#### **Healthy Relationships Plus**

#### **Fidelity Instrument**

The following instrument is designed to provide information about how you are implementing Healthy Relationships Plus. This information will be used as part of the Healthy Relationships Plus evaluation for both program improvement (e.g., to modify sessions that are not well received or add to sessions that may be lacking in content) and to provide a context for interpreting the pre-posttest survey results.

Please complete this form after every program session. It is important that you complete the instrument as soon after each session as possible. Completing the instrument immediately after each session will help ensure that information about the session is still fresh in your mind.

Thank you very much for taking the time to provide this important information.

Program code:
Instructor's name:  Community organization: Session date: Number of participants:
1. How long did the session last?
2. Please check all of the topics addressed/activities completed during this session.
<ul> <li>□ Developing Guidelines for the Group</li> <li>□ Youth Voice – Discovering Concerns of Youth: Fishbone Activity and Numbered Heads</li> <li>□ Other (list):</li> </ul>
3. Please indicate to what extent you addressed the session components.
☐ Not at all ☐ Somewhat ☐ Mostly ☐ Completely
4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.
5. Are there topics that you covered during this session that are not part of the curriculum?
$\square$ No $\square$ Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)
6. Is there anything else you would like to tell us about the challenges and successes you experienced while mplementing the session?
7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Instructor's name: Community organization: Session date: Number of participants:			
How long did the session	last?		
2. Please check all of the top	pics addressed/activition	es completed during th	nis session.
☐ Large Group Post it, Pi☐ What it Means☐ Other (list):	le It – Friendships & R	Relationships	
3. Please indicate to what ext	ent you addressed the	e session components	·.
□ Not at all	☐ Somewhat	☐ Mostly	☐ Completely
-		·	nts of the session that were NOT nostly"), please help us understand why.
, ,	-	identify each topic an	of the curriculum?  Indeed the activities (e.g., discussion, role
plays, livited speaker	s) used to address ea	cii one.)	
6. Is there anything else you implementing the session?	would like to tell us ab	out the challenges and	d successes you experienced while
7. Did any of the participants of session? If yes, please explain		help, get additional inf	formation, or ask questions after the

Instructor's name: Community organize Session date:	ation:		
Number of participa	nts:		
How long did the	session last?		
2. Please check all	of the topics addressed/activitie	es completed during th	nis session.
•	Our Relationships eviewing Graffiti Topics it the Media		
3. Please indicate to	what extent you addressed the	e session components	
☐ Not at all	☐ Somewhat	☐ Mostly	☐ Completely
•	•	•	nts of the session that were NOT nostly"), please help us understand why.
□ No □ `	hat you covered during this ses Yes (If you check "Yes," please speakers) used to address ea	identify each topic an	of the curriculum? d the activities (e.g., discussion, role
6. Is there anything of implementing the ses	-	out the challenges and	d successes you experienced while
7. Did any of the part	icipants come forward to seek	help, get additional inf	ormation, or ask questions after the
session? If yes, pleas	se explain.		

C	omm	ctor's name: unity organiza on date:	tion:			
		er of participar	ets:			
1.	Hov	v long did the	session last?			
2.	Plea	ase check all c	of the topics addressed/a	ctivities completed d	uring this session.	
			Examples in Media – Influence on ionships – Fold the Line	Youth		
3.	Plea	se indicate to	what extent you address	ed the session comp	onents.	
		☐ Not at all	☐ Somewhat	☐ Mostly	☐ Complete	ely
4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand wh						
5.	Are	there topics th	nat you covered during the	nis session that are n	ot part of the curriculum?	
		□ No □ Y		lease identify each t	opic and the activities (e.g.	., discussion, role
		ere anything e enting the sess	-	us about the challen	ges and successes you ex	perienced while
		ny of the partion? If yes, pleas	•	seek help, get addition	onal information, or ask qu	estions after the

Comn	ctor's name: nunity organization on date:	on:		
Numb	er of participants	5:		
1. Ho	w long did the se	ession last?		
2. Ple	ease check all of	the topics addressed/activitie	es completed during th	is session.
	Take a Chance When Does Sub Impact of Drug L Other (list):	stance Use Become a Proble Jse/Abuse	em?	_
3. Plea	ase indicate to w	hat extent you addressed the	e session components	
	☐ Not at all	☐ Somewhat	☐ Mostly	☐ Completely
			·	nts of the session that were NOT ostly"), please help us understand why.
5. Are	□ No □ Ye	at you covered during this ses s (If you check "Yes," please peakers) used to address eac	identify each topic an	of the curriculum? d the activities (e.g., discussion, role
	ere anything els		out the challenges and	d successes you experienced while
	any of the participn? If yes, please		nelp, get additional info	ormation, or ask questions after the

