



COUNTY OF FAIRFAX, VIRGINIA

Proclamation

WHEREAS, access to nutritious, affordable and culturally appropriate food is fundamental to physical health, mental well-being, academic success and economic stability for individuals and families; and

WHEREAS, recent data show that approximately 26 percent of Fairfax County residents experienced food insecurity in 2025, meaning they had limited or uncertain access to adequate food at least once in the prior year; this level, higher than in recent years, reflects persistent economic strain on households across the community; and

WHEREAS, although Fairfax County's food insecurity rate is lower than in much of the broader Washington, D.C., Maryland and Virginia region, where approximately 36 percent of households report limited access to nutritious food, food insecurity remains a serious challenge for many residents and families; and

WHEREAS, ongoing inflation, the high cost of living, federal assistance benefit reductions and structural barriers contribute to food insecurity and make it difficult for households to consistently afford healthy food choices; and

WHEREAS, the Fairfax County Neighborhood and Community Services Department, together with community partners, nonprofit organizations, schools, health care providers, businesses and government agencies, works collaboratively to strengthen communities by providing nutrition assistance, expanding food access, offering supportive services and promoting nutrition education and equitable access to healthy food; **NOW THEREFORE**

BE IT RESOLVED, that the Fairfax County Board of Supervisors, on behalf of all residents, does hereby proclaim March 2026 as

National Nutrition Month

in Fairfax County and encourages all residents, organizations and institutions to support education, advocacy and collaborative action to reduce food insecurity, promote equitable access to healthy food and strengthen community health.

Jeffrey C. McKay, Chairman
Fairfax County Board of Supervisors

March 3, 2026

Date