



Fairfax County

# Neighborhood & Community Services

[www.fairfaxcounty.gov/neighborhood-community-services](http://www.fairfaxcounty.gov/neighborhood-community-services)

## Bailey's Community Center

**Address:** 5920 Summers Lane Falls Church, VA. 22041

**Hours:** Monday – Saturday, 10 a.m. to 10 p.m.

**Phone:** 703-931-7027, TTY 711

### March 2020

#### PROGRAMS/ACTIVITIES

Title	When	Time	Description
Karate Program	Monday, Wednesday, Friday	5 - 6:30 p.m.	Offers youth an opportunity to learn exercise, self-reliance, and self-defense. Our instructor helps students set and achieve long /short term goals in martial arts.
Advanced Karate Program	Saturday	10 a.m. - 12 p.m.	Offers youth an opportunity to learn exercise, self-reliance, and self-defense. Our instructor helps students set and achieve long /short term goals in martial arts.
Computer Clubhouse	Monday - Friday	2:30 p.m. – 8 p.m.	Make your ideas come alive at the Computer Clubhouse. Hang out with friends, work on projects together and use exciting new technology. The Computer Clubhouse provides a creative and safe after-school learning environment where young people work with adult mentors to explore their own ideas, develop skills, and build confidence in themselves with technology.

Social Seniors	Thursdays	10 a.m. - 1 p.m.	A group of senior participants that meet weekly
Teen Open Gym	Saturdays	6 - 8 p.m.	Open gym basketball for boys and girls ages 13 to 18.
Adult Open Gym	Saturday	8 - 10 p.m.	Open gym for adults ages 16 and up for basketball, soccer, volleyball on a first come first serve basis.
Adult Personal Training Program	Monday, Tuesday & Thursday	6:15 – 7:15 p.m.	Strength Training, Functional Fitness workouts, Circuit Training, Core & Balance, Flexibility.
Adult Personal Training Program	Monday & Wednesday	7:15 – 8 p.m.	Strength Training, Functional Fitness workouts, Circuit Training, Core & Balance, Flexibility. Max 10 participants per session.
Adult and Senior Workout Group	Friday	10:30a.m.-12:00 p.m.	Strength Training, Functional Fitness workouts, Circuit Training, Core & Balance, Flexibility.
Adult Zumba Class	Wednesdays	6:15- 7:15 p.m.	Adult Zumba Class by a certified Zumba Instructor
After School Program (1 <sup>st</sup> -6 <sup>th</sup> Grade)	Monday – Friday	3 – 6 p.m.	The Bailey’s After-School Program is designed to support the objectives of Virginia’s Standards of Learning (SOL). During their time with us, youth will be provided with homework assistance, engage in character building and experience hands-on learning. 1st grade to 6 <sup>th</sup> grade
Bailey’s Teen Program (6 <sup>th</sup> -12 <sup>th</sup> Grade)	Monday – Friday	2:30 – 8 p.m.	The Bailey’s Teen Center is structured to provide teens with a safe place to go after school and during the summer months. At the Bailey’s Teen Center, we will help teens build positive friendships, develop skills for good decision making, improve their personal resiliency, and most importantly, have fun. Ages 13-18- Middle School Through High School.

Teen Volleyball	Tuesdays	6:00 – 8:00 p.m.	Volleyball will be taking place for teens 12 to 18 years of age
Adult Volleyball	Tuesday	8:00-10:00 p.m.	Volleyball will be taking place for Adults and Teens 16 years of age and UP
Teen Soccer Games	Saturday, March 7	TBD	Baileys Teen Team Plays their games
Teen Soccer Team Practice	Monday, Tuesday, Thursdays, and Friday	6:00 – 7:30 p.m.	Baileys Teen Soccer Team Practice (outside) Inside depending on weather
Teen Meeting	Wednesdays	5:30- 7 p.m.	Meet and Eat!! 7 <sup>th</sup> grade and up!!

