

FAIRFAX COUNTY
VIRGINIA



Youth Opioid Prevention and Treatment Resources

July 20, 2023


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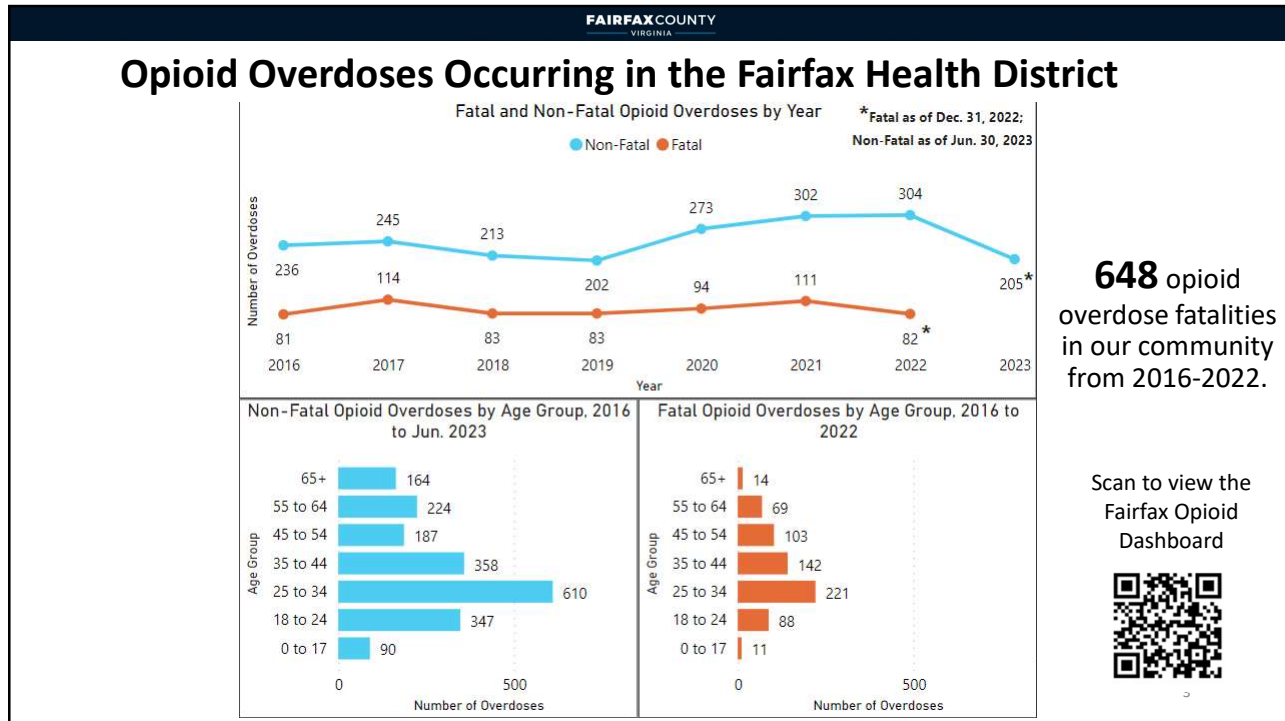
What are Opioids?

- Opioids are a potentially addictive group of drugs used to reduce pain
- Opioids include:
 - Prescription pain medications such as oxycodone (OxyContin, Percocet), hydrocodone (Vicodin), codeine, morphine, and others
 - Heroin
 - Fentanyl (potent synthetic opioid)

