



Fairfax County

# Neighborhood & Community Services

[www.fairfaxcounty.gov/neighborhood-community-services](http://www.fairfaxcounty.gov/neighborhood-community-services)

## Cathy Hudgins Community Center at Southgate

**Hours:** Monday- Thursday: 9 a.m. –9 p.m.

Friday: 9 a.m. – 10 p.m.

Saturday: Noon – 10 p.m.

**Address:** 12125 Pinecrest Road  
Reston, VA 20191

**Phone:** 703-860-0676, TTY 711

Schedule is subject to change. Please call the facility for the most updated information.

### March, April & May 2024

#### PROGRAMS / ACTIVITIES

Title	When	Time	Description
Tot Time	Tuesday	10:15 – 11:45 a.m.	Please join us for our new tot time. This drop-in playgroup encourages caretakers, guardians, and preschool-aged children to socialize with one another. The center’s indoor gym will be open for free play. Toys, games, books, and music will be provided. Children must always be supervised by caretaker/guardians.
TEENs In Action – Summer Break	June - August	8:30 a.m. – 5 p.m.	Teens in Action offers an engaging, healthy, and affordable recreation program for youth ages 12 to 18 to learn, play and serve. Activities include team sports, games, arts and crafts, STEM (Science, Technology, Engineering and Mathematics) programming, service projects, cultural field trips and much more! Free nutritious lunches and snacks are served.
Senior Program	Tuesday & Thursday	9am – 3pm	Senior activities board games, music, art, exercise.

Computer Clubhouse After-school Program	Monday-Friday		Make your ideas come alive at the Clubhouse Network. Hang out with friends, work on projects together and use exciting new technology. The Clubhouse Network provides a creative and safe after-school learning environment where young people work with adult mentors to explore their own ideas, develop skills, and build confidence in themselves, through the use of technology. Participants must be registered in the After-school Program.
Teen Computer Clubhouse, Project, and Additional Study Time	Monday - Friday	6:15 – 7:45 p.m.	Engage and make friends while sharing creative ideas and working on projects in the computer Clubhouse. Access to fun activities such as VR and XBOX games. If you have any ideas for new or updated programs, stop by the front desk.
Adults and Seniors Open Lab	Monday-Friday	Noon – 2 p.m. 7:45 – 8:45 p.m.	Ages 19+, participants can use the computers to access the internet, email, and print. One-on-one assistance is available.
Teen Open Gym  Teen Volleyball	Monday-Friday  Tuesday	See Description  6pm – 8pm	Monday-Friday 2:30p.m.- 3:45p.m. Wednesday- 7:45-8:45p.m.  Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information.
Family Open Gym	Saturday	See Description	Saturdays 12pm -3pm  Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information.
Adult Open Gym	Friday	See Description	Friday 8pm – 10pm Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information.
Adult Pickleball	Monday, Tuesday, and Thursday	1 p.m. – 3 p.m.	Pickle ball net, balls and paddles are provided. If you're a beginner or a rising star, come out and meet new friends or hang out with your friends at our free court. All LEVELS WELCOME!!

CLASSES			
Title	When	Time	Description
Yoga for All	Monday and Wednesday	10 – 11 a.m.	All levels welcome our gentle yoga. (Wednesday Bilingual- Spanish)
Family Zumba	Wednesday	6 – 7 p.m.	Achieve your health goals and reconnect with your community with some Zumba dancing! Zumba combines Latin and International music with a fun and effective workout system. Perfect for everyone!
Community Meetings and Events			
Title	When	Time	Description
Advisory Council Meeting	Tuesdays: <ul style="list-style-type: none"> <li>June 4</li> <li>July 2</li> </ul>	7 – 8:30 p.m. <i>(in-person &amp; Virtual)</i>	Cathy Hudgins Community Center at Southgate Advisory Council Meeting will be held virtually. Please contact the center for more information and for the meeting link.
Capital Mobile Food Bank	Saturdays: <ul style="list-style-type: none"> <li>June 8</li> <li>July 13</li> <li>August 10</li> </ul>	8 – 11 a.m.	Cathy Hudgins Community Center at Southgate is one of the locations for the Mobile Market Program; this food bank can deliver fresh produce monthly to high-needs neighborhoods throughout the DC metropolitan area. 88 Mobile Market locations are currently operating in partnership with community organizations. Cathy Hudgins Community Center is proud to have this resource here in your community. These Mobile Marketplaces are operated monthly in a farmer’s market style that distributes produce. They target high-density areas with high rates of food insecurity, spotlight community service providers and feature cooking demonstrations.
National Night Out / Backpack Giveaway	Tuesday, August 6	6 – 8 p.m.	<b>a community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer and improve quality of life.</b>
<b>Community Day</b>	<b>Saturday, August 24</b>	<b>Noon – 3 p.m.</b>	<b>Family fun, games, giveaway, everyone is welcome.</b>

Closings and Reminders

Title	When	Time	Description
Juneteenth	Monday, June 19	ALL DAY	The Center will be closed in observance of Juneteenth June 19.
Independence Day	Tuesday, July 4	ALL DAY	Center will be closed in observance of holidays.