants

## **Tips & Reminders**

- Don't forget to update addresses with the Benefits Division in the Department of Human Resources. Addresses maintained in the Benefits Division are reported to benefit vendor partners, and by keeping them up-to-date, retirees help ensure they receive important announcements and information. To update an address, contact the Benefits Division through HR Central at **HRCentral@fairfaxcounty.gov** or (703) 324-3311.
- The county requires retirees to maintain continuous coverage in a Fairfax County Government sponsored health plan (medical, including vision, and dental, and life insurance benefits. As a retiree, if any coverage is lost, for any reason, there is no opportunity to re-elect coverage at a later date and termination of enrollment from a county-sponsored medical plan will result in loss of any service-based Retiree Subsidy.
- The Kaiser Medicare Advantage Plan does not include all facilities. Visit **KP.org** to confirm your zip code is in a covered service area before you enroll.

### Retirees, LiveWell, and MotivateMe

Retirees are eligible to participate in designated LiveWell events and activities including virtual fitness classes, mindfulness and social wellbeing workshops, bio-metric screenings, flu shot clinics, and more. Sign-up for the LiveWell Listserv to receive ongoing communications by email on upcoming events. For more information, contact LiveWell at <a href="mailto:LiveWell@fairfaxcounty.gov">LiveWell@fairfaxcounty.gov</a>.

Retirees who maintained enrollment in one of the following county-sponsored medical plans as the subscriber can earn up to \$250 per plan year with the Motivate Me Wellbeing Rewards Program.

- Cigna OAP 90% and 80% Co-insurance Plans
- Cigna MyChoice CDHP Plan
- Kaiser Permanente HMO and the Kaiser Medicare Advantage Plan

Additional information on these programs can be found on the Health and Wellness Programs section of the Retiree Benefits Page: <a href="https://www.fairfaxcounty.gov/hr/department-human-resources-retiree-benefits">www.fairfaxcounty.gov/hr/department-human-resources-retiree-benefits</a>.

### Retiree Benefits Page on the Public Website

Quickly access additional Open Enrollment materials, plan summaries, benefit resources for retirees, contact information and more. Visit the Retiree Benefits Page on the public website:

www.fairfaxcounty.gov/hr/department-human-resources-retiree-benefits



To get there even faster, get out your smartphone and use the OR Code to the left. Follow the simple steps below to link directly to the Retiree Benefits Page.