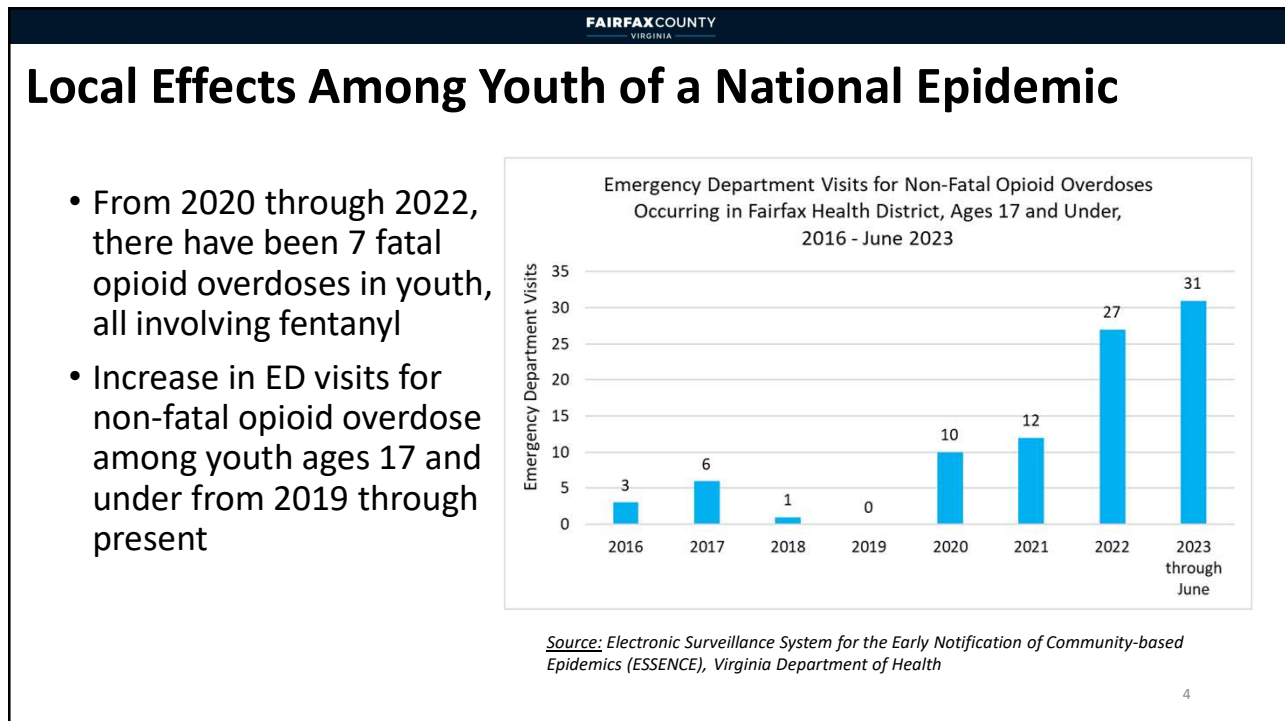


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Benefits of Opioid Overdose Naloxone Education Training

- Understand the Opioid Overdose and Naloxone Education program and legislation
- Understand addiction
- Understand how opioid overdose emergencies happen and how to recognize them
- Understand how naloxone works
- Identify risk factors that may make someone more susceptible to an opioid overdose emergency
- Dispel common myths about how to reverse an opioid overdose
- Learn how to respond to an opioid overdose emergency with the administration of naloxone

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How to get Opioid Overdose Naloxone Training at the Fairfax-Falls Church CSB

Option #1

We offer open enrollment trainings to all Fairfax County Residents. (English or Spanish)

- Go to [REVIVE! training to prevent opioid overdoses | Community Services Board \(fairfaxcounty.gov\)](#) and chose the date and time you would like to take the training.

Option #2

If you have a group or a part of an organization with 15 or more people, we can set up a virtual or in-person training customized for your group. (English or Spanish)

- In order to set up a customized training send an email to CSBRevive@fairfaxcounty.gov and our coordinator will work with you to set up the training

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Additional Prevention Initiatives

ACEs – Presentation to help understand the impacts of childhood adversity and trauma on development and how to build resiliency and improve well-being.

QPR (Question, Persuade, Refer) - is a suicide prevention program where participants learn to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Talk They Hear You – Empowers parents and caregivers to talk with children and teens about drugs and alcohol. Understand the risks and triggers of underage substance use and drinking and how to play a role in prevention

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FCPS Substance Abuse Prevention

Substance Abuse Prevention Specialists are based in each high school and provide youth substance use prevention, education and intervention to all pyramid schools using a tiered approach

Tier 1

- Parent & family support
- Staff support
- Student prevention
- Government & division support
- Community support

Tier 2

Student intervention

Tier 3

- Student intervention
- Warm Hand-off to CSB

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Additional FCPS Measures

- All FCPS students K-10 received substance use prevention and education instruction through their health and physical education curriculum.
- 11th and 12 graders receive substance use prevention and education lessons through their advisory periods.
- All schools are stocked with naloxone; located in AED cabinets and clinic
- Select school staff are trained to administer naloxone; administrators, clinic health staff, SAPS, safety and security, bus drivers, athletic trainers
- School administrators have been provided with overdose protocols to follow in the event of a suspected on or off school grounds overdose
- Regulation 2151 permits students who have met certain requirements, to carry and administer naloxone during a suspected overdose incident
- Ongoing community education and awareness efforts
- Summer Support: Tiffany Jones (Tjones1@fcps.edu) and Jessica G Griffin (JLGiffin@fcps.edu)
- Available Parent Resources: [Opioid Awareness](#), [Alcohol Tobacco and Other Drug Prevention Programs](#)

FCPS SAPS

- ❖ Parents/Guardians can call their child’s school front office staff or ask their counselor to connect to their school’s assigned SAP Specialist.



