

FAIRFAX AREA LONG TERM CARE COORDINATING COUNCIL (LTCCC)



IDENTIFYING GAPS AND FINDING SOLUTIONS

MESSAGE FROM THE CHAIR

The Fairfax Area Long Term Care Coordinating Council (LTCCC) is celebrating 20 years of bringing together a volunteer group of community leaders inspired to positively impact the lives of vulnerable older adults and adults living with disabilities.

Based on grass-roots momentum and collective compassion, the LTCCC continues to bring generations of community leaders together, all of whom share a passion and an eagerness to help identify common unmet needs and develop projects which serve the greater Fairfax community.

Inequities experienced by vulnerable populations are often better addressed when members across the human services continuum collaborate. In alignment with one of the strategies in the Fairfax Countywide Strategic Plan, LTCCC provides an opportunity for engaging community-based partners to coordinate and address the needs of older adults and adults with disabilities. With a collaborative and collective mindset, The LTCCC has been supportive of the initiatives of the Fairfax 50+ Community Action Plan and the SHAPE the Future of Aging Plan. As the first BAC to designate an Equity Champion to One Fairfax, LTCCC has been a thought leader in the community and further established Committee on Equity on Aging and Disabilities to support the One Fairfax Policy implementation throughout our community of influence.

As the current Chairman of LTCCC, I am honored to share our recent highlights and accomplishments from the past 10 years, and recognition of the impressive individuals who have served on our Council. I am proud to contribute and be part of the LTCCC's future goals and collaborate with other community leaders so that all individuals may thrive in Fairfax County in the years to come.



ROSE MARIO-RISLEY, MPH, CHAIR
FAIRFAX LONG TERM CARE COORDINATING COUNCIL
DECEMBER 2022

VISION

Inclusive, supportive community of all ages and abilities in the Fairfax area.

MISSION

Identify needs and promote solutions and enhance the lives of older adults, adults with disabilities, and caregivers so all can participate fully in the community.

GUIDING PRINCIPLES

- Advance equity and diversity.
- Advocate for creative solutions.
- Educate funders and policy makers.
- Increase collaboration and community partnerships.
- Raise awareness of long term care needs.

HIGHLIGHTS AND ACCOMPLISHMENTS

- To ensure that the LTCCC was proactively mindful of the One Fairfax Framework, adopted in 2017, it designated a LTCCC One Fairfax Champion to share information and considerations for equity in decision-making and in the development and delivery of future policies, program, and services. The LTCCC was the first BAC to establish this position.
- To address racial injustice, the LTCCC established the LTCCC Equity in Aging and Disabilities Committee in August 2021 to educate and promote best practices in applying an equity lens to aging and adult disability services aligned with the One Fairfax Policy ensuring access and support that people need according to their personal situation.
- To address inclusive participation, the LTCCC began to intentionally conduct targeted member recruitment.
- To improve access for all at LTCCC meetings, the LTCCC researched disability accommodations available within meeting spaces in public buildings across the county, targeting underrepresented areas.
- In the first year of the COVID-19 pandemic, the LTCCC quickly adjusted to operate virtually with the participation of many members. A COVID-19 Impact & Response Committee was created to identify and create solutions to the impact on older adults and adults with disabilities. In 2022, recognizing the “new normal,” this committee was replaced with a Social Connection Committee.

- To address social isolation among older adults/adults with disabilities, the LTCCC COVID-19 Impact & Response Committee, created a Friend Mobile Program Concept. This concept won a Fairfax County 50+ Competition, was given special acknowledgement at a Board of Supervisors meeting and was acknowledged by the Partnership for a Healthier Fairfax (PFHF). A member organization of the LTCCC is operationalizing the program.
- To advocate for affordable, accessible housing for adults and disabilities and older adults, the LTCCC Housing Committee produced a comprehensive report outlining projected housing needs and recommendations for these populations that was presented to the BOS.
- Led the organization and delivery of a free, community-wide Living Well Aging Well Summit with an attendance of 994 in its inaugural year. For subsequent summits, collaborated with a community-based organization to produce a similar event every other year thereafter.
- To address access to older adult resources, the LTCCC Community Resources Education Committee planned and delivered several community resource education events, targeting communities that are less likely to contact the county.
- To support affordable aging-in-place, LTCCC members compiled information and created a Fairfax County Home Share Guidebook that is housed on the Fairfax County Older Adults “one-stop” webpage. This project, aligned with an initiative in the BOS 50+ Plan, provides advice on how to safely share a home.

