

FAIRFAX COUNTY



PARTNERS IN PREVENTION FUND



FY2017 ANNUAL REPORT



Thank you for your support of the Partners in Prevention Fund. We are very excited about the recent growth of the fund. We have a record number of Capacity Building Grantees, dramatically expanding the reach of evidence-based programming into our community. Systems change supported by the Fund is leading to improved services within the county and the community. Because of Fund activities, the prevention workforce is finding new ways to connect with each other, share best practices, and increase the reach and impact of prevention services. We are realizing our goal of the Fund as a key strategy to build our collective capacity to promote youth development."

Patricia D. Harrison, Deputy County Executive

About \$560,000 was invested through the PIPF in FY 2017, helping to reach children and youth, strengthen systems and collaborative approaches, and implement innovative ideas that will prove to be considered key services in the near future. This report highlights many of these successes, and which of the community outcomes they address.

The Partners in Prevention Fund (PIPF) was established in 2006. Then-County Executive Tony Griffin, in a memo to the Board of Supervisors, described the PIPF as a means to "support a primary prevention-based system [that] can build the community's capacity and augment the county's overall prevention efforts.... This initiative is a creative way to direct existing resources to target prevention needs that are systemic in nature and, with collaboration from multiple agencies and the community, lend themselves to a greater opportunity for countywide impact."

Throughout its history, the PIPF has primarily funded grants to community-based organizations to implement evidence-based prevention programs. But in recent years, the fund's emphasis on capacity building - through the grant program and other mechanisms - has increased. The PIPF is now a key funding source for systems change, networking, and professional development opportunities.

The PIPF is funded annually through Carryover appropriations from the county's health and human services agencies. The use of funds is managed by the Department

of Neighborhood and Community Service Prevention Unit, with guidance from the PIPF Advisory Team, which includes representatives of the funding agencies. PIPF funds initiatives in three general categories:

- *Community Capacity Building:* Funding provides training, technical assistance, capacity building, and payment to community-based organizations and child care providers to implement effective prevention programs in their communities.
- *Strategic Initiatives:* Funding supports cross-system and interdisciplinary efforts to improve services and outcomes for children, youth, and families across the county.
- *System Capacity Building:* Funding provides county health and human services agencies one-time opportunities to train staff and pilot new approaches and programs to determine their effectiveness and feasibility, without having to divert existing agency funds.

The categories and initiatives were identified by the Advisory Team and staff as those with the greatest potential impact, providing the best opportunity to move the system forward. In all cases, investments leverage existing funds or resources in order to increase reach or expand capacity.

While the broad goal of the PIPF is to build the system's capacity, the reason for building capacity is to improve outcomes for all of Fairfax County's children and youth. In 2015, the Successful Children and Youth Policy Team identified eight key outcomes for all children and youth in Fairfax County:



Children get a healthy start in life.



Children enter kindergarten ready to succeed.



Children and youth succeed academically.



Children and youth are healthy.
Children and youth are physically healthy.
Children and youth are socially, emotionally, and behaviorally healthy and resilient.



Children and youth are safe and free from violence and injury.



Youth earn a post-secondary degree or career credential.



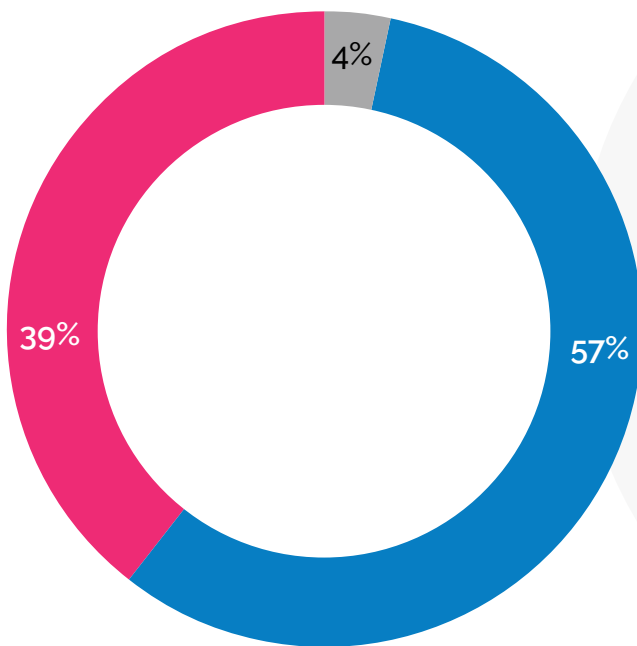
Youth enter the workforce ready to succeed.



