

> GET VACCINATED

StayWellNoVa.com

COVID- 19 Updates

Children Under Age 5 Now Eligible for COVID-19 Vaccinations

Schedule your vaccine appointment via <u>VaccineFinder.org</u>.

# Community-Based Survey on COVID-19 Pandemic Response for Faith & Community Based Organizations

Fairfax County is conducting after-action reviews on the COVID-19 pandemic response. We are seeking feedback from community-based organizations, including faith-based organizations, houses of worship, voluntary organizations, and any other non-governmental organizations that supported the county's response and/or received services from the county. Take the survey here

#### **FREE Mental Health First Aid Courses**

You are more likely to encounter someone experiencing a mental health crisis than someone having a heart attack. Mental Health First Aid teaches you the common warning signs and risk factors associated with mental health concerns, along with a five-step action plan to help someone in crisis. Youth Mental Health First Aid is for adults working with youth. One and two-day options are available for each course. Free classes offered August 6 9am-3:30pm and August 17-18 1:30pm. To register or view additional training dates Mental Health First Aid Registration - HSCODE - Fairfax County, Virginia

# **Health and Wellness**

#### **Virtual Mental Wellness Consultations**

The Fairfax County Public Schools (FCPS) Office of Intervention and Prevention Services will offer virtual mental wellness consultations this summer through August 5. Any Fairfax County parent may request a consultation with a school psychologist or school social worker. Consultations are up to 45-minutes in length and may occur by phone or video conferencing. Request a consultation.

# Help prevent overdose deaths in Fairfax County

Fairfax County's Opioid Communications Toolkit has social media posts and images, videos, posters, and more. They're easy to copy and paste. Share the recording, slides, and resources from the recent webinar on Fairfax County Youth Substance Use Trends and Supports that was hosted by Fairfax County Public Schools and Fairfax County Government. Info is available in multiple languages.

# 988-The New 3-Digit National Suicide Prevention Lifeline

The <u>U.S. transitioned</u> the ten-digit National Suicide Prevention Lifeline to 988 – an easy-to-remember three-digit number for 24/7 crisis care. Now anyone experiencing mental health, substance use, and suicide crisis can call or text 988 or chat with the 988 Suicide and Crisis Lifeline at <u>988lifeline.org</u>. The Fairfax-Falls Church Community Services Board (CSB) also offers 24/7 emergency behavioral health services to all residents of Fairfax County as well as residents of the Cities of Fairfax and Falls Church.

# Free Family Caregiver Webinar

Wednesday, August 17, 2022, from 12:00p.m. to 1:00p.m. Join Lyn Tomlinson, the Deputy Director for the Fairfax Falls Church Community Services Board, as she shares how to communicate and support your loved one's living with mental illness. Learn how to explain mental illnesses to family and friends. Discover resources, how you can establish community, and support for yourself. Register here: <a href="https://bit.ly/CAREWEB1">https://bit.ly/CAREWEB1</a>



# A Newsletter for the Interfaith Community

# Farmers Market Week is August 7-13, 2022

Farmers Market Week highlights the role of farmers markets in supporting healthy communities, stimulating local economies, and supporting local farmers. Learn more about <u>fun and educational events and activities</u> around the county.

# **Park Authority-run Farmers Markets**

The Park Authority operates 4 farmers markets that accept and double SNAP. The SNAP info can be found on the website. On this page you will find flyers in multiple languages explaining the program.

FRESHFARM will be hosting games, activities, and prizes at our markets. The dollars shoppers spend at farmers markets help support small businesses and rural farming communities throughout the region. All FRESHFARM markets and farmers accept SNAP/EBT, P-EBT, WIC and Senior FMNP checks. Our Fresh Match program provides a dollar-for-dollar match on all federal benefits spent at the market, helping shoppers take home more fresh and nutritious produce and local foods while creating and sustaining new revenue streams for local farmers and food producers. For locations and hours of operations for the markets, please visit <a href="https://www.freshfarm.org">www.freshfarm.org</a>.

# **Community Resources**

# **Community Partnership Grants**

The Office of the Commonwealth's Attorney is inviting Fairfax-based non-profit organizations to apply for <u>Community Partnership Program grants</u> of up to \$10,000. The grants must be used to provide services and programs in support of child victims of crime, victims of sexual abuse, and victims of domestic violence. Such services and programs can include training opportunities for system stakeholders, community relations and outreach activities, and direct support of victims. The deadline for applications is October 1, 2022.

