

## **Making Proud Choices!**

### **Fidelity Instrument**

The following instrument is designed to provide information about how you are implementing Making Proud Choices. This information will be used as part of the Making Proud Choices evaluation for both program improvement (e.g., to modify sessions that are not well received or add to sessions that may be lacking in content) and to provide a context for interpreting the pre-posttest survey results.

Please complete this form after every program session. It is important that you complete the instrument as soon after each session as possible. Completing the instrument immediately after each session will help ensure that information about the session is still fresh in your mind.

Thank you very much for taking the time to provide this important information.

## Session Number 1

Program code: \_\_\_\_\_

Instructor's name: \_\_\_\_\_

Community organization: \_\_\_\_\_

Session date: \_\_\_\_\_

Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

- Be Proud! Be Responsible! brainstorm
- Brainstorming about teens and sex
- Goals and dreams timeline
- Brainstorming obstacles or detours along your timeline
- Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

- Not at all       Somewhat       Mostly       Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics that you covered during this session that are not part of the curriculum?

- No       Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

## Session Number 2

Instructor's name: \_\_\_\_\_  
Community organization: \_\_\_\_\_  
Session date: \_\_\_\_\_  
Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

Discussing HIV and AIDS

*The Subject is HIV* video and discussion

True or False: HIV

HIV Risk Continuum

Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

Not at all

Somewhat

Mostly

Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics that you covered during this session that are not part of the curriculum?

No     Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

### Session Number 3

Instructor's name: \_\_\_\_\_  
Community organization: \_\_\_\_\_  
Session date: \_\_\_\_\_  
Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

*The Hard Way* video and discussion

Calling Koko

Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

Not at all

Somewhat

Mostly

Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics that you covered during this session that are not part of the curriculum?

No     Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

## Session Number 4

Instructor's name: \_\_\_\_\_  
Community organization: \_\_\_\_\_  
Session date: \_\_\_\_\_  
Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

- STOP, THINK, and ACT: Intro to Problem Solving  
 Sean and Morgan Case Study: Problem Solving Using STOP, THINK, and ACT  
 *Nicole's Choice* video and discussion  
 Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

- Not at all       Somewhat       Mostly       Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics that you covered during this session that are not part of the curriculum?

- No       Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

## Session Number 5

Instructor's name: \_\_\_\_\_  
Community organization: \_\_\_\_\_  
Session date: \_\_\_\_\_  
Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

STD facts **OR** *The Subject is STDs* video

The Transmission Game

What I think about HIV/STI and safer sex

Condom use skills

Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

Not at all

Somewhat

Mostly

Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics that you covered during this session that are not part of the curriculum?

No     Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

## Session Number 6

Instructor's name: \_\_\_\_\_  
Community organization: \_\_\_\_\_  
Session date: \_\_\_\_\_  
Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

True or False: pregnancy statements

Birth control methods demonstration

Agree/disagree: Attitudes about contraception

Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

Not at all

Somewhat

Mostly

Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics that you covered during this session that are not part of the curriculum?

No     Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

## Session Number 7

Instructor's name: \_\_\_\_\_  
Community organization: \_\_\_\_\_  
Session date: \_\_\_\_\_  
Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

- Condom line-up
- How to make condoms fun and pleasurable
- Barriers to condom use/condom pros and cons
- "What to say if my partner says...": Responding to excuses
- Introduction to SWAT and scripted roleplays
- Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

- Not at all       Somewhat       Mostly       Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics that you covered during this session that are not part of the curriculum?

- No       Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.



## Session Number 8

Instructor's name: \_\_\_\_\_  
Community organization: \_\_\_\_\_  
Session date: \_\_\_\_\_  
Number of participants: \_\_\_\_\_

1. How long did the session last? \_\_\_\_\_

2. Please check all of the topics addressed/activities completed during this session.

- Safer sex negotiation skills and *Wrap It Up* video
- Practicing and enhancing negotiation skills: Unscripted roleplays
- Talking to your partner about condom use: Information review
- Talking circle
- Other (list): \_\_\_\_\_

3. Please indicate to what extent you addressed the session components.

- Not at all       Somewhat       Mostly       Completely

4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

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