OR

- ❖ Contact the Office of Student Safety and Wellness:
<https://bit.ly/3tG5Mw0>
571-423-4270

Additional SAP Program info:



- ❖ FCPS resources
 - Search Keywords: ATOD, SSAW, Vaping



SCAN ME



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CSB Mission, Vision and Values



FAIRFAX - FALLS CHURCH
Community Services Board

Our Mission: What We Do

To provide and coordinate a system of community-based supports for individuals and families of Fairfax County and the cities of Fairfax and Falls Church who are affected by developmental disability, serious emotional disturbance (youth), mental illness and/or substance use disorders.

Our Values: What We Believe In

In achieving our mission and vision, we value:

- Respect** for the people we serve.
- Quality** in the services we provide.
- Accountability** in all that we do.



Our Vision: Where We Want to Be

Everyone in our community has the support needed to live a healthy, fulfilling life.

www.fairfaxcounty.gov/community-services-board

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call 703-224-7000, TTY 711. July 2018



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WHO WE SERVE



FAIRFAX - FALLS CHURCH
Community Services Board

 <p>Children, Youth and Families</p> <p>Counseling, medication, crisis response, recovery supports and other services for children and youth (and their families) with mental health concerns and substance use disorders</p>	 <p>Developmental Disabilities</p> <p>Services to help people with developmental disabilities live, work and take part in our community</p>	 <p>Mental Health</p> <p>Counseling, medication, crisis response, and other services for people of all ages with mental health concerns</p>	 <p>Substance Use Disorder</p> <p>Treatment, detoxification, recovery supports for people with substance use disorders.</p>	 <p>Prevention & Wellness</p> <p>Assists the community in strengthening its emotional health and ability to handle challenges related to substance misuse and mental illness.</p>
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Priority Population Guidelines



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Community Services Board

Children and Adolescents

- ✓ Behavioral health problems that significantly impact their mood, thinking, and/or behavior.
- ✓ Often significantly disabling as compared to the functioning of most youth their age.
- ✓ May be a recent onset or going on for some time.



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"What We Have"



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Community Services Board


Engagement Assessment & Referral	Emergency Services	Psychiatric Services and Medication Management	Nursing Services	Medication Assisted Treatment
Detoxification and Residential Treatment (18+)	Outpatient	Specialized Programing (SAP, School Based Services, YAG)_	Peer Support	Psychotherapy (Group & Individual,
Psychoeducation Group & Individual	Case Management	Wellness & BeWell	Crisis Response CR2	School Based Services


Community Partners: <https://bit.ly/3LxqofK>

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Accessing Services






Entry & Referral Services

Call during business hours (Monday – Friday, 9 to 5)
(703) 383-8500, TTY 711



In Person
(SAME DAY)

CSB's Merrifield Center
(Monday – Friday, 9 to 5)
Youth screenings until 7 pm on Tuesdays



Emergency Services

Emergency Mental Health Services (24/7)
(703) 573-5679, TTY 711
Fairfax Detox Center (24/7)
(703) 502-7000
TTY 703-322-9080
Come directly to Merrifield Center

Call 911. Ask for a CIT trained officer.

How does someone find out if CSB services are right for them?

