

2021 Active Pre-Open Enrollment

Plan-Specific Education

Before Open Enrollment kicks-off on October 13th, our Vendor Partners will offer plan-specific workshops open to any employee, retiree, or family member. Attend and discover more about each plan from the experts before participating in a general meeting in October.

Don't miss out on this remarkable opportunity to find the best fit for you!

Cigna managed 90% and 80% Co-Insurance Plans

What is a Co-Insurance and how can it save you money? This session will provide information on the 90% and 80% Co-Insurance Plans along with Cigna's Open Access Network. These plans offer flexible access to thousands of providers, plus programs and services to support your whole health needs. These plans are designed to make it easier for you to get the quality care you need and the savings you want to take control of your health: Body and mind.

The session will cover:

- How the plan works
- Access to care and services using MyCigna.com and Cigna app
- Cost and ways to save
- Additional benefits and services with your Cigna Plan

Date	Time	Access Online	Access by Phone	Code
Thursday, September 17th	11 am	https://zoom.us/j/93025614157	(888) 251-2909	708053
Thursday, September 24th	7 pm	https://zoom.us/j/93420369358	(888) 251-2909	708053
Monday, September 28th	12 pm	https://zoom.us/j/92377428639	(877) 336-1839	379049

Cigna MyChoice, Consumer Driven Health Plan

High Deductible Health Plans, like the Cigna MyChoice Plan are increasing in popularity, but why are so many people rushing to pay what seems like such a high upfront cost? Attend this virtual workshop for an overview of the county-sponsored high deductible health plan, the MyChoice Plan. The MyChoice Plan offers the ability to tailor a plan with integrated medical benefits and banking that works for you. The MyChoice Plan uses the Open Access Network plan, along with an IRS-qualified high-deductible health plan, and the Cigna Choice Fund® Health Savings Account (HSA), all combined to offer you access to great care and tax-advantaged savings. This plan gives the availability to put aside pretax dollars for current or future medical, pharmacy, dental and other qualified health care expenses. The MyChoice HDHP plan is designed to help you take control of your health as well as savings.

The session will cover:

- How the plan works
- Access to care and services using MyCigna.com and Cigna app
- Ways to save with services and your HSA account
- Additional benefits and services with your Cigna Plan

Date	Time	Access Online	Access by Phone	Code
Monday, September 21st	11 am	https://zoom.us/j/97513178015	(877) 336-1839	379049
Tuesday, September 29th	7 pm	https://zoom.us/j/98555605383	(877) 336-1839	379049
Friday, October 2nd	11 am	https://zoom.us/j/93788898636	(877) 336-1839	379049

Health Savings Accounts (HSAs) presented by Cigna

What is a Health Savings Account (HSA)? What are the tax advantages and is it just another type of Flexible Spending Account? Attend this virtual workshop for a robust review of the HSA to help you better understand the health savings account (HSA) and how it works for you and your family. An HSA is a tax-advantaged personal savings account designed to complement a qualified high-deductible health plan (HDHP). You can use an HSA to pay for medical, prescription drug, dental, vision and other qualified expenses now or later in life. The funds can even be invested, making it a great addition to your retirement portfolio.

This session will cover:

- What is an HSA and how does it work?
- Benefits of an HSA account
- Managing an HSA

Date	Time	Access Online	Access by Phone	Code
Wednesday, September 23rd	12 pm	https://zoom.us/j/92769230362	(877) 336-1839	379049
Wednesday, October 7th	2 pm	https://zoom.us/j/93326988428	(888) 251-2909	708053

Kaiser Permanente HMO

Understanding your health benefits should be simple — and with the right tools, it is. As we all adjust to new habits like physical distancing to help stop the spread of COVID-19, Kaiser Permanente is here to support you through Open Enrollment with virtual services. Fairfax County Government employees can conveniently get Open Enrollment information from Kaiser Permanente. Whether you're a member or are thinking about joining, we'll help you get the information you need to make an informed decision about your health coverage. We invite you to connect with us and take advantage of our virtual Open Enrollment education from your home or workplace.

Date	Time	Access Online	Access by Phone	Code
Tuesday, September 22nd	2 pm	https://zoom.us/j/92407970494	(866) 434-5269	801348
Wednesday, September 30th	7 pm	https://zoom.us/j/98528061912	(866) 434-5269	801348

Tax-Advantaged Flexible Spending Accounts and Meet New Vendor Partner, TASC

Total Administrative Services Corporation (TASC) is excited to introduce our Universal Benefit Account which is a way to manage your Healthcare and Dependent Care Flexible Spending Accounts. Effective January 1, 2021. TASC will be the new vendor partner for Fairfax County Government's Flexible Spending Account Program. Experts from TASC will explain how their integrated website, mobile app, and benefit card offer a smart, easy, and connected way to manage your benefits. And NEW for 2021, a Limited Purpose Flexible Spending Account option has been added to our FSA line-up.

Date	Time	Access Online	Access by Phone	Code
Wednesday, September 30th	2 pm	https://zoom.us/j/98251857707	(888) 251-2909	708053
Monday, October 5th	12 pm	https://zoom.us/j/91258736918	(888) 251-2909	708053

Sessions are open to all Fairfax County employees, retirees, and their families. Participants are encouraged to attend as many sessions as they would like along with Active Open Enrollment Meetings offered in October.

Sign-Up is available on EmployeeU. Note, these workshops are optional and participants will not receive credit through the EmployeeU system.

Additional resources can be found on the Benefits Page on FairfaxNet.



To request this information in an alternate format or for reasonable ADA accommodations, please call HR Central at 703-324-3311 (TTY 711)