Youth contribute to the betterment of their community.

FY 2017 FUNDING BY CATEGORY

Community Capacity Building	\$319,224
Strategic Initiatives	\$219,705
System Capacity Building	\$20,088



FY 2017 PIPF Advisory Team

Sharon Arndt, Health Department
Betsi Closter, Office for Children
Samantha Gallo, Department of Housing and Community Development
Allison Lowry, Department of Family Services
Jamie MacDonald, Community Services Board
Barbara Martinez, Department of Administration for Human Services
Pallas Washington, Department of Neighborhood and Community Services
Heather Sarmiento, Office for Women and Sexual and Domestic Violence Services
Lori Winter, Juvenile and Domestic Relations District Court

PIPF Staff

Department of Neighborhood and Community Services: Kristen Brennan, Chrissy Cunningham, Jesse Ellis, Victoria Kairys, Jonathan Melendez

Department of Administration for Human Services: Cindy Clark, Michelle Wilhelm

www.fairfaxcounty.gov/neighborhood-community-services/prevention/partners-in-prevention

COMMUNITY CAPACITY BUILDING

PIPF Capacity Building Grant Program

The cornerstone program of the PIPF is the Capacity Building Grant Program (CBGP). The purpose of the CBGP is to increase the capacity of community-based organizations to implement prevention programs that align with countywide prevention priorities and strategies. While a side benefit of the CBGP is that more youth and families are served, the program's primary goal is capacity-building. Community-based organizations are provided grants (contracts) to implement evidence-based programs and receive training and technical assistance. At the end of the grant period, grantees are expected to have the capacity to implement prevention programs in an effective and efficient manner.



FY 2017 was the first year of a five-year contract cycle for 16 grantees, 9 of which are first-time CBGP participants. Because of the extended amount of time needed to establish the unprecedented number of awards, the grantees did not begin implementing programs until January 2017. Yet, over the course of just six months, they implemented a record 44 programs, serving over 800 youth and parents.

CPGP Programs

- CATCH Kids Club
- Media Smart Youth
- EatPlayGrow
- We Can! Energize Our Families
- Safe Dates
- Life Skills Training
- Lifelines
- Signs of Suicide
- Strengthening Families 10-14
- Families Reunite

As the map in next page shows, programs were primarily implemented in communities previously identified as higher need, such as Herndon, Baileys/Culmore, Central Springfield, and the Route 1 Corridor. Many of the grantees worked directly with existing initiatives, such as Opportunity Neighborhoods and Healthy Minds Fairfax, to target their services to populations in need.

A third-party evaluation reported that "Overall, programs produced positive results, with program staff and participants (parents and youth) reporting positive experiences and behavioral changes." Statistically significant improvements among participants, based on pre- and post-program questionnaires, validated the importance of the programs and the grantees' ability to effectively implement the programs in a culturally and linguistically diverse community.

While the PIPF funds training, direct service staff time, and materials, grantees provide much of what it takes to run these programs in-kind. It is estimated that the PIPF leveraged over \$109,000 in services and materials provided by grantees to implement CBGP programming.

A new component to the CBGP is the requirement that grantees develop and implement an annual capacity building plan. Despite the shortened first year of the grant, grantees successfully implemented a number of strategies, developed in consultation with Neighborhood and Community Services staff to meet each organization's unique needs. Strategies ranged from getting involved with regional and countywide initiatives, to attending trainings on grant writing and fundraising, to developing staff trainings on delivering trauma-informed services specifically to immigrant youth. This increased capacity among community organizations, when combined with the growth in programming through the PIPF and newly established linkages with other existing countywide initiatives, will increase their impact immediately and in the future.

