

Tour de Mount Vernon Long Route

Mile	Turn	Directions
0.0		Workhouse Arts Center
0.1	R	Cross County Trail/Workhouse Rd
0.6	R	Lorton Rd
2.4	R	Lorton Market St
3.1		Lorton Market St becomes Gunston Cove Rd
3.4		Cross Rt.1; Gunston Cove Rd becomes Gunston Rd
4.2		Meadowood Recreational Area (porta potty available)
4.8		optional: cross Gunston Rd to get on trail
7.3		Gunston Rd Trail begins on right
7.9		Entrance to Mason Neck State Park, continue on Gunston Rd Optional: Mason Neck loop (about 6 miles round trip)
9.7	R	Chapman Rd
10.1	L	Chauncey Ln
10.2	L	River Dr
10.9	L	Mallard Dr
11.0	R	Oak Grove St
11.3	L	River Dr
11.5		River Dr becomes Hallowing Dr
12.1	R	slight right Gunston Rd
14.4	R	sharp right into Gunston Hall driveway
15.0		Gunston Hall rest stop – visit mansion, visitor center & shop
15.7	R	Gunston Rd Trail
18.0		Trail ends
18.6	R	Old Colchester Rd
20.5	R	Rt 1 bike lane or sidepath (Historic Pohick Church is on left)
22.3	R	Pohick Rd – Welcome to Fort Belvoir!
23.6	R	Theote Rd
24.3	R	Warren Rd
24.9	L	Johnston Rd
25.4	L	Morrow Rd (ridewithgps incorrectly says right)
25.9	R	Warren Rd
26.3	L	Gunston Rd
29.0	L	John J. Kingman Rd
29.8	R	Fairfax County Parkway Trail
30.0	R	Liberty Dr – Welcome to the National Museum of the US Army!
31.0	R	Fairfax County Parkway Trail
31.6	L	Telegraph Rd
32.6	R	Lockport Pl
32.9	L	Walk bike on trail through woods
33.1	R	Lagrange St
33.6	R	Pohick Rd
34.0	L	Pohick Rd
34.4	L	Cross Pohick Rd to Creekside View Ln sidewalk
34.5		Sidewalk leads to CCT trail head
35.0		Dismount & use stepping stones to cross Rocky Branch creek
35.4	R	Stay to left
35.5		Cross Bluebonnet Dr and stay on CCT
35.5	R	Take right and continue on CCT

Tour de Mount Vernon Long Route

- 35.6 Cross Laurel Crest Dr and stay on CCT
- 35.8 Cross Paper Birch Dr and stay on CCT
- 36.0 Cross Silverbrook Rd and stay on CCT
- 36.0 Cross Mountain Larkspur Dr and stay on CCT
- 36.7 Stay left and continue on CCT
- 37.2 Continue through tunnel on CCT
- 37.4 R Take right and continue on CCT on Workhouse Rd
- 37.7 L Left into Workhouse parking lot
- 38.0 L Workhouse Way – Finish line!