



Fairfax County  
 Neighborhood and Community Services

Fairfax County Athletic Community

# Mental Health Symposium

Tuesday, February 26 , 2019

7 p.m.

Board Auditorium at the  
 Fairfax County Government Center

12000 Government Center Parkway, Fairfax, VA 22035

Join us as we launch the conversation about mental health and the role coaches, parents and sports administrators can play in supporting and encouraging youth athletes as they cope with the struggles and pressures of their early development.

**Come and hear from renowned local experts** as they help adults who work with student athletes:

- Understand the pressures facing student athletes in 2019
- Recognize the warning signs for potential youth in distress
- Guide athletes to available local resources for assistance

For event details and online registration, go to

<http://bit.ly/athletics-mentalhealthsymposium>

*\*\*In case of inclement weather, the snow date for this event is Tuesday, March 12.\*\**

Keynote Speaker

**Jon Solomon**

Editorial Director  
 Sports & Society Program/Aspen Institute



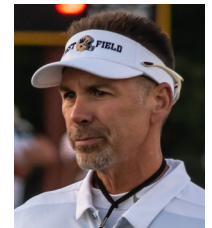
Expert Discussion Panel



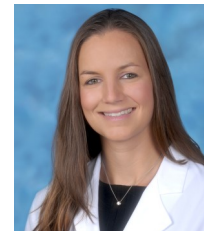
**Brian Monday**  
 President, Eric Monday  
 Foundation



**Mary Schumann, Ph.D.**  
 George Mason University



**Kyle Simmons**  
 Head Coach  
 Westfield HS Football



**Dr. Melissa Womble**  
 INOVA Sports Medicine  
 Concussion Program/Sports  
 Psychology



**Ken Tyler**  
 Athletic Director  
 The St. James



**John Reynolds**  
 Athletic Training Program  
 Administrator, FCPS



A Fairfax County, Va., publication. 01/2019  
 Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities.  
 Reasonable accommodations will be provided upon request. For more information, call 703-324-4600, TTY 711.



Presented in  
 partnership with

