



Fairfax County

Neighborhood & Community Services

www.fairfaxcounty.gov/neighborhood-community-services

Bailey's Senior Center

Address: 5920 Summers Lane
Falls Church, VA 22041

Hours: Monday – Friday, 8 a.m. to 4 p.m.

Phone: 703-820-2131, TTY 711

September, October & November 2024

PROGRAMS / ACTIVITIES

Title	When	Time	Description
Coffee News	Monday - Friday	9 a.m.	Enjoy your coffee and share with your friends the news of the day.
Fitness Center	Monday - Friday	8 a.m. – Noon	Utilize free weights or stationary machines.
Independent Games	Monday - Friday	9:30 a.m.	Join us to play independent games.
Arts & Crafts with Tots	2 nd Tuesday	10 a.m. – 11 a.m.	Seniors are basking in the joy of arts and crafts activities with toddlers.
SAIL	Wednesdays & Fridays	11 a.m.	Standing or sitting, participants will follow exercises focused on stretching, flexibility, relaxation, and breathing to increase their strength and endurance.
Gardening	Monday - Friday	9:30 a.m. – 10 a.m.	Picking produce and taking care of garden.
Board Games	Tuesdays	11:30 a.m.	Join with us to play fun and engaging

			board games.
Reading Buddies with Boys & Girls Club	Thursdays	12:30 p.m. – 1 p.m.	As the Boys & Girls Club youth members read stories and enthusiastically engage in discussions, they forge meaningful connections with their senior companions.
Knitting/ Crochet with Teens	Mondays	12:30 p.m.	Using knitting needles/ crochet needles to make beautiful scarfs, hats etc.
Table Games	Every Wednesday	12:30 p.m. – 2 p.m.	Gather to play table games in an organized fashion.
Pickleball	Tuesdays & Thursdays	Noon – 2 p.m.	Senior Center membership is required. Pickleball is a fun, social, and friendly game for all ages. It's easy to learn, with simple rules that beginners can quickly grasp. As players improve, the game becomes more competitive and strategic, adding an exciting challenge.
Jewelry Making	2 nd & 4 th Fridays	12:30 p.m.	Using different tools to make beautiful bead jewels.

CLASSES

Title	When	Time	Description
Healthy Snacks & Nutrition Class	2 nd and 4 th Fridays	Noon	Learn and make health choices by making healthy snacks to eat.
Arts & Crafts	Every Wednesday	12:30 a.m.	Arts and Craft class where participants get to discover and showcase their artistic abilities
Tech Time	Tuesdays	10:30 a.m.	Bring your questions and your devices. Get the most out of your mobile device with help using your cell phone, tablet or laptop.

Cricut Lessons	Mondays	11 a.m.	Come learn to use the Cricut design machine to make shirts, mugs and more!
SPECIAL EVENTS/TRIPS			
Title	When	Time	Description
Necessity Trip: Walmart Supercenter (\$)	Thursday, September 5	10 a.m. – Noon	Necessity Trip for food and shopping
Nail-Spa Day	Tuesday, September 10	10 a.m.	Join with us to make your nails happy
Necessity Trip: Costco (\$)	Thursday, September 12	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Dollar Tree (\$)	Monday, September 16	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Dutch Village Farmers Market (\$)	Thursday, September 19	10 a.m. – 1 p.m.	Come and join us on this trip
Donut Tuesday	Tuesday, September 24	10 a.m.	Join with us to eat donut and coffee
Birthday Celebration	Friday, September 25	Noon	Celebrate the birthdays in September
Necessity Trip: Lidl (\$)	Thursday, September 26	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Walmart (\$)	Thursday, October 3	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Springfield Mall (\$)	Monday, October 7	10 a.m. – 1 p.m.	Come and join us on this trip
Nail-Spa Day	Tuesday, October 8	10 a.m.	Join with us to make your nails happy
Necessity Trip: Costco (\$)	Thursday, October 10	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Dutch Village Farmers Market (\$)	Thursday, October 17	10 a.m. – 1 p.m.	Come and join us on this trip
Donut Tuesday	Tuesday, October 22	10 a.m.	Join with us to eat donut and coffee
Necessity Trip: Dollar Tree (\$)	Thursday, October 24	10 a.m. – Noon	Necessity Trip for food and shopping
Birthday Celebration	Friday, October 30	Noon	Celebrate the birthdays in October
Necessity Trip: Giant (\$)	Thursday, October 31	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Botanical Gardens (\$)	Monday, November 4	10 a.m. – 1 p.m.	Come and join us on this trip
Necessity Trip: Walmart (\$)	Thursday, November 7	9:30 a.m. – Noon	Necessity Trip for food and shopping
Nail-Spa Day	Tuesday, November 12	10 a.m.	Join with us to make your nails happy
Necessity Trip: Costco (\$)	Thursday, November 14	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Five-Below (\$)	Monday, November 18	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Dutch Village Farmers Market (\$)	Thursday, November 21	10 a.m. – 1 p.m.	Necessity Trip for food and shopping
Donut Tuesday	Tuesday, November 26	10 a.m.	Join with us to eat donut and coffee
Birthday Celebrations	Wednesday, November 27	Noon	Celebrate the birthdays in November