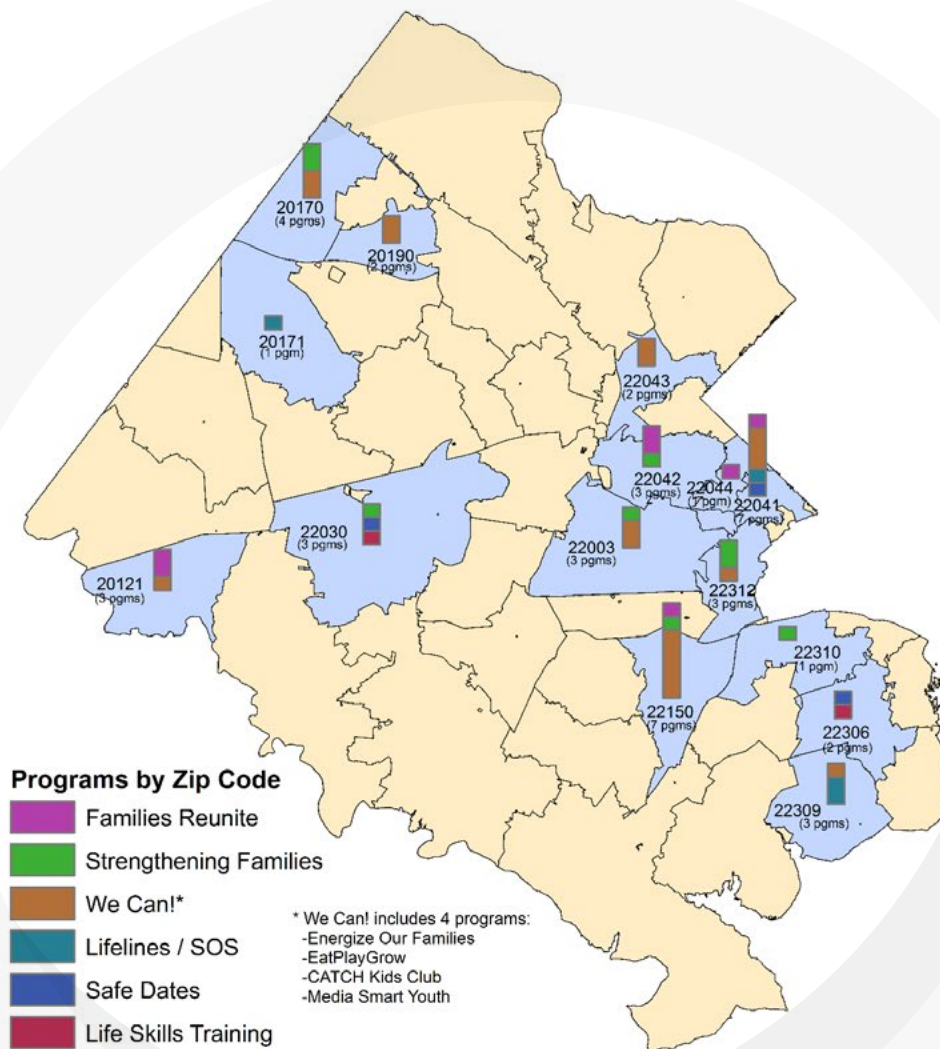
Capacity Building Grant Program:

CPGP Grantees

- Capital Youth Empowerment Program
- Centreville Immigration Forum
- Community Preservation and Development Corporation
- Cornerstones
- Destiny Temple of Faith
- Edu-Futuro
- FACETS
- Family Services Network
- Formed Families Forward
- First Baptist Church of Springfield
- Grace Community Center
- HACAN
- SCAN
- Second Story
- United Community Ministries
- Wesley Housing Development Corporation

See which programs each grantee offers at bit.ly/FFXPIPF.

Capacity Building Grantees implemented over 40 programs across Fairfax County, many targeted to areas of high need.



