

Neighborhood College 2021

Fairfax County Office of Emergency
Management (OEM)



Office of Emergency Management

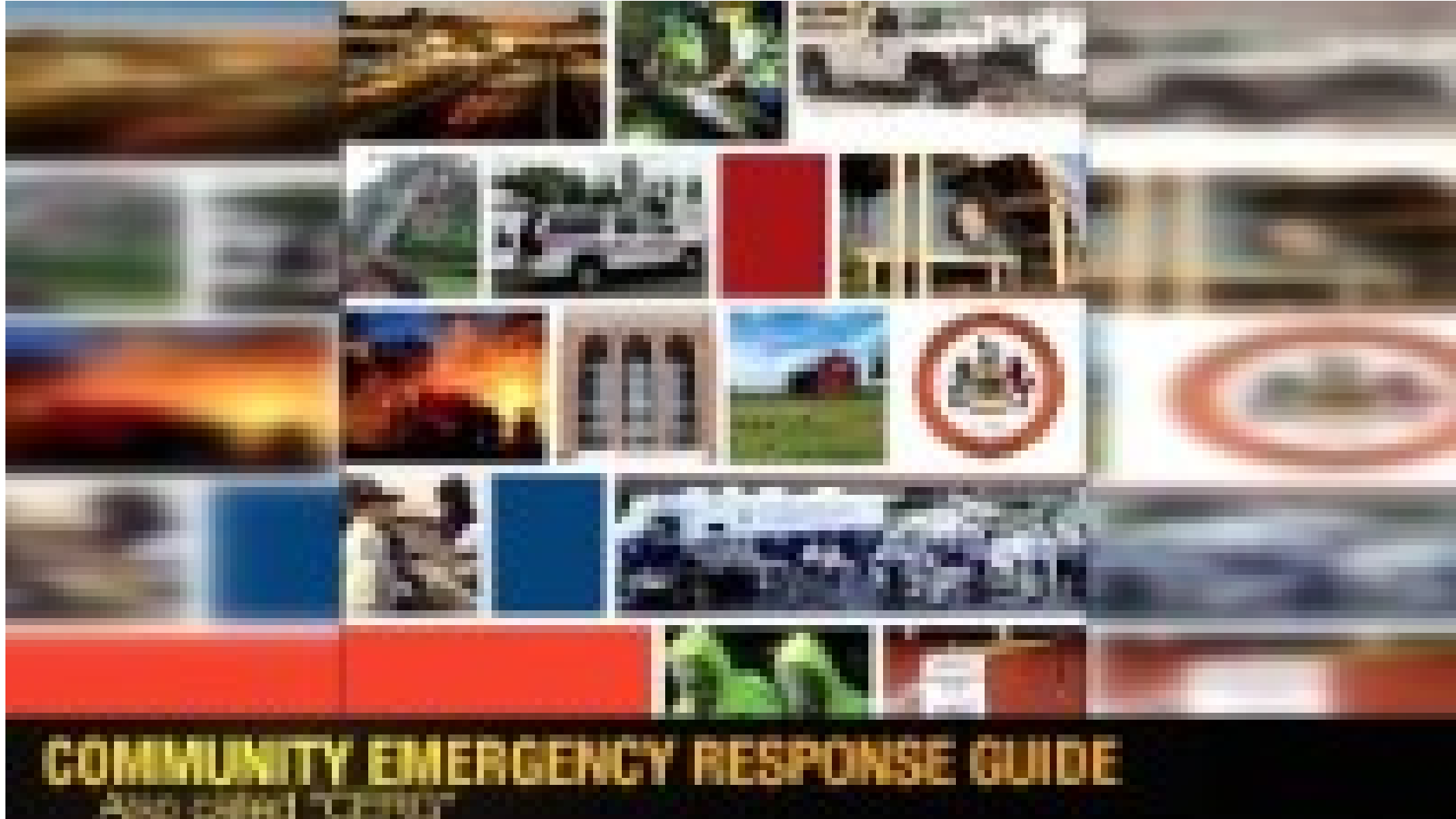
Mission Statement: To protect lives, environment and property of Fairfax County residents from emergencies and disasters by leading and coordinating the county's emergency preparedness, mitigation, response, and recovery efforts.



Mission Essential Function: Emergency Operations Center (EOC)



Community Emergency Response Guide





PREPAREDNESS (BEFORE)

Preparedness is what we can all do now to ensure we are ready to handle an emergency.

- Step 1: Make an Emergency Plan
- Step 2: Practice Your Plan
- Step 3: Assemble Your Emergency Kits
- Step 4: Stay Informed





RESPONSE (DURING)

Response is the actions taken to save lives and protect property from damage during an emergency – it is putting preparedness plans into action.

- Shelter-in-Place
- Lockdown
- Evacuation
- Preparing for an Emergency Shelter
- Helping Your Community





RECOVERY (AFTER)

Recovery is getting back to normal –
or a better, safer, more resilient
condition – after a disaster.

- Disaster Cleanup
- Report Damage
- Insurance Claims
- Disaster Relief and Financial Assistance
- Apply to FEMA





- Insurance (inventory personal items)
- Flooding (seal basement walls)
- Fire (test smoke alarms)
- Utilities (back up power)



Did you know?