### COMPUTER LAB

Title	When	Time	Description
Adult Open Lab	Monday – Friday	10:00 a.m. – 2:30 p.m.	Computer Lab Open for Adults and Seniors for open use. <b>Printing limited to 5 pages per day.</b>
Teen Lab Time	Monday – Friday	2:30 p.m.- 5:00 p.m. & 6:00 p.m. – 8:00 p.m.	Computer lab utilized for the teen program.
1 <sup>st</sup> -5 <sup>th</sup> Grade Lab Time	Monday- Friday	5:00 p.m. – 6:00 p.m.	Computer lab utilized for the afterschool program.
Open Lab time	Saturdays	10:00 a.m.- 8:00 p.m.	Open upon request

### GYMNASIUM

Class	When	Time	Description
High Horizon Gym Time	Monday	9:00-10:30 a.m.	High Horizon Use the Gym

Tai Chi (Senior Program)	Monday	10:30-12:15 p.m.	Gentle low impact mind and body exercise through Chi Gong and then instructions of Yang style Tai chi 8 form and the first half of the 24 form. Focus will be on fundamentals including relaxation, posture, Tai Chi Walk, basic movements and balance
Open Gym Time	Monday	12:15-2:30 p.m.	Open Gym Time
After School Gym Time	Monday	2:30 p.m. – 5:00 p.m.	Gym time for the After-School program.
Karate Program	Monday	5 - 6:30 p.m.	Offers youth an opportunity to learn exercise, self-reliance, and self-defense. Our instructor helps students set and achieve long /short term goals in martial arts.
Open Gym 13- 18-year-old	Monday	6:30 p.m. – 8:00 p.m.	Open Gym for 13- 18-year-old
Adult Basketball 18 + ONLY	Monday	8:00 p.m. – 9:45 p.m.	Open Basketball play, adults 18+ years old
High Horizon Gym Time	Tuesday	9:00-10:30 a.m.	High Horizon Use the Gym
Line Dancing (Senior Programming)	Tuesday	10:30-2:30 p.m.	Line Dancing Class (Must be Registered to Participate)
After School Gym Time	Tuesday	2:30 p.m. – 6:00 p.m.	Gym time for the After-School program.
Teen Volleyball	Tuesdays	6:00 – 8:00 p.m.	Volleyball will be taking place for teens 12 to 18 years of age
Adult Volleyball	Tuesday	8:00-10:00 p.m.	Volleyball will be taking place for Adults and Teens 16 years of age and UP
High Horizon Gym Time	Wednesday	9:00-10:30 a.m.	High Horizon Use the Gym

Line Dancing (Senior Programming)	Wednesday	10:30-2:30 p.m.	Line Dancing Class (Must be Registered to Participate)
After School Gym Time	Wednesday	2:30 p.m. – 5:00 p.m.	Gym time for the After-School program.
Karate Program	Wednesday	5 - 6:30 p.m.	Offers youth an opportunity to learn exercise, self-reliance, and self-defense. Our instructor helps students set and achieve long /short term goals in martial arts.
Skills Basketball Training	Wednesday	6:30 p.m. – 8:00 p.m.	Open training session for 3 <sup>rd</sup> to 8 <sup>th</sup> graders ONLY
Teen Intermural Practice	Wednesday	8:00 p.m. – 9:30 p.m.	Practice for Intermural Practice
Open Gym Time for 16 + ONLY	Wednesday	8:00 p.m. – 9:45 p.m.	Open Gym Time, 16+ years old
High Horizon Gym Time	Thursday	9:00-10:30 a.m.	High Horizon Use the Gym
Open Gym Time	Thursday	10:30 a.m. -2:30 p.m.	Open Gym Time
After School Gym Time	Thursday	2:30 p.m. – 6:00 p.m.	Gym time for the After-School program.
3 vs 3 Basketball Tournaments 12-16 you old (ONLY)	Thursday	6:00 p.m. – 8:00 p.m.	3 vs 3 Basketball Tournaments 12-16 you old (ONLY)
Open Gym Time for 16 + ONLY	Thursday	8:00 p.m. – 9:45 p.m.	Open Gym Time, 16+ years old

