



Fairfax County

Neighborhood & Community Services

www.fairfaxcounty.gov/neighborhood-community-services

Cathy Hudgins Community Center at Southgate

Address: 12125 Pinecrest
Road
Reston, VA 20191

Hours: Monday- Thursday: 9 a.m. –9 p.m.
Friday: 9 a.m. – 10 p.m.
Saturday: Noon – 10 p.m.

Phone: 703-860-0676, TTY 711

Schedule is subject to change. Please call the facility for the most updated information.

September, October, & November 2024

PROGRAMS / ACTIVITIES

| Title | When | Time | Description |
|----------------------------------|---------------|-------------------------|---|
| Tot Time | Friday | 10:15 a.m. – 11:45 a.m. | Please join us for our new tot time. This drop-in playgroup encourages caretakers, guardians, and preschool-aged children to socialize with one another. The center’s indoor gym will be open for free play. Toys, games, books, and music will be provided. Children must always be supervised by caretaker/guardians. |
| Youth Zone: After-School Program | Monday-Friday | 3:30 p.m. – 6 p.m. | After-school programming for youth in grades 1-6. Homework help is available, as well as cooperative games, indoor/outdoor sports, board games, community service projects, cooking, arts & crafts, and more. Participants must be registered in the program. |

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| Adult and Senior Program | Tuesday & Thursday | 9 a.m. – 3 p.m. | Activities for adults and seniors ages 55+. Activities include board games, music, art, exercise, and occasional field trips. |
| ESOL | Wednesday | <ul style="list-style-type: none"> • 10 a.m. - 11:45 a.m. • 7 p.m. - 8:30 p.m. | Cathy Hudgins Community Center at Southgate will be offering beginner and intermediate-level English classes. Beginner and intermediate-level classes are offered at both the morning and evening times. Registration will be required, and space will be limited. Please contact the Center to sign up. |
| S.P.A.R.C. | Tuesday & Thursday | 10 a.m. – 2 p.m. | Special Adapted Rescue Club is an accessible club for adults with physical and/or development disabilities in support of their continued development of life skills. |
| Computer Clubhouse After-school Program | Monday-Friday | During Youth After-School Program (3:30 p.m. - 6 p.m.) | Make your ideas come alive at the Clubhouse Network. Hang out with friends, work on projects together and use exciting new technology. The Clubhouse Network provides a creative and safe after-school learning environment where young people work with adult mentors to explore their own ideas, develop skills, and build confidence in themselves, through the use of technology. Participants must be registered in the After-school Program. |
| Teen Zone and Clubhouse Homework Time | Monday-Friday | 2:30 p.m. – 3:30 p.m. | Homework support will be offered, as well as cooperative games, indoor/outdoor sports, board games, community service projects, cooking, arts & crafts, and more. |
| Teen Computer Clubhouse, Project, and Additional Study Time | Monday - Friday | 6:15 p.m. – 7:45 p.m. | Engage and make friends while sharing creative ideas and working on projects in the computer Clubhouse. Access to fun activities such as VR and XBOX games. If you have any ideas for new or updated programs, stop by the front desk. |
| Adults and Seniors Open Lab | Monday-Friday | Noon – 2 p.m. 7:45 p.m. – 8:45 p.m. | Ages 19+, participants can use the computers to access the internet, email, and print. One-on-one assistance is available. |

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| Teen Open Gym | Monday-Friday | Mon., Tues., Thurs., and Fri.: 2:30 p.m. - 3:45 p.m. Wednesday: 7:45 p.m. - 8:45 p.m. | Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information. |
| Teen Volleyball | Tuesday | 6 p.m. – 8 p.m. | Volleyball net and volleyballs are provided. |
| Family Open Gym | Saturday | Noon – 3 p.m. | Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information. |
| Adult Open Gym | Friday | 8 p.m. – 10 p.m. | Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information. |
| Adult Pickleball | Tuesday and Thursday | 1 p.m. – 3 p.m. | Pickleball net, balls and paddles are provided. If you're a beginner or a rising star, come out and meet new friends or hang out with your friends at our free court. ALL LEVELS WELCOME!! |