A study by the National Institute of Building Sciences shows that investments in hazard mitigation (by exceeding local building code requirements) save \$4 for every \$1 spent.



HAZARD ANNEXES

WHAT TO DO?

HOW-TO'S FOR EACH OF FAIRFAX COUNTY'S MOST PREVALENT HAZARDS

Natural hazards:

- Thunderstorm
- Hurricane or Tropical Storm
- Flooding
- Winter Storm or Extreme Cold
- Extreme Heat
- Tornado
- Earthquake
- Pandemic Influenza

Human-caused hazards:

- Cyber Attack
- Civil Disorder
- Acts of Violence/Terrorism
- Hazardous Materials
- Chemical, Biological, Radiological, or Nuclear
- Dam Failure

“Everyday” emergencies:

- Structural Fire
- Power Outage/Blackout
- Medical Emergency



HAZARD ANNEX

PANDEMIC INFLUENZA AND INFECTIOUS DISEASE

WHAT IT IS

A pandemic is a global communicable disease outbreak (whereas an “epidemic” is regional in nature or otherwise confined to particular populations). An influenza pandemic occurs when a strain of influenza virus emerges:

- Which causes serious illness.
- For which there is limited immunity in the human population.
- Which is able to easily and quickly spread person-to-person – especially through saliva, coughing, or sneezing.

Infectious diseases are one of the leading cause of death worldwide. Because of air travel and international trade, infectious disease agents are carried across borders every day by humans, animals, insects, and food products.

WHAT TO DO

Before (Preparedness/ Mitigation)

- ❑ Sign up for Fairfax Alerts and have a battery or crank powered radio available.
- ❑ Get a yearly flu vaccine for everyone six months and older, unless a doctor advises against it.
- ❑ Wash or sanitize your hands often.
- ❑ Take common-sense steps to stop the spread of germs including covering coughs and sneezes and staying away from others as much as possible when you are sick.
- ❑ Wash and sanitize household items often.
- ❑ Practice good health habits, including eating a balanced diet, exercising daily, and getting sufficient rest.
- ❑ Periodically check your regular prescription drugs to ensure a continuous supply in your home.
- ❑ Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
- ❑ Get copies and maintain electronic versions of health records from doctors, hospitals, pharmacies and other sources and store them, for personal reference.
- ❑ Refer to “Medical Emergency,” below.

KEY TERMS

- **Influenza (flu)** is a respiratory illness caused by the influenza virus that affects millions of people each year. Different strains have widely variant characteristics in terms of virulence, communicability, and population impacts. Flu virus also has the capacity to rapidly mutate and cross to and from multiple species.
- **Nonpharmaceutical Interventions (NPIs)** are actions, apart from getting vaccinated and taking medicine, which people and communities can take to help slow the spread of respiratory illnesses, like pandemic flu. Many NPIs are provided below, in the list of “What to do: Before.”

During (Response)

- ❑ Listen to official information.
- ❑ If you are sick, keep your distance from others to protect them from getting sick too.
- ❑ Avoid close contact with people who are sick.
- ❑ Cover your mouth and nose with a tissue when coughing or sneezing.
- ❑ Wash or sanitize hands often.
- ❑ Avoid touching your eyes, nose or mouth.
- ❑ If you have a fever, make sure you are fever-free for 24 hours before you return to work and school.

After (Recovery)

- ❑ Clean surfaces such as counters, doorknobs, fixtures, phones, remotes, and linens.
- ❑ Common household cleaning products can kill the flu virus, including products containing:
 - Chlorine
 - Hydrogen peroxide
 - Detergents (soap)
 - Iodine-based antiseptics
 - Alcohols



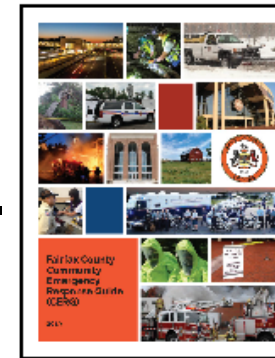
Where to Find the Guide

- The guide is available online (<http://bit.ly/FFXCERG>)
- Residents can be stop by any Fairfax County Library to find a copy of the guide in the reference section
- Available in English, Spanish, Korean, Vietnamese, Arabic, and Mandarin



How Can You Help?

- Help us promote the guide!
 - Download it online
 - Request a presentation/workshop
 - Neighbor to neighbor coordination
- Share social media posts and tweets.
 - @ReadyFairfax
 - #ReadyFairfax
 - #FairfaxCERG
- Share the message!
 - Community meetings
 - Networks



COMMUNITY EMERGENCY RESPONSE GUIDE

Click on the appropriate link below to download a PDF copy of Community Emergency Response Guide.

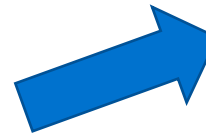
[English \(PDF\)](#) | [Spanish \(PDF\)](#) | [Korean \(PDF\)](#) | [Arabic \(PDF\)](#) | [Mandarin \(PDF\)](#) | [Vietnamese \(PDF\)](#)

Help us improve and let us know how the Community Emergency Response Guide is helping you!

[Take the Short Survey →](#)

Request a workshop or presentation on the Community Emergency Response Guide!

[CERG presentation/workshop request form →](#)



Contact

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