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CSB Online Resources



- Fairfax-Falls Church Community Services Board website
 - www.fairfaxcounty.com/community-services-board
 - [Locations | Community Services Board \(fairfaxcounty.gov\)](http://Locations | Community Services Board (fairfaxcounty.gov))





- Eligibility and Guidelines for Assigning Priority Access to CSB Services
 - <https://www.fairfaxcounty.gov/community-services-board/about/eligibility>

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PAYMENT OPTIONS



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Community Services Board

- ✓ Self Pay
- ✓ Sliding Scale
- ✓ Private Insurance


<https://www.fairfaxcounty.gov/community-services-board/about/fees>

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INSURANCES



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In-Network	✓ Optima Health
✓ Tricare Standard	✓ Virginia Premier
✓ Medicare	✓ Medicare
✓ Medicaid	
✓ Aetna Better Health	Will bill out-of-network insurances
✓ Anthem	
✓ CareFirst Blue Cross	Family is responsible for deductibles and copays.
✓ Kaiser – Virginia Premier	
✓ Magellan Complete Care	

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Parent Support Groups



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- “Heads Up” - Teens between the ages of 14-17 who are working through emotional, mental health or substance use challenges.
- “Talk It Out” -Provides support, education and resources to parents and guardians.
- Both support groups are provided virtually.
- Both support groups utilize the Substance Abuse and Mental Health Administration's Eight Dimensions of Wellness model:


Emotional	Spiritual	Intellectual
Physical	Social	
Financial	Occupational	Emotional
Environmental		

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CSB RESOURCES





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Community Services Board

 Call 9-1-1 or take your child to the closest Emergency Room if your child is in imminent danger of harming themselves or others.


 Call the Community Services Board’s (CSB) Emergency Services: (703) 573-5679

 If you think your child is at risk for hospitalization, call Crisis Response (CR2): 571-3644-7390

 Utilize CSB’s Same Day Access Services: 8221 Willow Oaks Corporate Drive , Merrifield, VA

 Call PRS Crisis Link: 703-527-*4077 or text Connect to: 855-11

Scan this QR code for more information.




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CSB RESOURCES




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Call CSB DETOX: (703) 502-7000




PEER Outreach Response Team: (703) 559-3199



REACH: (855) 897-8278


Scan this QR code for more information.



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LOCAL RESOURCES - EDUCATION/AWARENESS



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Trainings/presentations:

- March 2023 webinar *Preparing Families for Difficult Conversations about Alcohol & Drugs*, hosted by FCPS in collaboration with FCPD and CSB
• <https://www.youtube.com/watch?v=6ABUcTqgQbI>
- Opioid Overdose Education and Training- how to recognize and reverse opioid overdoses (residents receive free Narcan upon completion of the training) <http://bit.ly/revive-csb>
- Mental Health First Aid - how to identify, understand, and respond to signs of mental health challenges and substance use disorder (youth and teen-specific versions available) <http://bit.ly/CSB-MHFA>
- Spring 2022 Youth Substance Use Trends Webinar (FCPS and Fairfax County government)
• <https://www.fcps.edu/resources/student-safety-and-wellness/substance-webinar>
- Fairfax County Neighborhood and Community Services Prevention: prevention programs on topics such as substance use and effective parenting available upon request by schools/organizations; email: ncs-prevention@fairfaxcounty.gov

Communication tools

- NewsCenter article:
 - Text can be edited for use in newsletters; includes information on fentanyl and community resources available
 - <https://www.fairfaxcounty.gov/news/opioids-learn-how-get-help-and-prevent-overdoses>
- Communications toolkit:
 - Social media graphics in multiple languages available for use by community members and organizations
 - <https://www.fairfaxcounty.gov/topics/opioids-communications-toolkit>

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Local Resources - Education/Awareness Cont'd

Healthy Minds Fairfax: provides information on identifying behavioral health needs and finding

Chris Atwood Foundation: local non-profit providing a wide range of substance use services <https://www.theaf.org/>

Child Mind Institute: provides resources parents can use to teach kids mental health and coping skills <https://childmind.org>

One Pill Can Kill: U.S. DEA education/prevention materials on counterfeit pills <https://www.dea.gov/onepill>

Operation Prevention: No-cost, online prevention tools for educators, families, and professionals, developed by the U.S. DEA in partnership with Discovery Education www.operationprevention.com

National Institute on Drug Abuse: leads scientific research on drug use and addiction www.nida.nih.gov

Substance Abuse and Mental Health Services Administration: online locator for substance use and mental health treatment www.samhsa.gov/find-treatment