- To ensure that those with special needs could receive appropriate public safety responses, advocated for the county to acquire a pre- 911 program.
- To increase the number of accessible taxis in the county, the LTCCC Mobility and Transportation Committee, a joint committee with the Disability Services Board (DSB), successfully advocated before the Taxi Commission resulting in a significant increase.
- Supported revisions to the county's tax relief program that enabled more older adults and those with disabilities to have affordable reductions or deferments.
- Because of the growing needs for young adults with autism, the LTCCC cultivated a partnership between two LTCCC member organizations, the Jewish Social Services Agency (JSSA) and Specially Adapted Resource Clubs (SPARC), resulting in the inclusion of young adults with autism into SPARC's programs.
- Because of LTCCC member expertise leading community-based organizations, requested and was granted the opportunity to appoint a LTCCC member to the Consolidation Community Funding Pool (CCFP) Advisory Committee.
- Advocated for an increase in affordable assisted living units for individuals with modest incomes and those qualifying for Auxiliary Grants, often commenting when zoning applications were received for new or expanding assisted living communities.

BACKGROUND

In 2002, the Board of Supervisors chartered the Long Term Care Coordinating Council (LTCCC) to identify gaps and collaborate to create solutions for older adults and adults with disabilities in Fairfax County. Solutions created by the LTCCC are often operationalized through LTCCC committee work projects or via community-based organizations, many of which are LTCCC member organizations. The LTCCC participates in fulfilling initiatives in the BOS 50+ and SHAPE Plans. The LTCCC also serves as the Local Advisory Committee for Virginia's No Wrong Door program.

LTCCC members, who are confirmed by the Board of Supervisors, comprise of citizen leaders of community-based organizations and interested individuals, who advocate for or provide services to older adults and adults with disabilities. To increase collaboration, representatives from the Commission on Aging, Community Services Board, Disability Services Board, and the Health Care Advisory Board serve on the LTCCC.



Fairfax Area LTCCC Members

Rose Mario-Risley, Chairman and S. Orlene Grant, Vice Chairman

As of December 2022

May Al-Barzinji

MKM Recruiting

Debi Alexander

SPARC

Phil Beauchene

Health Care Advisory Board

Doug Birnie

Transportation Advocate

Sharon Canner

Reston for a Lifetime

Naina Narayana Chernoff

Inclusive Pathways to Success

Rose Chu

Health Care Advisory Board

Christi Clark

Harpeth Consultant Advisory Group

Cathy Cole

Commission on Aging

Kenneth Crum

Service Source, Inc.

Carolyn Cukierman

Consult CLC

Rikki Epstein

The Arc of Northern Virginia

Nancy Fiedelman

Jewish Council for the Aging

S. Orlene Grant

Juanita C. Grant Foundation

Sabrina Hsu

Chinese American Community Health Services

Megumi Inoue

GMU School of Social Work

Dorothy Keenan

Grand Involve

Chris Leonard

Deputy County Executive

Anita Light

City of Fairfax

Courtney Cezair Mayers

Disability Services Board

Eileen McCarten

Northern Virginia Resource Center for Deaf and Hard of Hearing Persons

Robin McGlothlin

Insight Memory Care

Karen McPhail

Aging Rainbows & Elementals, LLC

Stephen Morrison

AARP

Myles Nienstadt

Many the Myles Consulting LLC

Courtney Nuzzo

The Lewinsville Residences

Mary Jayne Panek

CRI, Inc.