C S	estructor's name: ommunity organization: ession date: umber of participants:						
1.	How long did the sessi	on last?					
2.	Please check all of the topics addressed/activities completed during this session.						
	☐ Move to the Music - ☐ Active Listening ☐ Other (list):	- Healthy vs. Unhealthy R	elationships				
3.	Please indicate to what	extent you addressed the	session components				
	☐ Not at all	☐ Somewhat	☐ Mostly	□ Completely			
4.			•	nts of the session that were NOT nostly"), please help us understand why.			
5.	Are there topics that yo	ou covered during this ses	ssion that are not part	of the curriculum?			
	•	f you check "Yes," please kers) used to address ead	•	d the activities (e.g., discussion, role			
	6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?						
	Did any of the participan		nelp, get additional inf	ormation, or ask questions after the			

C S	omm essio	tor's name: unity organization: n date: er of participants:				
1.	How long did the session last?					
2.	Plea	ase check all of the t	opics addressed/activitie	es completed during t	his session.	
o	<ul> <li>□ Guest Speaker OR Dating Violence Video</li> <li>□ Discussion of Early Warning Signs of Dating Violence</li> <li>□ Dating Violence Myths and Facts</li> <li>□ Relationship Continuum</li> <li>□ Other (list):</li> </ul>					
٥.	riea	Se indicate to what e	extent you addressed the	□ Mostly	□ Completely	
4.		•		•	ents of the session that were NOT mostly"), please help us understand why.	
5.			u covered during this ses	•		
		,	you check "Yes," please ers) used to address ead	•	nd the activities (e.g., discussion, role	
		ere anything else yo enting the session?	u would like to tell us abo	out the challenges an	nd successes you experienced while	
		ny of the participants? If yes, please expl		nelp, get additional in	formation, or ask questions after the	

S	nstructor's na community or ession date: lumber of par	ganization:					
1.	How long d	id the session	n last?				
2.	Please check all of the topics addressed/activities completed during this session.						
	<ul> <li>□ Thinking About Boundaries</li> <li>□ Recognizing Communication Styles</li> <li>□ Practicing Assertive Communication Written Response</li> <li>□ Practicing Assertive Communication Verbal Response</li> <li>□ Other (list):</li> </ul>						
3.	Please indic	ate to what e	xtent you addressed the	e session components	s.		
	□ Not	at all	☐ Somewhat	□ Mostly	□ Completely		
4.	-			· ·	ents of the session that were NOT mostly"), please help us understand why.		
5.			covered during this ses				
	□ No plays, i	, -	rou check res, please ers) used to address ead	•	nd the activities (e.g., discussion, role		
	Is there anyth		ı would like to tell us abo	out the challenges an	nd successes you experienced while		
	•	e participants		nelp, get additional in	formation, or ask questions after the		

C S	nstructor's name: Community organization: Session date: Jumber of participants:					
1.	How long did the session last?					
2.	Please check all of the topics addressed/activities completed during this session.					
	<ul> <li>□ Keeping it All Together</li> <li>□ Post It, Pile It – Coping with Stress and Anger</li> <li>□ Communicating an Apology</li> <li>□ Practicing an Apology – Written Response</li> <li>□ Practicing an Apology – Verbal Response</li> <li>□ Other (list):</li> </ul>					
3.	Please indicate to what extent yo	ou addressed the	e session components	S.		
	☐ Not at all ☐	Somewhat	☐ Mostly	☐ Completely		
4.			· ·	nts of the session that were NOT nostly"), please help us understand wh		
5.	Are there topics that you covere			of the curriculum?		
	plays, invited speakers) use	•	•			
	Is there anything else you would plementing the session?	like to tell us ab	out the challenges an	d successes you experienced while		
	Did any of the participants come ssion? If yes, please explain.	forward to seek	help, get additional inf	formation, or ask questions after the		

