

Fairfax Area Coordinating Council for Aging and Adults with Disabilities
Social Connection Ad Hoc Committee Meeting
Wednesday, February 5, 2025
1:00 – 3:00 p.m.
Virtual

Agenda
Creating the Fairfax Culture of Connection
CCAAD Pilot Kickoff

1:00 pm - **Call to Order** - Carolyn Cukierman, Committee Chair

Motions to Proceed with Electronic Meeting - Carolyn

1:05 pm - **Partner Introductions**

- Name, Representing Organization, Describe your work and/or the work of your organization

1:45 pm – **Pilot Review** - Dorothy Keenan

- Purpose, Scope, Objectives of this meeting
- Agenda
- Timeline
- Responsibilities

1:55 pm - **Explain Quarterly Events** - Dorothy Keenan

2:00 pm - **Introduction to Guidebook** - Dorothy Keenan

2:10 pm - **Art of Engagement/Model the Behavior** – Carolyn Cukierman

2:15 pm - **Small group discussions** (3 groups)

2:30 pm - **Report out of Discussions**

2:45 pm - **Decisions and Wrap Up**

3:00 pm – **Adjourn**

Proposed Meeting Dates

1st Quarterly Pilot Partner Meeting

Thursday, March 13, 2025 – Virtual

2nd Quarterly Pilot Partner Meeting

Thursday, June 12, 2025 – Virtual

3rd Quarterly Pilot Partner Meeting

Thursday, September 11, 2025 – Virtual

4th Quarterly Pilot Partner Meeting

Thursday, November 13, 2025 – Virtual

Fairfax County is committed to a policy of nondiscrimination in all County programs, services and activities and will provide reasonable accommodation upon request. To request special accommodation, call Season Zellman, 703-246-8962 or 711 (TTY Relay). Please allow five working days in advance of the event to make the necessary arrangements.

Committee Goal

To enhance the lives of older adults and adults with disabilities by increasing social connectedness and decreasing social isolation

Objective 1: Gather and disseminate information to CCAAD members and others about the role social connectedness plays in the well-being of older adults and adults with disabilities

Action Steps:

- Locate existing data that demonstrates that social connections among older adults and adults with disabilities is a positive social determinant of health.
- Locate existing data that defines the impact and extent of social isolation among older adults and adults with disabilities.
- Identify existing research that defines the causes of social isolation among older adults/adults with disabilities

Objective 2: Educate CCAAD members and others about social isolation prevention strategies including existing programs and solutions for gaps in services in the Fairfax Area

Action Steps:

- Learn about existing programs and services that support social connection for older adults and adults with disabilities
- Identify gaps in social connection programs in the Fairfax Area and help create solutions
 - Identify what barriers exist to eliminating social isolation among older adults and adults with disabilities in the Fairfax area
 - Are there equity barriers?
 - Are there any technology barriers?
 - Explore partnerships among community-based organizations to fill the gaps
 - Explore the use of volunteers to fill gaps