

Partners in Prevention Fund

Program: **CATCH My Breath**

Site: _____

Participant Code: _____

Today's Date: _____

CATCH My Breath Survey

1. **What grade are you in?**
 - A. 5th
 - B. 6th
 - C. 7th
 - D. 8th
 - E. 9th
 - F. 10th
 - G. 11th
 - H. 12th
2. **How old are you?** _____
3. **Are you:**
 - A. Female
 - B. Male
 - C. Non-binary or other
4. **What do you consider yourself to be?**
 - A. Hispanic or Latino
 - B. Not Hispanic or Latino
5. **What do you consider yourself to be? (Select one or more.)**
 - A. American Indian or Alaskan Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or other Pacific Islander
 - E. White
 - F. Other
6. **Do you live with someone who smokes inside or outside your house? (That person must live with you in your home, not including visitors or neighbors.)**
 - A. Yes
 - B. No
 - C. I don't know
7. **Do you live with someone who vapes (uses e-cigarettes, JUUL) inside or outside your house? (That person must live with you in your home, not including visitors or neighbors.)**
 - D. Yes
 - E. No
 - F. I don't know
8. **Have you ever tried cigarettes?**
 - A. Yes
 - B. No
 - C. I don't know
9. **Have you ever tried E-cigarettes (like JULL)?**
 - A. Yes
 - B. No
 - C. I don't know
9. **Do you think you will ever try E-cigarettes?**
 - A. Yes
 - B. No
 - C. I don't know
10. **Nicotine is addictive and harmful to the body.**
 - A. True
 - B. False
 - C. I don't know
11. **When you are addicted to something, you lose control.**
 - A. True
 - B. False
 - C. I don't know
12. **Are E-cigarettes more, equal or less harmful than combustible cigarettes?**
 - A. E-cigarettes are more harmful than combustible cigarettes
 - B. E-cigarettes are equally harmful as combustible cigarettes
 - C. E-cigarettes are less harmful than combustible cigarettes

13. E-cigarette vapor contains mostly water.

- A. True
- B. False
- C. I don't know

14. Most E-cigarettes, including JUUL, contain nicotine.

- A. True
- B. False
- C. I don't know

15. How much nicotine is in a JUUL compared to other E-cigarettes?

- A. More than other E-cigarettes
- B. About the same
- C. Less than other E-cigarettes
- D. I don't know

16. It is illegal for teens under 21 to use E-cigarettes.

- A. True
- B. False
- C. I don't know

17. Direct pressure is advertising that everyone knows is paid for by the tobacco or E-cigarette industry on bill boards, magazines, television, and on the internet.

- A. True
- B. False
- C. I don't know

18. Indirect pressure is advertising that hides who paid for the advertising and often doesn't even look like advertising.

- A. True
- B. False
- C. I don't know

19. Which of the following is NOT a smart exit strategy refusal strategy?

- A. Just say no!
- B. Stand tall with nonsmoking friends
- C. Put someone down for using E-cigarettes
- D. Add some humor
- E. I don't know

How much do you agree with the following statements?

20. I would enjoy vaping.

- A. Strongly Agree
- B. Agree
- C. Disagree
- D. Strongly Disagree

21. Vaping would help me to deal with problems or stress.

- A. Strongly Agree
- B. Agree
- C. Disagree
- D. Strongly Disagree

22. Vaping will help me make new friends.

- A. Strongly Agree
- B. Agree
- C. Disagree
- D. Strongly Disagree