FY 2017 By the Numbers

PROGRAM	TIMES IMPLEMENTED	NUMBER SERVED	OUTCOMES
Families Reunite*	8	133	<ul style="list-style-type: none"> • Parental knowledge and attitudes that support healthy reunification
Life Skills Training	2	21	<ul style="list-style-type: none"> • Knowledge about the impacts of risky behavior • Knowledge of refusal skills and other life skills
Lifelines	1	12	<ul style="list-style-type: none"> • Knowledge about mental health and suicide, including warning signs • Willingness to act if a friend is in crisis
Safe Dates*	3	40	<ul style="list-style-type: none"> • Attitudes that support prevention of dating abuse • Knowledge about dating abuse and its consequences
Signs of Suicide*	3	35	<ul style="list-style-type: none"> • Knowledge about mental health and suicide, including warning signs • Willingness to act if a friend is in crisis
Strengthening Families**	9	253	<ul style="list-style-type: none"> • Awareness of healthy parenting strategies
We Can!			
CATCH Kids Club*	8	189	<ul style="list-style-type: none"> • Healthy eating behaviors • Knowledge about healthy eating and physical activity
EatPlayGrow**	5	76	<ul style="list-style-type: none"> • Awareness of healthy eating • Ways to be physically active
Energize Our Families*	1	13	<ul style="list-style-type: none"> • Parenting behaviors that support healthy eating and physical activity • Parental attitudes that support healthy eating and physical activity • Parental knowledge about healthy eating and physical activity
Media Smart Youth*	4	50	<ul style="list-style-type: none"> • Knowledge about healthy eating and physical activity • Attitudes that support healthy eating and physical activity • Media literacy

*Participants in these programs demonstrated significantly improved outcomes based on pre-test and post-test questionnaires.

**Qualitative evaluations of these programs indicated participants achieved intended outcomes.



CATCH Kids Club participants eager to show off the healthy snacks they created.



Parents and their young children explore healthy eating together in EatPlayGrow.



Medals of completion for Signs of Suicide let participants know "you make a difference."



Proud graduates of Families Reunite.

Portage Project



Portage Project is a curriculum that prepares children for success in kindergarten and beyond through ongoing assessment and individual planning. The program is implemented in early care and education settings, and has elements for infants and toddlers as well as pre-school-aged children. Through the PIPF, family child care providers are trained to implement the curriculum. They receive ongoing coaching and technical assistance as they implement the program.

Services are provided via contract through School Readiness Consulting, Inc. In FY 2017, 25 child care providers, reaching nearly 200 children, received training and coaching.

Providers are assessed using the Family Child Care Observation Instrument, which measures providers' practices in establishing an environment that promotes social emotional learning, planning for individual children's goals, employing effective instructional practices, assessing and reporting, and engaging parents and families. Providers' average FCCOI score coming in to the program was 2.32 (out of 3); by the end of the program, their average score is 2.66. This represents a 14% improvement based on the instruction and coaching they are receiving.

Each provider served represents another family child care home providing a quality early care and education experience for Fairfax County's children and families.

Strategic Initiatives

Operation Medicine Cabinet Cleanout



The PIPF supported two prescription drug take-back days by printing promotional posters and other materials. The events are a partnership of the Unified Prevention Coalition, Fairfax County Police, the Community Services Board, local

pharmacies, the US Drug Enforcement Administration, and others. Over three tons of medications were disposed in Fairfax over the two take-back days, preventing potentially dangerous drugs from reaching those who could accidentally or purposely abuse them.



The Unified Prevention Coalition Youth Council helped publicize Operation Medicine Cabinet Cleanout.

Suicide Prevention Public Service Announcements



Now playing in movie theaters, on cable TV and over the Internet throughout Fairfax County are [three PSAs](#) developed by the Health Department in collaboration with PRS CrisisLink, the Community Services Board, and numerous youth and young adults. The development and placement of the spots, which encourage parents and youth to reach out for help when a young person is in mental distress, were supported in part by the PIPF. In FY17, PRS CrisisLink received 4,927 calls and 1,115 texts. The majority of texters were under the age of 21 with a mental health provider at the time of their connection; 8 youth who texted required lifesaving interventions. The PSAs are one part of a multi-faceted outreach strategy to promote use of CrisisLink's services, led by Fairfax County, Fairfax County Public Schools, and their many partners.