April Pinch-Keeler,

MVLE, Inc.

Ayeshia Quainoo-Tefera

The Ultimate Care, LLC

Doris Ray

ENDependence Center

Aaron Rebuck

Birmingham Green

Brenda Richardson

Service Source, Inc.

Rose Mario-Risley

The Lewinsville Residences

Bob "Sarge" Sargeant

Fellowship Square Foundation

Judy Seiff

Chesterbrook Residences

Chuck Thornton

Advocate for Older Adults

Linda Watkins

Inova Trauma Outreach

Diane Watson

Spring Hill Community (Village)

Ron Wiersma

Friend 2 Friend International

Loretta Williams

Elder Law Attorney

Pat Williams

Graceful Care, Inc.

Marie Woodard

Aging Life Care Manager

STAFF

Patricia Rohrer

Season Zellman

LTCCC MEMBERS AWARDS AND RECOGNITIONS

Bestowed for members who served at least one 2-year term in the past 10 years:

April Pinch-Keeler, Executive Director of MVLE, Inc

Business of the Year (2018), Martha Glennan Disability Inclusion & Equality Awards Received
Virginia State Senate resolution for 50 years of service to adults with disabilities

Christi Clark, Executive Director of Insight Memory Care Center

Ruth Von Behren Award Winner (2018), National Adult Day Services Association

Courtney Nuzzo, Executive Director of The Lewinsville Retirement Residences

Non-Profit Executive of the Year (2018), Mclean Chamber of Commerce Leading Age
Advocacy Award (2021), Leading Age Virginia

Dorothy Keenan, Founder of Grand Involve

VA Governor's Volunteerism & Community Service Award for Outstanding Community
Organization (2017) Best Practices Award (2019), Commonwealth Council on Aging
Fairfax County Volunteer Service Award for Education and Literacy (2021), Volunteer Fairfax

**Eileen McCarten, Executive Director of Northern Virginia Resource Center (NVRC) for Deaf
and Hard of Hearing Persons**

Received third place for the Commonwealth Council on Aging Awards.

Dr. Heisung Lee, Founding Director of the Korean Central Senior Center

AARP Andrus Award for Volunteerism

Karen McPhail, Executive Director of Aging Rainbows

Excellence in Memory Care Award (2022), Insight Memory Center

Nancy Mercer, Founder of Incl(US)ion Consultants, LLC

Lifetime Achievement Award (2018), Martha Glennan Disability Inclusion & Equality Awards

NV Rides, operated by the Jewish Community Center of Northern Virginia

First place for the Commonwealth Council on Aging Awards.

Pam Wiener, Executive Director of Jewish Community Center of Northern Virginia

Non-Profit of the Year (2018), Martha Glennan Disability Inclusion & Equality Awards

Patricia D. Williams, Founder Graceful Home Care

Appointed Assistant Governor Area 11, Rotary Club

Rikki Epstein, Executive Director of The Arc of Northern Virginia,

Honored with a Board Resolution (2022) recognizing 11 years of leadership for The Arc of
Northern Virginia, which is celebrating 60 years of advocating for and serving individuals
with Developmental (DD) and Intellectual Disabilities (ID) and their families

S. Orlene Grant, President, Founder and CEO of Juanita C. Grant Foundation

Invited to serve on the National Council on Aging's (NCOA) Equity in Aging Coalition.

Elected to serve on the National Insurance Alliance (ANI) Board of Directors for Non-Profits
(2021.)

Steve Morrison, MCVA, A Village for All Ages

Volunteer Spotlight (2019), AARP Virginia

PREPARED BY

FAIRFAX AREA LONG TERM CARE COORDINATING COUNCIL 2022



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www.fairfaxcounty.gov/neighborhood-community-services/long-term-care

Fairfax County is committed to providing equal access to all its citizens and activities.
Where a TTY number is not indicated, use 711/ Virginia Relay.
Reasonable accommodations made upon request; call 703-324-8000.