High Horizon Gym Time	Friday	9:00-10:30 a.m.	High Horizon Use the Gym
Adult Group Fitness Class	Friday	10:30-12:00 p.m.	Adult and Senior Group fitness training led by our certified trainer
Open Gym Time	Friday	12:00-2:30 p.m.	Open Gym Time
After School Gym Time	Friday	2:30 p.m. – 5:00 p.m.	Gym time for the After-School program.
Karate Program	Friday	5 - 6:30 p.m.	Offers youth an opportunity to learn exercise, self-reliance, and self-defense. Our instructor helps students set and achieve long /short term goals in martial arts.
Teen Intermural Practice	Friday	6:30 p.m. – 8:00 p.m.	Practice for the Boys FCYBL League
3 v 3 Basketball Tournament (15- to 18-year-OLDS ONLY)	Friday	6:30 p.m. – 8:30 p.m.	3 v 3 Basketball Tournament for 15-18 yr olds ONLY
Open Adult Basketball Gym Time 16 +	Friday	6:30 p.m. – 8:00 p.m.	Open Gym Time, 16+ years old
Advanced Karate Program	Saturday	10 a.m. - 12 p.m.	Offers youth an opportunity to learn exercise, self-reliance, and self-defense. Our instructor helps students set and achieve long /short term goals in martial arts.
Open Gym	Saturdays	12:00 p.m.- 6:00 p.m.	OPEN Gym for all ages
OPEN Gym for Ages 13 year +	Saturday	6:00 p.m. – 8:00 p.m.	Open Gym Time, 13+ years old
Open Adult Basketball Gym Time 16 +	Saturday	8:00 p.m.- 9:45 p.m.	Open Gym Time, 16+ years old

<b>Multipurpose Room</b>			
<b>Class</b>	<b>When</b>	<b>Time</b>	<b>Description</b>
Senior Programming	Monday	9:00-2:00 p.m.	Senior Programs
After School Programming	Monday	2:30-6:00 p.m.	After School Programming
Cardio Class (FOR ADULTS ONLY)	Monday	6:00 p.m.- 7:30 p.m.	Cardio Class with Coach Kevin
Open Time (Potential Rental Time)	Monday	7:30 p.m. – 9:30 p.m.	Open Time (Please See Front Desk for Availability)
Senior Programming	Tuesday	9:00-2:00 p.m.	Senior Programs
After School Programming	Tuesday	2:30-6:00 p.m.	After School Programming
Cardio Class (FOR ADULTS ONLY)	Tuesday	6:00 p.m.- 7:30 p.m.	Cardio Class with Coach Kevin
Open Time (Potential Rental Time)	Tuesday	7:30 p.m. – 9:30 p.m.	Open Time (Please See Front Desk for Availability)
Senior Programming	Wednesday	9:00-2:00 p.m.	Senior Programs
After School Programming	Wednesday	2:30-6:00 p.m.	After School Programming
Zumba Class (FOR ADULTS ONLY)	Wednesday	6:00 p.m.- 7:30 p.m.	Led by Zumba Instructor
Open Time (Potential Rental Time)	Wednesday	7:30 p.m. – 9:30 p.m.	Open Time (Please See Front Desk for Availability)

Senior Programming	Thursday	9:00-2:00 p.m.	Senior Programs
After School Programming	Thursday	2:30-6:00 p.m.	After School Programming
Cardio Class (FOR ADULTS ONLY)	Thursday	6:00 p.m.- 7:30 p.m.	Cardio Class with Coach Kevin
Open Time (Potential Rental Time)	Thursday	7:30 p.m. – 9:30 p.m.	Open Time (Please See Front Desk for Availability)
Senior Programming	Friday	9:00-2:00 p.m.	Senior Programs
After School Programming	Friday	2:30-6:30 p.m.	After School Programming
Open Time (Potential Rental Time)	Friday	6:30 p.m. – 9:30 p.m.	Open Time (Please See Front Desk for Availability)
Open Time (Potential Rental Time)	Saturday	10:00 a.m. – 9:30 p.m.	Open Time (Please See Front Desk for Availability)
<b>Facility Building Usage and Rentals</b> <i>(Please check with Bailey's Community Center for more details)</i>	Monday - Friday  Saturday	Availability Varies	<b>Guidelines:</b> <ul style="list-style-type: none"> <li>• Applications will be processed within one week after submission or earlier if possible</li> <li>• Payment must be made on the day of the reservation date.</li> <li>• Payments are made to NCS by cash, check or money order.</li> <li>• All rentals are limited to a maximum of 5 hours which includes set up and clean up.</li> <li>• Applicants must be 18 years or older and must be a Fairfax County Resident.</li> <li>• Tables and chairs will be provided based on the number requested.</li> <li>• Absolutely NO Alcohol or Tobacco permitted on premises (inside or outside).</li> <li>• Rental Room must be arranged in the same way it was found before the event.</li> </ul>



