

# Fairfax County Government

## Retiree Open Enrollment

### Contact Us

- By Phone at (703) 324-3311 from 9 am to 3 pm daily.
- By Email at [HRCentral@fairfaxcounty.gov](mailto:HRCentral@fairfaxcounty.gov)
- Individual Consultations: The health and safety of employees, retirees, and residents is a priority for our team. Appointments for all types of consultations are recommended.
- Vendor Partner Help Desks:
  - Cigna - Keisha Lewis, [Keisha.Lewis@cigna.com](mailto:Keisha.Lewis@cigna.com)
  - Standard - Lonna Owens, [Lonna.Owens@standard.com](mailto:Lonna.Owens@standard.com)
  - T. Rowe Price - Marie Canterbury or Kelli Parris, [Fairfax457@troweprice.com](mailto:Fairfax457@troweprice.com)
- For more on the Medicare Advantage Plans offered to Fairfax County Government retirees, contact our vendor partners from 8 am to 8 pm, Monday through Friday. For the most accurate plan information, and to confirm eligibility for the Fairfax County Government plan, you may be asked to provide additional information.

Cigna True Choice Core Medicare Advantage Plan (PPO)	(888) 281-7867
Cigna RX Medicare Part D Plan (PDP)	(800) 558-9562
United Healthcare Group Medicare Advantage Plan (PPO)	(866) 859-5402
Kaiser Permanente Medicare Advantage Plan	(888) 777-5536

# Cigna RX Part D Plan Update

After materials were printed and mailed, and after Cigna's first Cigna RX Part D Plan presentation, Cigna clarified details on Home Delivery with a 90-day supply. An updated slide is provided below along with a detailed description that can be found in your mailed plan summaries.

## Planning for prescription costs

	Fairfax County Government	
	Retail (30-day supply)	Home delivery (90-day supply)
<b>Deductible</b>	\$75	\$75
<b>Generic drug</b>	You pay \$7	You pay \$14
<b>Preferred brand drug</b>	You pay 20% (\$50 max)	You pay 20% (\$100 max)
<b>Non-preferred brand drug</b>	You pay 30% (\$100 max)	You pay 30% (\$200 max)
<b>Specialty drugs</b>	You pay 30% (\$100 max) per prescription	Not available – Specialty drugs only available up to 30-day supply
<b>What you pay In the coverage gap</b>	Once you reach <b>\$4,130</b> in total drug costs you move into the Coverage Gap stage. You will pay the same copays as your Initial Coverage or same as standard Part D.	
<b>Catastrophic coverage</b>	Once you reach the <b>\$6,550</b> true out-of-pocket limit, you will pay the lesser of Standard Part D (greater of 5% coinsurance or <b>\$3.70</b> for generic drugs or <b>\$9.20</b> for brand drugs for the remainder of the year).	
<b>Member Out of Pocket Maximum</b>	\$2000 - After you pay \$2000 for covered prescriptions, you will pay \$0 for covered prescriptions	

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums, and copays/coinsurance may change on January 1 of each year. You must continue to pay your Medicare Part B premium.

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<b>Mail Order (1-30 Day Supply) Tier 1 Preferred Generic Drugs</b>	\$7
Tier 2 Preferred Brand Drugs	20% (\$50 max)
Tier 3 Non Preferred Brand and Generic Drugs	30% (\$100 max)
Tier 4 Brand Name and Generic High Cost Specialty Drugs	30% (\$100 max)
<b>Mail Order (31-60 Day Supply) Tier 1 Preferred Generic Drugs</b>	\$14
Tier 2 Preferred Brand Drugs	20% (\$100 max)
Tier 3 Non Preferred Brand and Generic Drugs	30% (\$200 max)
Tier 4 Brand Name and Generic High Cost Specialty Drugs	Not Available - Specialty drugs only available up to 30-day
<b>Mail Order (61-90 Day Supply) Tier 1 Preferred Generic Drugs</b>	\$14
Tier 2 Preferred Brand Drugs	20% (\$100 max)
Tier 3 Non Preferred Brand and Generic Drugs	30% (\$200 max)
Tier 4 Brand Name and Generic High Cost Specialty Drugs	Not Available - Specialty drugs only available up to 30-day

## Kaiser Medicare Advantage Plan Update

After materials were printed and mailed, there was an update on the coverage costs for participants in the Kaiser Permanente Medicare Advantage Plan. Please see the following pages for updates.

