

# Partners in Prevention Fund

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**Program:** Strengthening Families 10-14

Site: \_\_\_\_\_

Participant Code: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Circle an answer to the right of each statement that tells how often each item is done.	a little of the time or never	some of the time	a good bit of the time	most of the time or always
1. How often do you know who your youth is with when he/she is away from home?	1	2	3	4
2. I clearly communicate my expectations about alcohol, tobacco, and drug use to my youth.	1	2	3	4
3. When my youth follows rules or fulfills responsibilities, I give him/her encouragement and praise.	1	2	3	4
4. I ask my youth to consider how others feel when he/she misbehaves.	1	2	3	4
5. I discuss my youth's goals and dreams with him/her.	1	2	3	4
6. I explain the reasons for family and house rules so my youth understands them.	1	2	3	4
7. We spend fun time together as a family.	1	2	3	4
8. I show and tell my youth that I love and respect them.	1	2	3	4
9. I reward my youth with compliments and privileges when he/she learns to follow a rule or fulfill a responsibility.	1	2	3	4
10. I explain the consequences of not following my rules concerning alcohol, tobacco and drug use to my youth.	1	2	3	4
11. How often do you make an effort to meet or introduce yourself to your youth's friends and their parent(s)/caregiver(s)?	1	2	3	4
12. I check to see that my youth fulfills responsibilities, such as finishing homework, completing chores, or going to bed at the designated time.	1	2	3	4
13. I let my youth know I care about him/her while setting limits.	1	2	3	4
14. Before reacting, how often do you stop and think about your youth's perspective and how your youth might be feeling?	1	2	3	4
15. I express my hopes and dreams for my youth's future to him/her.	1	2	3	4
16. When my youth tells me something important, I let him/her know that I am trying to understand what he/she is feeling.	1	2	3	4
17. I give my child household responsibilities.	1	2	3	4

<b>Circle an answer to the right of each statement that tells how often each item is done.</b>	a little of the time or never	some of the time	a good bit of the time	most of the time or always
18. I find ways to include my youth in family decisions about fun and work activities, in a manner appropriate to his/her age.	1	2	3	4
19. I talk with my youth about ways to resist peer pressure.	1	2	3	4
20. In the course of a day, how often do you know where your youth is?	1	2	3	4
21. When my youth has a problem or is unhappy, I listen and try to be supportive.	1	2	3	4
22. When my youth misbehaves, I enforce consequences without yelling, blaming, or criticizing.	1	2	3	4
23. I discuss our family's values with my youth.	1	2	3	4
24. I set rules for my youth to follow.	1	2	3	4
25. I let my youth know what my rules are and the consequences for breaking them.	1	2	3	4
26. I spend special one-on-one time with my youth talking or having fun.	1	2	3	4
27. When our family has a problem, everyone in the family has input into the solution.	1	2	3	4
28. I ask my youth what he/she thinks before making decisions that affect him/her.	1	2	3	4
29. I work together with my youth to solve problems that come up at home.	1	2	3	4
30. I tell my youth how I feel when he or she misbehaves.	1	2	3	4
31. I try to see things from my youth's point of view.	1	2	3	4