## CLASSES

Title	When	Time	Description
Tech Time	Monday, Wednesday	12:30 p.m. - 2:30 p.m.	The class is for senior adults who have little or no experience working with computers. Persons interested must register in Computer Clubhouse. This class is free.
Girl Scouts	Tuesdays	5:00 – 6:00	Girl Scout troop 55072 (K – 5) Girl Scout troop 55073 (6 – 12)

## Community Meetings

Title	When	Time	Description
Advisory Board Meeting	10th	6:00 – 8:00 p.m.	The Advisory Board for Bailey’s Community Center meets the second Tuesday of the month to discuss upcoming events for the community center.
Springdale Civic Association Meeting	19th	6:30 – 8:00 p.m.	Bailey’s Springdale Association Monthly

## COMMUNITY MEETINGS / RENTALS

Title	When	Time	Description
<b>Facility Building Usage and Rentals</b> <i>(Please check with Providence Community Center for more details)</i>	Monday - Friday  Saturday	Availability Varies	<b>Guidelines:</b> <ul style="list-style-type: none"> <li>• Applications will be processed within one week after submission or earlier if possible</li> <li>• Payment must be made on the day of the reservation date.</li> <li>• Payments are made to NCS by cash, check or money order.</li> <li>• All rentals are limited to a maximum of 5 hours which includes set up and clean up.</li> <li>• Applicants must be 18 years or older and must be a Fairfax County Resident.</li> <li>• Tables and chairs will be provided based on the number requested.</li> <li>• Rental Room must be arranged in the same way it was found before the event.</li> <li>• Absolutely NO Alcohol or Tobacco permitted on premises (inside or outside).</li> </ul>

## Teen Programs

Title	When	Time	Description
Teen Soccer 7 <sup>th</sup> -12 <sup>th</sup> grade	Monday, Tuesday, Thursday, Friday	6:00- 7:00 PM	Teen Soccer Program ages 7 <sup>th</sup> grade through 12 <sup>th</sup> grade
Teen Robotics 7 <sup>th</sup> -12 <sup>th</sup> grade	Mondays, Thursday, & Friday	6:30- 7:30 PM	Robotics for our teens
Ping Pong 7 <sup>th</sup> -12 <sup>th</sup> grade	Mondays	7:00-9:30 PM	Open Ping Pong
Teen Fitness Club 7 <sup>th</sup> -12 <sup>th</sup> grade	Tuesday, Wednesdays, & Fridays	T- 6:30-7:30 PM W- 7:00-8:00 PM F-6:00-7:00 PM	Teen Fitness workout/nutrition group
Teen Volleyball	Tuesday	6:00- 9:30 PM	Volleyball from teens 6-9:30
Teen Meetings	Wednesdays	6:00- 7:00 PM	Teen meetings and Dinner is provided to those who attend 6 <sup>th</sup> grade-12 <sup>th</sup> grade
3 vs 3 Basketball Tournaments (12-16 year OLDS ONLY)	Thursday	6:00 – 8:00 p.m.	3 vs 3 Basketball Tournaments 12-16 yr old (ONLY)
Video Gaming Tournaments	Thursday	6:00 – 8:00 p.m.	Video Games (ex. Fifa, Madden, NBA 2K)
3 v 3 Basketball Tournament (15-18 year OLDS ONLY)	Friday	6:00 - 8:30 p.m.	3 v 3 Basketball Tournament for 15-18 yr old (ONLY)