# Free Hotspot and Internet for Families

Free hotspot and internet for families with students who receive free and/or reduced lunches and other eligible Fairfax County services. Free Internet for Students: Project 10Million | T-Mobile

#### **Virginia Young Adult Survey**

Young adult survey for 18-25 year old's living in Virginia. We want to hear about your experiences and opinions on substance use and mental health in your community. This data will help us develop health and wellness programming that better meets your needs. Survey link: <u>Virginia Young Adult Survey | Virginia Prevention Works!</u> There are incentives for everyone who completes the survey (\$15 gift certificates to BP, Target or Walmart).

#### Hidden in Plain Sight (HIPS)

This is a hands-on learning adventure for **PARENTS AND GUARDIANS ONLY!** This program begins with a setup of a teenager's bedroom which includes close to 100 "red flags" that indicate risky behavior. The hands-on portion is followed by an educational section that includes a PowerPoint presentation detailing the red flag props that the room contained and how it is indicative of risky behavior. Wednesday, August 17, 6:30 p.m. to 8:45 p.m. at the Sully District Station (4900 Stonecroft Blvd, Chantilly) Register here. Hosted by Fairfax County Police Department.

# **Department of Family Services Needs Volunteers**

Do you have a skill to share or time to provide support to senior center and adult day healthcare center participants? DFS needs volunteers to serve older adults, adults with disabilities, and family caregivers. Visit our page to learn about <u>volunteer opportunities</u>, or email <u>VolunteerSolutions@FairfaxCounty.gov</u>. For more details on volunteer opportunities in Fairfax County Senior Centers, please <u>click here</u>.

**Mitigating Attacks on Houses of Worship --Security Guide DOWNLOAD THE GUIDE HERE** Cybersecurity and Infrastructure Security Agency (CISA) has prepared this comprehensive security guide based on original analysis to help houses of worship develop a comprehensive security strategy to mitigate future incidents.







# **Common Ground**

A Newsletter for the Interfaith Community

# Community Bulletin Board 1

The following public announcements are for interfaith meetings and activities sponsored by organizations within the community and are not specifically endorsed or sponsored by Fairfax County. These announcements are provided as a public service in the interest of expanding interfaith dialogue and goodwill. If you have an announcement you would like to share, please contact <a href="McSinterfaith@fairfaxcounty.gov">MCSinterfaith@fairfaxcounty.gov</a>

# Virginia Partners in Prayer & Prevention (P3) Disparities Grant

The Virginia Department of Health, Office of Health Equity is offering funding up to \$20,000 through the <u>Virginia Partners in Prayer & Prevention Disparities Grant</u>, funded by the Centers for Disease Control and Prevention. The purpose of the program is to advance health equity and address COVID-19 related health disparities by partnering with Faith-Based Institutions/Organizations to address social determinants of health as they relate to COVID-19 health disparities. <u>Application deadline: August 11, 2022, 5pm.</u> Applications may be submitted either electronically through <u>RedCap</u> or by hard copy. Please refer to <u>RFA 2022-03-OHE</u> for guidance.

# FACS' Summer of Action Bootcamp: Effective Grassroots Campaigning

Session 1 - Effective Grassroots Campaigning - Monday, July 25, 4-6pm

**Session 2 - Power Communicating** - Monday, August 15, 4-6pm. We'll do a deeper dive on writing opinion pieces and building access with decision makers and influencers through social media. Register here.

**Session 3 - En-ROADS Climate Solutions Simulator** - September 12, 4 - 6pm. Learn to use MIT and Climate Interactive's Climate Solutions Simulator. We'll also cover the current status of federal climate policies. **Register here.** 

# **Essay and Art Contest Sponsored by Tysons Interfaith**

The theme is "Out of Many One/Exploring Our Roots." Please circulate this to your congregations digitally or in hard copy, especially any children or youth programs you have this summer. The contest would be a great activity to do in connection with a Vacation Bible School, Youth Camp, or other youth-oriented activity.

#### THREE TOPIC AREAS FOR ESSAYS AND ART:

How My Heritage Has Impacted My Life My Family's Journey To/In America Welcoming People Who Are Different From Me

#### CONTEST DETAILS

- Submission Deadline: Midnight October 17, 2022
- Send essays to: <u>essay@tysonsinterfaith.org</u>
  - One page or 300 words or less
- Send scanned art to: art@tysonsinterfaith.org
  - Art submissions limited to one 8 1/2 x 11" page
- For each submission include the following in your email:
  - Full name, Email, Mailing Address, Age
  - Title of Essay or Art Entry
  - Category: Essay or Art (For Art submissions also state the medium used, i.e, Painting, Drawing, Mixed Media, Digital Art, or Original Photography)

By submitting an entry, you consent to Tysons Interfaith sharing your essay or art, with your name, on the Tysons Interfaith website and in local newspapers.