Strengthening Families

Fidelity Instrument

The following instrument is designed to provide information about how you are implementing Strengthening Families Program 10-14 (SFP). This information will be used as part of the SFP evaluation for both program improvement (e.g., to modify sessions that are not well received or add to sessions that may be lacking in content) and to provide a context for interpreting the pre-posttest survey results.

Please complete this form after every program session. It is important that you complete the instrument as soon after each session as possible. Completing the instrument immediately after each session will help ensure that information about the session is still fresh in your mind.

Thank you very much for taking the time to provide this important information.

Progr	am code:			
Comr Sessi	octor's name: munity organization: on date: per of participants:			
1. Ho	ow long did the session la	ast?		
2. Ple	ease check all of the topi	cs addressed during	this session.	
	rents: Stresses and problems y The value of parental lov Supporting youth's goals Thinking about the qualit Positive family relationsh	ve and limits in helping and dreams ties they want in their		Youth: ☐ Visualizing dreams and goals for the future
3. Ple	ase indicate to what exte	nt you addressed the	e session compon	ents.
	☐ Not at all	☐ Somewhat	☐ Mostly	□ Completely
	•		•	onents of the session that were NOT or "mostly"), please help us understand why.
5. Ar	e there topics that you co	overed during this ses	ssion that are not p	part of the curriculum?
	☐ No ☐ Yes (If you plays, invited speakers	•	•	c and the activities (e.g., discussion, role
	nere anything else you w nenting the session?	ould like to tell us ab	out the challenges	and successes you experienced while
	any of the participants con? If yes, please explain.		help, get additiona	ll information, or ask questions after the

	nstructor's name:			
	community organization:			
	ession date:			
Ν	lumber of participants:			
1.	How long did the session last?			
2.	Please check all of the topics addressed during this	session.		
	Parents:	Youth:		
	☐ Understanding changes in youth	☐ Acknowledging frustrations and difficulties		
	☐ Understanding the need for rules	(both theirs and their parents)		
	 ☐ Reminding youth about rules without criticizing ☐ Identifying strengths 	☐ Understanding parent/caregiver stress and what it might make them say or do		
	☐ Expressing appreciation	☐ Appreciating the things parents/caregivers do		
	Lxpressing appreciation	☐ Appreciating the things parents/caregivers do		
3.	Please indicate to what extent you addressed the se	ssion components.		
	☐ Not at all ☐ Somewhat	□ Mostly □ Completely		
4.	4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.			
5.	Are there topics that you covered during this session	n that are not part of the curriculum?		
	☐ No ☐ Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)			
	Is there anything else you would like to tell us about plementing the session?	the challenges and successes you experienced while		
	Did any of the participants come forward to seek help ssion? If yes, please explain.	, get additional information, or ask questions after the		
	, ,			

C S	structor's name: ommunity organization: ession date: umber of participants:			
1.	How long did the session last?			
Please check all of the topics addressed during this session.				
	Parents:		Youth:	
	☐ How to notice good behavior and	•		entify situations that may cause
	☐ How to use rewards to teach new	behaviors	stress	
	☐ How to use a point system to tead	ch good behaviors	□ Identifying	g stress symptoms
	☐ How to build positive relationships	8	☐ Healthy w	ays of coping
	☐ Understanding the value of family	meetings		
	☐ How to conduct a family meeting			
	☐ Privileges and rewards for Point (Charts		
3.	Please indicate to what extent you ad		n components Mostly	□ Completely
4.	Based on your responses to Questic addressed "completely" (i.e., addres			nts of the session that were NOT nostly"), please help us understand why.
5.	Are there topics that you covered du	ring this session th	at are not part	of the curriculum?
	☐ No ☐ Yes (If you check "Y plays, invited speakers) used to		•	d the activities (e.g., discussion, role
6.	Is there anything else you would like	to tell us about the	challenges and	d successes you experienced while
imp	plementing the session?			
	Did any of the participants come forwardsion? If yes, please explain.	ard to seek help, ge	et additional inf	ormation, or ask questions after the

