

**Fairfax Area Coordinating Council for Aging and Adults with Disabilities
Social Connection Committee Meeting
Wednesday, June 4, 2025
1:00 – 3:00 p.m.**

Fairfax County Government Center, Conference Room 8
12000 Government Center Parkway, Fairfax, VA

1:00 pm – **Call to Order** – Carolyn Cukierman, Committee Chair

Vote to Admit CCAAD Members with Pre-Approvals for Virtual Participation –
Carolyn Cukierman

Approve Summary Notes from May 7, 2025 Meeting - Carolyn Cukierman

Updates

SHAPE (Shape the Future of Aging)
CARE Mobile
Committee members sharing

Actions

CCAAD Pilot – Updates, new Partners, Reports
Planning for CCAAD Pilot Partners 2nd Quarterly Meeting

Discussion

CCAAD Strategic Plan
Future remote meetings / schedule

Next Steps

Develop Steps and Assignments to Accomplish Committee Actions – Carolyn Cukierman

Adjournment

Schedule

Pilot Partners 2nd Quarterly Meeting: Thursday, June 12, 2025 – Virtual

Next Committee Meeting: Wednesday, July 9, 2025 - Virtual

Schedule Change - August 20, 2025 Committee Meeting – In Person | September meeting cancelled

Pilot Partners 3rd Quarterly Meeting: Thursday, September 11, 2025 – Virtual

Fairfax County is committed to a policy of nondiscrimination in all County programs, services and activities and will provide reasonable accommodation upon request. To request special accommodation, call Season Zellman, 703-246-8962 or 711 (TTY Relay). Please allow five working days in advance of the event to make the necessary arrangements.

Committee Goal

To enhance the lives of older adults and adults with disabilities by increasing social connectedness and decreasing social isolation

Objective 1: Gather and disseminate information to CCAAD members and others about the role social connectedness plays in the well-being of older adults and adults with disabilities

Action Steps:

- Locate existing data that demonstrates that social connections among older adults and adults with disabilities is a positive social determinant of health.
- Locate existing data that defines the impact and extent of social isolation among older adults and adults with disabilities.
- Identify existing research that defines the causes of social isolation among older adults/adults with disabilities

Objective 2: Educate CCAAD members and others about social isolation prevention strategies including existing programs and solutions for gaps in services in the Fairfax Area

Action Steps:

- Learn about existing programs and services that support social connection for older adults and adults with disabilities
- Identify gaps in social connection programs in the Fairfax Area and help create solutions
 - Identify what barriers exist to eliminating social isolation among older adults and adults with disabilities in the Fairfax area
 - Are there equity barriers?
 - Are there any technology barriers?
 - Explore partnerships among community-based organizations to fill the gaps
 - Explore the use of volunteers to fill gaps