## 2021 Medicare Plan Benefits—Plan C++ with D

BENEFIT	Plan C++ with D
<u>Annual Deductible</u>	No Annual Deductible
Annual Out-of-Pocket Maximum	\$3,400
<b>Primary Care Physician Visits (Family Care, Internal Medicine)</b>	\$10 copayment
Specialist	\$10 copayment
Routine Physical Exams	\$0 copayment
Diagnostic Imaging	\$0 for lab and x-ray
Therapeutic Radiology	\$10 copayment
Medicare Covered Preventive Care	\$0 copayment
<b><u>Prescription Drugs</u></b>	
Mail Order from Kaiser Permanente	\$5 Generic or Brand Up to 90 days maintenance
Kaiser Permanente Medical Center Rx	\$10 Generic or Brand Up to 60 days supply
Affiliated Network Pharmacy Giant, Rite Aid, Safeway, Target, Walmart	\$15 Generic or Brand Up to 60 days supply
<b>Inpatient Hospitalization</b>	\$0 per benefit period
Outpatient Surgery @ Surgery Center	\$0 copayment
Emergency Visits	\$50 copayment
Ambulance	\$0 copayment
Inpatient mental health	\$0 per benefit period
Outpatient mental health	\$10 copayment per visit
Inpatient chemical dependency	\$0 per benefit period
Outpatient chemical dependency	\$10 copayment per visit
<b><u>Other Health and Wellness Services</u></b>	
Medicare Covered Chiropractic	\$10 copayment per visit
Physical and Speech Therapy	\$10 copayment per visit
Home Health, Hospice	\$0 copayment
Durable Medical Equipment	\$0 copayment
Dental discount plan (25% discount when seen by participating dentists)	\$30 examination, cleaning 2x per year
Vision hardware discounts	25% off frames and lenses at Kaiser Permanente vision centers
Fitness	No cost gym membership at participating Silver & Fit facilities, online fitness classes, and home fitness kits

# Hearing aids

Your employer has contracted with Kaiser Permanente to provide this added benefit.

You are covered for medically necessary hearing aids, hearing aid evaluations, and diagnostic procedures to determine the hearing aid model, which will best compensate for loss of hearing with plan providers. The following hearing aid models are covered:

- In the ear
- Behind the ear
- On the body
- On the eyeglass temple

**Hearing aids—you pay nothing for one hearing aid for each ear every 36 months, limited to a \$1,000 benefit maximum.**

Exclusions: Replacement of parts for repair, lost or broken hearing aids, batteries, accessory parts, and routine maintenance.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.



# Activate your no-cost Silver&Fit® fitness membership today!

The Silver&Fit Healthy Aging and Exercise program includes a robust fitness center network and additional options you may like, based on your unique needs. Find the best fit for you!



## National Network of 14,000+ Fitness Centers

- You are eligible for a fitness center membership at one of 14,000+ participating fitness centers
- At no cost to you
- Many fitness centers also offer group classes tailored to older adults\*



## Home Fitness Kits

- If you prefer to work out at home, choose up to 2 kits per benefit year at no cost to you
- 35 unique options available, including a Fitbit® Connected! kit



## Silver&Fit's ASHConnect™ Mobile App

- Activity tracking on over 250 wearable fitness devices, including Apple Watch®, apps, and exercise equipment\*\*
- Virtual streaming group exercise videos so you can work out on your schedule
- Fitness center search to find a location with your favorite features



## Enhanced Fitness Center Search

Through [silverandfit.com](https://silverandfit.com), easily locate fitness centers near you. Use the enhanced search to find details like:

- Location information (address, phone number, hours, etc.)
- Types of amenities/services (like swimming pools where available)
- Photos of the location
- And more



## Additional Resources

- 48 Healthy Aging classes
- *The Silver Slate*® quarterly newsletter



I joined Silver&Fit to get more active and now I'm healthier and part of an

# AMAZING COMMUNITY

– Silver&Fit member

## Getting started is as easy as 1-2-3!

- 1 Go to [silverandfit.com](https://silverandfit.com) to register.
- 2 Find a participating fitness center or sign up for the Home Fitness program.
- 3 Simply bring this flier to the participating fitness center to enroll.

If you prefer to speak with a Silver&Fit Customer Service agent, you can also call toll-free **1-877-750-2746** (TTY/TDD 711), Monday through Friday, 5 a.m. to 6 p.m. Pacific time.

*Talk to your doctor before you start or change your exercise routine.*


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\* Services that call for an added fee are not part of the Silver&Fit program.

\*\* Purchase of a wearable fitness device or application may be required and is not reimbursed by the Silver&Fit program.

In the District of Columbia, Kaiser Permanente is an HMO plan with a Medicare contract. In Maryland and Virginia, Kaiser Permanente is an HMO plan and a Cost plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must be a Kaiser Permanente Medicare health plan member to remain eligible for the Silver&Fit benefit. In Maryland and Virginia, Silver&Fit is not available with Kaiser Permanente Medicare Advantage Value (HMO) plans.

Your use of ASHConnect serves as your consent for American Specialty Health Fitness, Inc. (ASH Fitness) to receive information about your tracked activity. The Silver&Fit program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). All programs and services are not available in all areas. The people in this piece are not Silver&Fit members. Something for Everyone, Silver&Fit, ASHConnect, the Silver&Fit logo, and *The Silver Slate* are trademarks of ASH. Other names or logos may be trademarks of their respective owners. Home kits are subject to change.

 Please recycle.

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