Local & National Resources



Youth Substance Use Treatment Resources

Mild Use	Moderate Use	Moderate-Severe	Severe Use	Critical Impact
Information and education provided.	His of education and therapy.	Therapy, sponsor, and 12 steps supports.	Residential services, therapy, sponsor, 12 step supports.	Detoxification, medically supervised, therapy, sponsor, 12 step supports.
<ul style="list-style-type: none"> FAIRFAX COUNTY COMMUNITY SERVICES BOARD 703-583-8000 FAIRFAX ANTI-DOTATION CLINIC 703-779-3800 REGIONAL COMMUNITY CENTER/FAIRFAX 1-877-566-9624 BEHAVIORAL HEALTH TREATMENT SOLUTIONS 703-583-8073 ADOLESCENT SERVICES 703-536-2000 MENTAL HEALTH SERVICES 1-888-800-1393 ADOLESCENT SERVICES 703-536-2000 ADOLESCENT SERVICES 1-888-611-1234 ADOLESCENT SERVICES 703-238-8000 TRANSITIONAL PROGRAM OF CHANGE 703-583-8790 ADULT CARE SERVICES 703-544-7188 	<ul style="list-style-type: none"> ADOLESCENT SERVICES 703-583-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-536-2000 ADOLESCENT SERVICES 1-888-800-1393 ADOLESCENT SERVICES 703-536-2000 ADOLESCENT SERVICES 1-888-611-1234 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-536-2000 ADOLESCENT SERVICES 703-583-8790 ADOLESCENT SERVICES 703-544-7188 	<ul style="list-style-type: none"> ADOLESCENT SERVICES 1-888-800-1393 or 703-249-2465 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-536-2000 ADOLESCENT SERVICES 703-536-2000 ADOLESCENT SERVICES 703-536-2000 ADOLESCENT SERVICES 1-888-611-1234 ADOLESCENT SERVICES 1-888-611-1234 ADOLESCENT SERVICES 1-888-611-1234 ADOLESCENT SERVICES 1-888-611-1234 ADOLESCENT SERVICES 1-888-611-1234 	<ul style="list-style-type: none"> ADOLESCENT SERVICES 703-238-8000 or 1-888-800-1393 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 ADOLESCENT SERVICES 703-238-8000 	


***Spanish Services Available**

Providers under contract for purchase of service with the Children's Services Act (CSA) have a double border.

Note: Most providers accept insurance and/or medic aid. Please call for insurance information.

*List is subject to change. CSB0223

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FAIRFAX - FALLS CHURCH
**Community
Services Board**

NATIONAL RESOURCES

- **National Suicide Prevention Lifeline:** 988
 - Veterans – Press 1
 - En Espanol: 1-800-628-9454
- suicidepreventionlifeline.org
- **Crisis Text Line:** Text HOME to 741741
 - A live, trained Crisis Counselor receives the text and responds through a secure online platform.
- <https://www.crisistextline.org/>
- **PRS CrisisLink:** 988 **Text line:** CONNECT to 855-11
 - offers crisis intervention, suicide prevention, and support to individuals in order to foster self-sufficiency by providing problem-solving skills and information on community resources so callers and texters can better cope with emotional trauma, personal and family crises.
- <https://prsinc.org/crisislink/>

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Local Resources - Education/Awareness

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- **Fairfax County Neighborhood and Community Services Prevention:** prevention programs on topics such as substance use and effective parenting available upon request by schools/organizations; email: ncs-prevention@fairfaxcounty.gov

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 - <https://www.fairfaxcounty.gov/news/opioids-learn-how-get-help-and-prevent-overdoses>
- Communications toolkit:
 - Social media graphics in multiple languages available for use by community members and organizations
 - <https://www.fairfaxcounty.gov/topics/opioids-communications-toolkit>

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Additional Resources

Healthy Minds Fairfax: provides information on identifying behavioral health needs and finding care
<https://bit.ly/36OAha0>

Chris Atwood Foundation: local non-profit providing a wide range of substance use services
<https://www.thecaf.org/>

Child Mind Institute: provides resources parents can use to teach kids mental health and coping skills
<https://childmind.org>

One Pill Can Kill: U.S. DEA education/prevention materials on counterfeit pills <https://www.dea.gov/onepill>

Operation Prevention: No-cost, online prevention tools for educators, families, and professionals, developed by the U.S. DEA in partnership with Discovery Education www.operationprevention.com

National Institute on Drug Abuse: leads scientific research on drug use and addiction www.nida.nih.gov

Substance Abuse and Mental Health Services Administration: online locator for substance use and mental health treatment www.samhsa.gov/find-treatment

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suicidepreventionlifeline.org

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Questions?

For more information:

<https://www.fairfaxcounty.gov/topics/opioids>

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