Tour de Mount Vernon Long Route

Mile	Turn	Directions
0.0		Workhouse Arts Center
0.1	R	Cross County Trail/Workhouse Rd
0.6	R	Lorton Rd
2.4	R	Lorton Market St
3.1		Lorton Market St becomes Gunston Cove Rd
3.4		Cross Rt.1; Gunston Cove Rd becomes Gunston Rd
5.2		Meadowood Recreational Area (porta potty available)
7.2		Gunston Rd Trail begins on right
7.9	R	Entrance to Mason Neck State Park, High Point Rd
		Mason Neck loop (about 6 miles round trip)
13.8	R	Gunston Rd
15.5	R	Chapman Rd
15.9	L	Chauncey Ln
16.0	L	River Dr
16.8	L	Mallard Dr
16.9	R	Oak Grove St
17.2	L	River Dr
17.4		River Dr becomes Hallowing Dr
18.0	R	slight right Gunston Rd
19.9	R	sharp right into Gunston Hall driveway
20.4		Gunston Hall – REST STOP
20.8	R	Gunston Rd
21.1	R	Gunston Rd Trail
23.5	R	Gunston Rd
24.2	R	Old Colchester Rd
26.0		Cross Rt 1 to get to sidepath
26.1	R	Rt. 1 sidepath
28.1	L	Fairfax County Parkway Trail
28.8	R	Liberty Dr – Welcome to the National Museum of the US Army!
29.7	R	Fairfax County Parkway Trail
30.3	L	Telegraph Rd
31.3	R	Lockport Pl
31.7	L	Trail through woods
31.8	R	Lagrange St
32.3	R	Pohick Rd
32.7	R	Alban Rd
33.2	L	Terra Woods Dr
33.3	L	Terra Grande Ave
33.8	R	Rolling Rd
33.8		U-turn on Rolling Rd
33.8	R	Saratoga trail
34.2	L	Northumberland Rd
34.5	R	CCT connector SLOW
34.9	L	CCT
35.2	L	Ramp to Pohick Rd
35.2	R	Pohick Rd
35.4		Cross Pohick Rd to Creekside View Ln sidewalk
35.4		Sidewalk leads to CCT Trailhead

35.5	R	CCT Trailhead
35.9		Dismount & use stepping stones to cross Rocky Branch
36.3		Cross Bluebonnet Dr and stay on CCT
36.4	R	Take right and continue on CCT
36.4		Cross Laurel Crest Dr and stay on CCT
36.7		Cross Paper Birch Dr and stay on CCT
36.8		Cross Silverbrook Rd and stay on CCT
36.9		Cross Mountain Larkspur Dr and stay on CCT
37.0	L	Stay left and continue on CCT
38.1		Continue through tunnel on CCT
38.3	R	Continue on CCT on Workhouse Rd
38.3	L	Continue on CCT on Workhouse Rd
38.6	L	Left into Workhouse parking lot
38.9	L	Workhouse Way – Finish line!