1. Open the camera app on your smartphone.



2. Focus the camera on the QR code.

3. Gently tap the code image, or website as it appears



4. Follow the instructions to complete the action.

|  | Cigna OAP MyChoice CDHP (HSA Eligible)  |  | Cigna OAP 90% Co-Insurance Plan  |  | Cigna OAP 80% Co-Insurance Plan   |  | Kaiser Permanente HMO  |
|--|---|--|--|--|---|--|--|
|  | In-Network  | Out-of-Network*  | In-Network   | Out-of-Network*  | In-Network  | Out-of-Network*  | In-Network Only - Local  |
| Annual Deductible  | \$1,750 Individual<br>\$3,500 Family  | \$3,500 Individual<br>\$7,000 Family   | \$350 Individual<br>\$700 Family   | \$700 Individual<br>\$1,400 Family   | \$500 Individual<br>\$1,000 Family  | \$1,000 Individual<br>\$2,000 Family   | \$0  |
| Annual Out-of-Pocket Limit   | \$6,000 Individual<br>\$12,000 Family   | \$12,000 Individual<br>\$24,000 Family   | \$2,500 Individual<br>\$5,000 Family   | \$5,000 Individual<br>\$10,000 Family  | \$3,000 Individual<br>\$6,000 Family  | \$6,000 Individual<br>\$12,000 Family  | \$3,500 Individual<br>\$9,400 Family   |
| Preventive Care -<br>Includes, annual physicals,<br>screenings & immunizations<br>and other services based on<br>age and gender  | No Cost<br>Plan Pays 100%<br>Deductible does not apply  | Through age 17: Plan pays<br>70% co-insurance, no plan<br>deductible Ages 18 and above:<br>Plan pays 70% co-insurance<br>after deductible is met | No Cost<br>Plan Pays 100%<br>Deductible does not apply   | Through age 17: Plan pays<br>70% co-insurance, no plan<br>deductible Ages 18 and above:<br>Plan pays 70% co-insurance<br>after deductible is met | No Cost<br>Plan Pays 100%<br>Deductible does not apply  | Through age 17: Plan pays<br>70% co-insurance, no plan<br>deductible Ages 18 and above:<br>Plan pays 60% co-insurance<br>after deductible is met | No Cost<br>Plan Pays 100%  |
| Primary Care Physician or PCP  | Plan pays 90% co-insurance after plan deductible is met   | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 60% co-insurance after plan deductible is met  | \$10 PCP co-pay per visit<br>No Charge for Children under 5  |
| Specialty Care   | Plan pays 90% co-insurance after plan deductible is met   | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 60% co-insurance after plan deductible is met  | \$10 co-pay per visit  |
| Mental Health & Substance<br>Abuse Treatment (In-Patient)  | Plan pays 90% co-insurance<br>after plan deductible is met  | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 90% co-insurance<br>after plan deductible is met   | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 60% co-insurance after plan deductible is met  | Inpatient: covered in full when medically necessary Outpatient: \$10 individual, \$5 group   |
| Chiropractic Care  | Plan pays 90% co-insurance<br>after plan deductible is met  | Plan pays 70% co-insurance<br>after plan deductible is met.<br>Max 12 visits per year.   | Plan pays 90% co-insurance<br>after plan deductible is met   | Plan pays 70% co-insurance<br>after plan deductible is met.<br>Max 12 visits per year.   | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 60% co-insurance<br>after plan deductible is met.<br>Max 12 visits per year.   | \$15 co-pay per visit  |
| Urgent Care Facility   | Plan pays 90% co-insurance after plan deductible is met   | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 80% co-insurance after plan deductible is met  | \$10 co-pay per visit  |
| Emergency Room   | Plan pays 90% co-insurance after plan deductible is met   | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 80% co-insurance after plan deductible is met  | \$150 per visit (co-pay waived if admitted other than observation)   |
| Inpatient Hospital Facility  | Plan pays 90% co-insurance after plan deductible is met   | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 60% co-insurance after plan deductible is met  | No Charge  |
| Outpatient Hospital Facility   | Plan pays 90% co-insurance after plan deductible is met   | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 60% co-insurance after plan deductible is met  | \$10 co-pay per visit  |
| Outpatient Professional<br>Service   | Plan pays 90% co-insurance after plan deductible is met   | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 70% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 60% co-insurance after plan deductible is met  | \$10 co-pay per visit<br>Annual limit 20 visits  |
| Hearing Aids   | Plan pays 90% co-insurance<br>after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 90% co-insurance after plan deductible is met  | Plan pays 80% co-insurance after plan deductible is met   | Plan pays 80% co-insurance after plan deductible is met  | Covered in full to maximum.<br>One hearing aid/ear every 36<br>months-max \$1,000  |
|  | Max benefit is \$3,000<br>every 24 months   | Max benefit is \$3,000<br>every 24 months  | Max benefit is \$3,000<br>every 24 months  | Max benefit is \$3,000<br>every 24 months  | Max benefit is \$3,000<br>every 24 months   | Max benefit is \$3,000<br>every 24 months  |  |
| Annual RX Deductible   | Medical and Prescription Drug deductible combined   |  | \$75 Individual/\$150 Family   |  | \$200 Individual/\$400 Family   |  |  |
| Annual RX Out-of-Pocket Limit  | Medical and Prescription Drug limit combined  |  | \$2,000 Individual/\$4,000 Family  |  | \$2,500 Individual/\$5,000 Family   |  |  |
| For All Cigna Prescription Plans  • Generic Preventive/ Maintenance Medications are \$0 and any deductible is waived.  | Retail (30-day supply) Generic \$10 Formulary/Preferred Brand 20% (max \$55) Non-Formulary/Non-Preferred 35% (max \$110)  | Retail Plan pays 70% after combined deductible is met  | Retail (30-day supply) Generic \$7 Formulary/Preferred Brand 20% (max \$50) Non-Formulary/Non-Preferred 30% (max \$100)                                    | Retail Plan pays 70% after RX deductible is met  | Retail (30-day supply) Generic \$10 Formulary/Preferred Brand 20% (max \$55) Non-Formulary/Non-Preferred 35% (max \$110)  | Retail Plan pays 70% after RX deductible is met  | Kaiser Pharmacy (30-day supply) Generic \$10 Formulary/Preferred Brand \$20 Non-Formulary/Non-Preferred \$35 Community Pharmacy (30-day supply)        |
| <ul> <li>A 90-day supply from a Retail Pharmacy is only available at a Cigna 90 Now participating Pharmacy.</li> <li>Most diabetic medications and supplies are free for participants in all Cigna managed plans when the</li> </ul> | Specialty 35% (max \$110) <b>Home Delivery</b> (90-day supply) <i>Generic Preventive/Maintenance</i> \$0  Generic \$20  Formulary/Preferred Brand 20% (max \$110) | Home Delivery<br>Not Covered   | Specialty Based on Medication Tier Home Delivery (90-day supply) Generic Preventive/Maintenance \$0 Generic \$14 Formulary/Preferred Brand 20% (max \$100) | Home Delivery<br>Not Covered   | Specialty<br>35% (max \$110)<br>Home Delivery (90-day supply)<br>Generic Preventive/Maintenance \$0<br>Generic \$20<br>Formulary/Preferred Brand<br>20% (max \$110) | Home Delivery<br>Not Covered   | Generic \$20 Formulary/Preferred Brand \$40 Non-Formulary/Non-Preferred \$55 Home Delivery (90-day supply) Generic \$20 Formulary/Preferred Brand \$40 |
| prescription is filled via<br>home delivery pharmacy<br>or at a retail pharmacy.   | Non-Formulary<br>35% (max \$220)<br>Specialty   |  | Non-Formulary<br>30% (max \$200)<br>Specialty  |  | Non-Formulary<br>35% (max \$220)<br>Specialty   |  | Non-Formulary/Non-Preferred \$70   |

Important Note: Out-of-Network payments are based on plan allowed amounts for services, not as charged by provider and/or facility. This overview is only a highlight of the benefits and plans. Official plan documents govern rights and coverage benefits. Review plan summaries for details on annual deductibles and service payments.