Collective Impact Approach to Attaining Outcomes for Children and Youth



The [Fairfax County Successful Children and Youth Policy Team](#) (SCYPT) works to set community-wide goals and priorities for public policy as it relates to children, youth and families. They serve as a policy team guiding collective impact approaches on issues such as school attendance, racial and social equity, behavioral health, and school readiness.

The PIPF has supported the SCYPT and its work by sponsoring facilitation and technical assistance support from the Forum for Youth Investment, a national leader in youth development and working with local leadership to affect change.

A recent evaluation of the SCYPT illustrated high praise for FYI's role, as members noted the importance of independent facilitation to achieving the team's goals.

"This collective impact approach taps into the strengths of people; they are being heard, included. In my short time, there are so many individuals with skills and expertise that allows us to come together. We can tap into all this in a cohesive way."

"The independent facilitation is crucial" to the SCYPT's effectiveness.

Quotes from members of the SCYPT.



SCYPT members discuss local data at an all-day retreat.

Out of School Time Network



The Fairfax County Out of School Network was able to offer free trainings to public, private and non-profit providers of out of school time programs. Having participated in the Weikart Center's Youth Work Methods Train the Trainer in early FY 2017, the network is now able to offer powerful strategies for working with young people through 10 interactive and hands-on workshops. The first in the series of workshops, Introduction to the Active-Participatory Approach, was offered in the spring of FY 2017. Both offerings of the workshop were at capacity, reaching over 50 partners representing 20 different organizations. Participants responded

positively to post-workshop evaluations, mentioning learning new techniques for planning and facilitating programs that they can use at their home organizations. In April, a work session was held to discuss network structure that included mobility between a tiered structure depending on organization capacity, best practices, and the potential of data sharing between organizations. FY2018 will continue to see trainings offered ranging from the Youth Work Methods, Project Based Learning, and Trauma Informed Care.



OST Network members participate in a training.

Promoting Racial and Social Equity



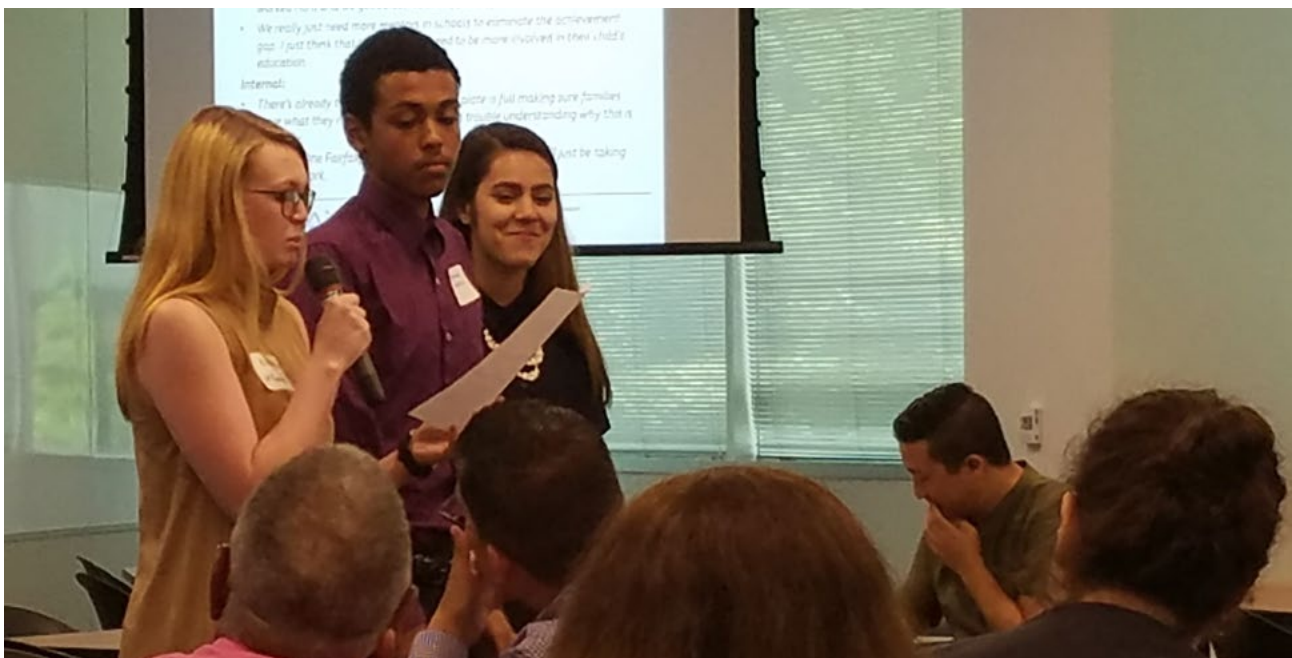
In July 2016, the Board of Supervisors and School Board adopted a “One Fairfax” resolution that put forward the vision of an equitable community – where everyone can participate and prosper. Additionally, the