In	Instructor's name:					
С	Community organization:					
	Session date:					
Ν	Number of participants:					
1.	How long did the session last?					
2. Please check all of the topics addressed during this session.						
	Parents: Youth:					
	☐ Understanding why it's important to stay calm and☐ Everyone has rule respectful☐ Following rules mand	•				
	☐ Using small penalties for small problems					
	☐ Saving big consequences for big problems					
	□ Connection between family values and their activities and decisions					
	☐ Identifying their own family values					
3.	3. Please indicate to what extent you addressed the session components.					
	☐ Not at all ☐ Somewhat ☐ Mostly ☐ Co	ompletely				
6.	6. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.					
7.	7. Are there topics that you covered during this session that are not part of the curricu □ No □ Yes (If you check "Yes," please identify each topic and the activities					
	plays, invited speakers) used to address each one.)	is (e.g., discussion, role				
	6. Is there anything else you would like to tell us about the challenges and successes implementing the session?	you experienced while				
	7. Did any of the participants come forward to seek help, get additional information, or session? If yes, please explain.	ask questions after the				

	structor's name: ommunity organization:					
	ession date:					
	imber of participants:					
۱.	How long did the session las	t?				
2.	Please check all of the topics	addressed during	this session.			
	Parents:		Youth:			
	☐ The value of good listening	g skills	☐ Drugs and	□ Drugs and alcohol (and the harm caused)□ Refusal skills		
	☐ Listening for feelings		□ Refusal sk			
	$\hfill\square$ The basis for misbehavior					
	□ Building listening skills					
	☐ Problem solving as a famil	y				
3. F	Please indicate to what extent	you addressed the	e session components.			
	☐ Not at all	□ Somewhat	☐ Mostly	☐ Completely		
	4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.					
5.	5. Are there topics that you covered during this session that are not part of the curriculum?					
	\square No \square Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)					
	s there anything else you woulementing the session?	uld like to tell us ab	out the challenges and	d successes you experienced while		
	olid any of the participants com sion? If yes, please explain.	ne forward to seek	help, get additional info	ormation, or ask questions after the		

	structor's name:				_	
	ommunity organization:				_	
	ession date: Imber of participants:	-			_	
	Thou or participante.				_	
1.	How long did the session	on last?			_	
2. Please check all of the topics addressed during this session.						
	Parents:			Youth:		
	\square How to protect youth	n from drug and alcohol al	buse	☐ Additional refusal skills		
	•	ectively with the youth's so	chool	☐ How to identify good friends		
	☐ Monitoring youth	the shout avaiding drug o				
		nily about avoiding drug ar nily about other behavioral				
	☐ Setting clear expecta	•	i problems			
	- Ootting Godi Oxpoote	ations for youth				
3. F	'lease indicate to what	extent you addressed the	session componen	nts.		
	☐ Not at all	□ Somewhat	☐ Mostly	□ Completely		
	4. Based on your responses to Question 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.					
5.	Are there topics that yo	ou covered during this ses	ssion that are not pa	urt of the curriculum?		
	☐ No ☐ Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)					
۶ I،	s there anything else ve		out the challenges a	and successes you experienced while		
	lementing the session?		Jul me onanenges a	iliu successes you experienced while		
					-	
7 D	id any of the participant			oformation, or ask augstions after the		
	olid any of the participant sion? If yes, please expl		nelp, get additional i	information, or ask questions after the		

C S	Session date: Jumber of participants:		
1.	How long did the session last?		
2.	2. Please check all of the topics addressed during this session.		
	Parents:	Youth:	
	☐ Understanding special needs that families may have	☐ Service to others	
	☐ Accessing support	☐ Interacting with positive older teen role	
	☐ Expressing appreciation	models	
3.	Please indicate to what extent you addressed the session	components.	
	☐ Not at all ☐ Somewhat ☐ N	lostly □ Completely	
 4. 5. 	addressed "completely" (i.e., addressed "not at all," "som	ewhat," or "mostly"), please help us understand why.	
5.	5. Are there topics that you covered during this session that are not part of the curriculum? □ No □ Yes (If you check "Yes," please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)		
	Is there anything else you would like to tell us about the clplementing the session?	nallenges and successes you experienced while	
	Did any of the participants come forward to seek help, get ssion? If yes, please explain.	additional information, or ask questions after the	