



FAIRFAX COUNTY DEPARTMENT OF
FAMILY SERVICES



Healthy Minds Fairfax (HMF)

Community Provider Strategy Team (CPST)

September 2025

Peter Steinberg, HMF Manager

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Contact Information

Peter Steinberg

703-324-5535

Peter.Steinberg@fairfaxcounty.gov

DFSHealthyMinds@fairfaxcounty.gov

<https://www.fairfaxcounty.gov/healthymindsfairfax/>



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What is Healthy Minds Fairfax?

County initiative to improve **access** to mental health and substance use services for youth and families

Cross-system work (schools, county agencies, community providers, caregivers, and youth)

Focused on **improving** quality, **reducing** barriers, **filling** service **gaps**, and **coordinating** care



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Focused on making Children's Behavioral Health

Accessible

- Short-Term Behavioral Health Services
- Care Navigation

Improve quality

- Fairfax Consortium for Evidenced Based Services



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CONNECT WITH CARE NAVIGATION

Connect with a Free Individual Care Navigator

Call:
703-468-0040

Email:
youthcarenav@hopelinkbh.org

Care Navigators help to determine what level of service may be needed and helps youth and families connect to those services with barriers and challenges in mind.

SEARCH FOR NEARBY HELP

Find Local Resources Near You

Access a free specialized database and enter your zip code to find children's/youth behavioral health and physical health resources and other local resources in your area.

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<https://fxcobehavioralhealth.findhelp.com/>

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