resolution directed County and School staff to come back to the Boards with a racial and social equity policy and recommended strategic actions to advance opportunities and achieve equity that includes intentional collective leadership, community engagement, equity tools, and infrastructure to support and sustain systemic changes and shared accountability.

The PIPF helped to support the policy development process with technical assistance from the [Government Alliance on Race and Equity](#) (GARE) that brought the government and school systems

together, working collectively to develop an over-arching equity policy for all publicly delivered services. GARE is a joint project of the Center for Social Inclusion and the Haas Institute for a Fair & Inclusive Society, and supports a growing national network of local and regional governments intentionally focused on policy and institutional strategies that help to achieve equity and advance opportunities for all. As a part of the policy development process, cross-organizational teams were formed that included an Executive Leadership Team, a Coordinating Steering Group and a Policy Development Workgroup.

It is anticipated that in Fall 2017, both boards will consider the One Fairfax policy for adoption. Fairfax is among the first (if not the first) jurisdictions to take on a joint government and schools equity policy.



Youth voice is a key element of GARE workshops.

Trauma-Informed Community Network



Launched in early FY 2016, the [Fairfax County Trauma-Informed Community Network](#) has over 75 members representing more than 25 different organizations, including county human services agencies, Fairfax County Public Schools, and representatives from the faith, non-profit, and private provider communities. The network continued to focus their efforts this year on the development of training, on increasing communication and collaboration among organizations involved in the network, and on beginning to create support structures for the effective implementation of the principles of trauma-informed care across the human services system. The PIPF sponsored trainings and materials for TICN.

TICN hosted 40 sessions of their 90 minute Trauma Awareness 101 Training, reaching approximately 1,000 people. This year, two webinar versions of the Trauma Awareness 101 Training were made available, one focused on the child & youth serving workforce, and one focused on staff working in housing locator roles. These webinars have been viewed by over 250 individuals. The TICN also hosted four full-day sessions of their Trauma-Informed Supervisor Training, reaching over 80 supervisors from county human services agencies and their non-profit partners, as well as two training sessions focused on Secondary-Traumatic-Stress and self-care for over 175 FCPS staff. All TICN trainings were developed collaboratively by cross agency and cross disciplinary teams, and were offered free of charge to participants.

The TICN worked to increase community awareness of trauma and its impact by continuing to distribute the Trauma Awareness Fact Sheet that they developed and published, supporting mass printing of a trauma infographic poster from the

National Council for Behavioral Health that was also widely distributed, and hosting two screenings of the documentary *Resilience: The Biology of Stress and the Science of Hope*, attended by approximately 250 staff and stakeholders. Additionally, the TICN purchased a copy of the documentary and a license to screen it in a variety of settings. They have supported 15 screenings using this license, giving over 375 additional stakeholders an opportunity to view the film.