CLASSES

| Title | When | Time | Description |
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| Yoga for All | Monday and Wednesday | 10 a.m. – 11 a.m. | All levels welcome to our gentle yoga practice. (Wednesday Bilingual- Spanish) |
| Family Zumba | Wednesday | 6 p.m. – 7 p.m. | Achieve your health goals and reconnect with your community with some Zumba dancing! Zumba combines Latin and International music with a fun and effective workout system. Perfect for everyone! |

Community Meetings and Events

| Title | When | Time | Description |
|--------------------------|--|--|---|
| Advisory Council Meeting | Tuesdays: <ul style="list-style-type: none"> • September 10 • October 1 • November 12 | 7 p.m. – 8:30 p.m. <i>(in-person & Virtual)</i> | Cathy Hudgins Community Center at Southgate Advisory Council Meeting will be held virtually. Please contact the center for more information and for the meeting link. |

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| Capital Mobile Food Bank | Saturdays: <ul style="list-style-type: none"> September 14 October 12 November 9 | 8 a.m. – 11 a.m. | Cathy Hudgins Community Center at Southgate is one of the locations for the Mobile Market Program. This food bank can deliver fresh produce monthly to high-needs neighborhoods throughout the DC metropolitan area. 88 Mobile Market locations are currently operating in partnership with community organizations. Cathy Hudgins Community Center is proud to have this resource here in your community. These Mobile Marketplaces are operated monthly in a farmer’s market style that distributes produce. They target high-density areas with high rates of food insecurity, spotlight community service providers and feature cooking demonstrations. |
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| <u>Special Events</u> | | | |
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| Title | When | Time | Description |

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| Community Day | Saturday, September 7 | Noon – 3 p.m. | Family fun, games, giveaways, raffle prizes, vendors; everyone is welcome! |
| Fright Night | Friday, October 25 & Saturday, October 26 | <u>Both Days:</u> <ul style="list-style-type: none"> 5 p.m. - 6 p.m. (under 12 years with a parent or guardian) 6 p.m. - 9 p.m. (Ages 12 & up) | Brace Yourself for a Living Nightmare! Come join the scary fun of the 2024 Haunted House, a partnership between Cathy Hudgins Community Center at Southgate, Reston Teen Center, and Jim Scott Community Center! ENTER AT YOUR OWN RISK! 😊 <u>Location on both days will be at Cathy Hudgins Community Center at Southgate!</u> <u>On both days, the hours will be:</u> <u>Children under 12: 5 p.m.-6 p.m. (with a parent or guardian)!</u> <u>Ages 12 and up: We will be turning up the fear factor from 6 p.m.-9 p.m.!</u> |

| <u>Closings and Reminders</u> | | | |
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| Title | When | Time | Description |

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| Labor Day | Monday, September 2 | ALL DAY | The Center will be closed in observance of the Labor Day holiday. |
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| Election Day | Tuesday, November 5 | ALL DAY | The Center will be closed in observance of Election Day. |
| Veterans' Day | Saturday, November 9- Monday, November 11 | ALL DAY | The Center will be closed in observance of the Veterans' Day holiday. |
| Thanksgiving Day | Thursday, November 28- Sunday, December 1 | ALL DAY | Center will be closed in observance of the Thanksgiving Day holiday. |
| Fairfax County Public School Teacher Workdays (TW), Early Release (ER), Student Holidays (when the Center is open), and Winter Break | Teacher Workdays: October 4, November 5 Early Release: October 31 Student Holidays: October 3, 14; November 1, 4, 27 Winter Break: December 23, 26, 27, 30 | 10 a.m. – 5 p.m. | Cathy Hudgins Community Center at Southgate is open to youth registered for the After-school Program during teacher workdays, 2-hour early releases, student holidays, and Winter Break. All regular programming will be modified on those days to accommodate the youth. Youth will be provided a snack, but they should bring their own lunches. |