

# Domestic Violence Can Follow Kids for a Lifetime



**I outperform on the athletic field**  
because I'm afraid of being in trouble if I fail.

**I am more likely to experience**  
anxiety and depression as I grow and as an adult.

**You can help!**  
Help a youth learn to manage disappointment.

[fairfaxcounty.gov](http://fairfaxcounty.gov) Search: **Step Up 4 Kids**

**Domestic and Sexual Violence**  
24-Hour Hotline 703-360-7273



Where a TTY number is not indicated, use 711/Virginia Relay. Reasonable accommodations provided upon request, call 703-324-9493.

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