Co Se	mm essio	tor's name: unity organizat n date: er of participant				
1.	пои	v long did the s	ession last?			
2.	Plea	ase check all of	the topics address	sed/activities	completed during	this session.
		Practicing Delay	and Negotiation Sl /, Refusal, and Neç /, Refusal, and Neç	gotiation Skill	s Snowball Activity	y – Written Response
3. F	Pleas	se indicate to v	vhat extent you add	dressed the s	ession componen	ts.
		☐ Not at all	□ Some	what	□ Mostly	□ Completely
4.		•			•	ents of the session that were NOT mostly"), please help us understand why.
5.		□ No □ Ye	·	es," please id	entify each topic a	rt of the curriculum? and the activities (e.g., discussion, role
		pray of minious of			<u> </u>	
		ere anything ele	-	o tell us abou	t the challenges a	nd successes you experienced while
		ny of the partic? If yes, please	•	rd to seek he	lp, get additional in	nformation, or ask questions after the

Instructor's name: Community organization: Session date: Number of participants:			n:			
1.	Hov	w long did the ses	sion last?			
2.	. Please check all of the topics addressed/activities completed during this session.					
		· ·	dship/Relationship t to Do and What g Up		– Make It or Brea	k It Huddle Up
3.	Plea	se indicate to wha	at extent you addr	essed the s	ession componen	ts.
		☐ Not at all	□ Somew	hat	☐ Mostly	□ Completely
4.		•			•	ents of the session that were NOT mostly"), please help us understand why.
5.	Are	there topics that	you covered durin	g this sessio	on that are not pa	rt of the curriculum?
			(If you check "Yes eakers) used to ad	•	•	and the activities (e.g., discussion, role
		ere anything else enting the sessior		ell us about	the challenges a	nd successes you experienced while
		ny of the participa? If yes, please ex		to seek hel	p, get additional i	nformation, or ask questions after the
			-			

Co Se	omm essio	tor's name: unity organizati n date: er of participant				
1.	How long did the session last?					
2.	Please check all of the topics addressed/activities completed during this session.					
3	□ Quiz, Quiz, Trade – Myths and Facts □ Level of Concern □ My Level of Wellness □ Identifying Supports □ Other (list):					
J.		☐ Not at all	/hat extent you addressed th  ☐ Somewhat	☐ Mostly	□ Completely	
4.				·	ents of the session that were NOT mostly"), please help us understand why.	
5.			at you covered during this se	•		
			es (IT you check "Yes, pleason peakers) used to address ea	•	nd the activities (e.g., discussion, role	
		ere anything els enting the sessi		oout the challenges an	nd successes you experienced while	
		ny of the partici		help, get additional in	formation, or ask questions after the	

Instructor's name Community orga			
Session date:			
Number of partic	cipants:		
How long did	the session last?		
2. Please check	all of the topics addressed/activiti	es completed during th	is session.
☐ Speed Cor	Support Skills	ng Skills	
3. Please indicate	e to what extent you addressed th	e session components.	
☐ Not at	all □ Somewhat	☐ Mostly	□ Completely
•	ur responses to Question 3, above ompletely" (i.e., addressed "not at	•	nts of the session that were NOT ostly"), please help us understand why.
5. Are there topi	ics that you covered during this se	ssion that are not part	of the curriculum?
□ No		e identify each topic an	d the activities (e.g., discussion, role
6. Is there anythi implementing the		oout the challenges and	I successes you experienced while
7. Did any of the page 5. The	•	help, get additional info	ormation, or ask questions after the

Con Ses	ructor's name: nmunity organization: sion date: nber of participants:							
1. H	How long did the session I	ast?						
2. F	Please check all of the topics addressed/activities completed during this session.							
	☐ Recapping What We Le ☐ Group Sharing – Conne ☐ Other (list):							
3. Please indicate to what extent you addressed the session components.								
	☐ Not at all	☐ Somewhat	☐ Mostly	☐ Completely				
4. addre			•	onents of the session that were NOT ("), please help us understand why.				
5. A	Are there topics that you c	overed during this ses	ssion that are not part	of the curriculum?				
	☐ No ☐ Yes (If you plays, invited speakers	•	•	d the activities (e.g., discussion, role				
	there anything else you we menting the session?	vould like to tell us abo	out the challenges and	I successes you experienced while				
	d any of the participants c		nelp, get additional info	ormation, or ask questions after the				