

Healthy Youth Prevention Education (HYPE)

Fidelity Instrument

The following instrument is designed to provide information about how you are implementing HYPE. This information will be used as part of the HYPE evaluation for both program improvement (e.g., to modify sessions that are not well received or add to sessions that may be lacking in content) and to provide a context for interpreting the pre-posttest survey results.

Please complete this form after every program session. It is important that you complete the instrument as soon after each session as possible. Completing the instrument immediately after each session will help ensure that information about the session is still fresh in your mind.

Thank you very much for taking the time to provide this important information.

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Session 1

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

- Identify and define the 6 forms of dating violence
- Use the wave of abuse to explain how and why people may stay in abusive relationships, and how it can look over time
- "How to help" section
- "Safety plan" section
- "Resources" section
- Other (list):

3. Please indicate to what extent you addressed the session components.

- Not at all Somewhat Mostly Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

- No Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Session 2

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

- Activity 1: Wave of Abuse
- Activity 3: The Blame Game
- Activity 4: Josh & Sara bystander intervention activity
- Other (list):

3. Please indicate to what extent you addressed the session components.

- Not at all Somewhat Mostly Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

- No Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Session 3

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

- Identify and define the 5 circles of sexuality
- Display and review the Consent "FRIES" graphic
- Show at least two videos (For middle school students: "Consent as Tea" and "When Someone Isn't Into It." For high school students: the entire series.)
- Other (list):

3. Please indicate to what extent you addressed the session components.

- Not at all Somewhat Mostly Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

- No Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Session 4

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

- Discuss sexual violence triangle and how attitudes/beliefs and sexism can lead to sexual violence
- Define gender norms and gender roles and discuss examples
- Closing Activity: How Gender Hurts. Display "48 Things Women Hear in a Lifetime" video and the "Mask You Live In" scenes (or a masculinity-related TED Talk)
- Other (list):

3. Please indicate to what extent you addressed the session components.

- Not at all Somewhat Mostly Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

- No Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Session 5

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

- Dating bingo
- Transition: Conversation on dealbreakers and Activity 1: Take It or Leave It (prompts can be modified)
- Activity 3: Relationship Values Auction (values can be modified)
- Other (list):

3. Please indicate to what extent you addressed the session components.

- Not at all Somewhat Mostly Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

- No Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Session 6

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

- Activity 3: Self-Esteem Box
- Jealousy and Trust Activity 1: Materials of a Relationship (activity and debrief)
- Jealousy and Trust Activity 2: Jealousy Triangle and Jealousy Voting Values (activity and debrief; values can be modified)
- Other (list):

3. Please indicate to what extent you addressed the session components.

- Not at all Somewhat Mostly Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

- No Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Session 7

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

- Check-In: Define four types of communication
- Icebreaker: Talk to Me (activity and debrief; pictures can be changed)
- Activity 3: Creating "I" Statements
- Other (list):

3. Please indicate to what extent you addressed the session components.

- Not at all Somewhat Mostly Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

- No Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.

Session 8

Program Code: _____

Instructor's Name: _____

Community Organization: _____

Session Date: _____

Number of Participants: _____

1. How long did the session last? _____

2. Please check all of the topics addressed/activities completed during this session:

Review Game (DSVS-specific question can be modified)

Other (list):

3. Please indicate to what extent you addressed the session components.

Not at all

Somewhat

Mostly

Completely

4. Based on your responses to Quest 3, above, if there are components of the session that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

5. Are there topics you covered during this session that are not part of the curriculum?

No

Yes (If you checked "Yes," please identify each topic and the activities (e.g., discussion, role play, invited speaker) used to address each one.)

6. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing the session?

7. Did any of the participants come forward to seek help, get additional information, or ask questions after the session? If yes, please explain.