New this year, the TICN developed and published a Facility Review Checklist tool focused on creating Trauma-Informed Spaces across the county. To date, the tool has been used at 17 different service delivery sites across the county using a process that brings together small interdisciplinary teams to review each service environment with an eye on creating spaces that promote recovery and healing for survivors of trauma, and on creating work spaces that support the health and well-being of the staff who work in them.

The TICN continues to be a “go-to” network, and is the lead partner for multiple trauma-related initiatives in the new Children’s Behavioral Health System of Care Blueprint. As an action step on one of the Blueprint goals, the TICN sponsored a training for 60 senior leaders from County Human Services and Fairfax County Public Schools with an international expert on developing strong leadership in trauma-exposed work environments. The TICN is offering coordination and technical assistance to all of the agencies that participated in the training as they work to develop plans to implement the principles of trauma-informed care.



Part of the Partnership for a Healthier Fairfax

System Capacity Building

Parent Café

The Department of Family Services (DFS) piloted a Parent Café program based on the research-based World Café model. The Parent Café is a parent support group for anyone in a parenting role to build their own sense of competence and power by connecting with other parents who share common experiences, successes, and challenges. Through weekly group meetings, participants gain a sense of belonging as they connect with other parents, share coping strategies and parenting resources and advocate for themselves as parents.

Groups are parent-led with parents determining the topic of discussion for each meeting while a trained group facilitator plays a supportive role by guiding the discussion.



Three non-profits partnered to host a Parent Café at their community sites, allowing DFS to reach parents who typically do not participate in formal parenting classes. A total of five groups were held in the South County and North County regions of Fairfax, reaching over 60 parents.

Parents who participated in the program for six months showed improvement in self-reported family functioning, perceived social support, access to concrete support (e.g., goods and services), and parent-child attachment. DFS and their partners are currently exploring opportunities for continuing and expanding the model while also making changes to further improve outcomes.

MOST Club



Juvenile and Domestic Relations District Court (JDRDC) has partnered with the Office for Women and Domestic and Sexual Violence Services to implement the Men of Strength (MOST) Club at Boys Probation House (BPH). Developed by Men Can Stop Rape, the MOST Club is a primary violence prevention program designed to mobilize young men to prevent sexual and dating violence. Fifteen youth participated in the program at BPH. PIPF funding supported staff training and ongoing consultation and coaching from Men Can Stop Rape.

Data from pre-test and post-test questionnaires show the program has promise. For example, participants demonstrated strong improvements in the following areas (on a scale of 1 to 4):

- + **1.09** Disagree that a guy hitting his girlfriend is a private matter and that people shouldn't interfere.
- + **1.21** Believe they have a responsibility to make the world a better place.
- + **0.79** Care about how their actions might affect others.
- + **1.59** Would intervene to stop a fight, even if they were alone and the aggressor's friends were present.
- + **1.00** Saw people telling others to stop saying disrespectful things in the past three months.

Based on early success and interest at BPH, other county and interested after-school program providers will soon be meeting to discuss replication opportunities. JDRDC is also exploring replication of the club within other Court Services programs.

"The MOST Club has allowed our program to have a different dialogue with our clients regarding healthy masculinity, healthy intimate relationships, and non-violent alternatives to problem solving."

BPH staff member and MOST Club facilitator



Photo Credits

Fairfax County Department of Neighborhood and Community Services and Fairfax County Geographic Information Systems (CBGP map).

Community Development and Preservation Corporation (CATCH Kids Club).

Second Story (EatPlayGrow).

Family Services Network (Families Reunite).

Destiny Temple of Faith (Signs of Suicide).

Unified Prevention Coalition of Fairfax County (Operation Medicine Cabinet Cleanout).

Fairfax County Health Department, via YouTube (suicide prevention PSA).

Fairfax County Department of Neighborhood and Community Services (SCYPT retreat, OST Network training, GARE workshop).

Icons made by Freepik from www.flaticon.com.



Fairfax County Department of Neighborhood and Community Services
bit.ly/FFXPIPF
[@ffxyouththrive](https://twitter.com/ffxyouththrive)



Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call 703-324-4600, TTY 711.

A Fairfax County, Va., publication
January 2018

