



# Step Up 4 Kids

**Make a Difference for Children Who Witness Domestic Violence**

## **Anyone in a child's life can:**

- Let the child know it is okay to talk about the violence.
- Model alternatives to violence. Share strategies about what to do when they feel scared, angry, or frustrated.
- Talk to the parent who is surviving the violence about how you can help.
- Remind the child the violence is not their fault.

**Fairfax County**

24-Hour Domestic & Sexual Violence  
Hotline: **703-360-7273**



# Step Up 4 Kids

Make a Difference for Children  
Who Witness Domestic Violence

## If you are a teacher, coach, or extracurricular activity leader:

- Nurture a child's talent and creativity.
- Help children know what to expect from you and the environment. Set boundaries.
- Encourage the child to make friends, play, laugh, and grow.
- Focus on strengths when you communicate with parents.

Adapted from The Child Witness to Violence Project of Boston Medical Center

For more information about the  
**Step Up 4 Kids** initiative, call 703-324-5730  
Email [brittany.vera@fairfaxcounty.gov](mailto:brittany.vera@fairfaxcounty.gov)

[FairfaxCounty.gov](http://FairfaxCounty.gov) Search: Domestic Violence



Where a TTY number is not indicated, use 711/Virginia Relay. Reasonable accommodations provided upon request call 703-324-9494.



A Fairfax County, Virginia publication. Printed September 2018.