



# Make a Kit - How to Assemble an Emergency Kit

- Make several kits – shelter-in-place/go-bag/vehicle/work.
- Have at least three days of supplies in case of an emergency.
- Have copies of your family's vital records: identification, proof of residency, insurance, medical and financial information.
- Keep electronic devices charged and have backup chargers available for electronic devices.
- Refresh your kit every six months.

## Items for Your Basic Emergency Kit

- Water/Canned food/Can opener/Snacks
- Personal hygiene products
- Trash Bags/Gloves/Tools
- Battery powered weather radio/Batteries
- Blankets
- First aid kit/Protective mask
- Medication/Glasses/Contacts
- Backpack
- Important documents for your family
- Family contact list
- Solar device charger
- Flashlight
- Map of surrounding area
- Paper/Pen
- Tissues/antibacterial wipes/hand sanitizer

## Infant/Toddler

- Formula/Bottles/Pacifiers
- Food/Snacks/Baby food
- Utensils/Bowls/Sippy cup
- Diapers/Wipes/Diaper cream
- Medication
- Clothes/Socks/Blankets
- Activities/Toys
- Baby carrier/Stroller

## Pre-K/School Aged

- Milk/Juice/Food/Snacks/Baby food
- Utensils/Bowls/Sippy cup
- Medication
- Clothes/Socks/Blankets
- Toys/Stuffed animals/Books/Games

## Individuals with Special Needs

- Assistive technology/Instructions
- Backup medical equipment
- Health info/Medication
- Caregiver information

## Pets and Service Animals

- Tags/Leash/Carrier
- Medication/Vet records/Vet contact info
- Pictures of pet
- Water/Food/Snacks
- Toys/Blankets

## Vehicle Kit

- Basic kit items plus the following:
- Jumper cables/Tools/Flashlight
- Flares/Ice scraper
- Car charger
- Maps/First aid kit
- Poncho/Blanket/Handwarmers



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## Make a Plan

### Create and Review the Plan

A family plan helps assure that everyone knows who to contact and where to meet during an emergency. Write down your family's emergency plan, make sure everyone is familiar with it and put a copy in your emergency bag.

### A plan should include:

- Contact and meeting location information for local and out of town contacts.
- Workplace/school contact numbers and emergency plans. Know how to shut off utilities/have contact information.
- Keep an inventory of what is in your house with your insurance policy and contact number.
- Include copies of your family's vital records, identification, proof of residence and financial information.

### Should I stay or should I go?

Depending on the hazard, it may be safer to stay where you are or you may need to leave. Listen to local authorities and the radio for updates. You should predesignate an interior room where your family can stay and seal the room if necessary. If you need to evacuate, predetermine meeting locations and routes to reunite with your family.



## Stay Informed

### Fairfax Alerts

Sign up for Fairfax Alerts to receive FREE emergency alerts via email, cell phone or text. Sign up today to customize your alerts:

[www.fairfaxcounty.gov/alerts](http://www.fairfaxcounty.gov/alerts)

- Get alerts on up to 10 devices (phone, emails).
- Receive alerts for five geographic locations.
- Weather, traffic and emergency alerts.
- Mobile app available.
- Functional Needs Registry.
- Stay up to date on emergency preparedness on  
**Facebook and Twitter: @ReadyFairfax**

### How to get information during an emergency

- Fairfax County Emergency Management Website:  
[www.fairfaxcounty.gov/emergencymanagement](http://www.fairfaxcounty.gov/emergencymanagement)
- Fairfax County Emergency Blog:  
[www.fairfaxcounty.gov/emergency/blog](http://www.fairfaxcounty.gov/emergency/blog)
- Facebook and Twitter: @FairfaxCounty
- Fairfax County Radio:  
[www.fairfaxcounty.gov/publicaffairs/radio](http://www.fairfaxcounty.gov/publicaffairs/radio)  
or by calling 571-350-2160
- Get a battery powered radio.

### Communication tips during a disaster

- Use text, email and social media.
- Keep calls brief and to the point.
- Conserve battery for devices.
- Listen to local news for up-to-date information.