



Fairfax County

Neighborhood & Community Services

www.fairfaxcounty.gov/neighborhood-community-services

Bailey's Senior Center

Address: 5920 Summers Lane
Falls Church, VA 22041

Hours: Monday – Friday, 9 a.m. to 4 p.m.

Phone: 703-820-2131, TTY 711

September, October & November 2023

PROGRAMS / ACTIVITIES

Title	When	Time	Description
Fitness Room	Monday - Friday	9 a.m.	Utilize free weights or stationary machines.
Gardening	Monday - Friday	9:30 a.m. – 10 a.m.	Picking produce and taking care of garden.
Brain Fitness	Tuesdays	11:30 a.m.	Join us to work your mental muscles with trivia, puzzles.
Knitting/ Crochet	1 st and 3 rd Tuesdays	12:30 p.m.	Using knitting needles/ crochet needles to make beautiful scarfs, hats etc.
Table Games	Every Wednesday	12:30 p.m. – 2 p.m.	Gather together to play table games in an organized fashion.

Bingo	1 st & 3 rd Fridays	1 p.m.	Classic word game to keep up cognitive skills while having fun with friends.
Jewelry Making	2 nd & 4 th Fridays	12:30 p.m.	Using different tools to make beautiful bead jewels.

CLASSES

Title	When	Time	Description
Healthy Snacks & Nutrition Class	2 nd and 4 th Mondays	1 p.m.	Learn and make health choices by making healthy snacks to eat.
Crafty Crafts	Wednesdays	11:30 a.m.	Arts and Craft class where participants get to discover and showcase their artistic abilities
Tech Time	Wednesdays	By appointment	Bring your questions and your devices. Get the most out of your mobile device with help using your cell phone, tablet or laptop.

SPECIAL EVENTS/TRIPS

Title	When	Time	Description
Necessity Trip: Walmart Supercenter (\$)	Thursday, September 7	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Green Spring Gardens (\$)	Monday, September 11	10 a.m. – 1 p.m.	Come and join us on this trip
Nail-Spa Day	Tuesday, September 12	10 a.m.	Join with us to make your nails happy
Necessity Trip: Dollar Tree (\$)	Thursday, September 14	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Costco (\$)	Thursday, September 21	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Crossing at Clarendon (\$)	Monday, September 25	10 a.m. – 1 p.m.	Come and join us on this trip
Donut Tuesday	Tuesday, September 26	10 a.m.	Join with us to eat donut and coffee
Necessity Trip: Lidl (\$)	Thursday, September 28	10 a.m. – Noon	Necessity Trip for food and shopping
Birthday Celebration	Friday, September 29	Noon	Celebrate the birthdays in September
Necessity Trip: Walmart (\$)	Thursday, October 5	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Potomac Mill Outlet (\$)	Monday, October 9	10 a.m. – 1 p.m.	Come and join us on this trip
Nail-Spa Day	Tuesday, October 10	10 a.m.	Join with us to make your nails happy
Necessity Trip: Five-Below (\$)	Thursday, October 12	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Costco (\$)	Thursday, October 19	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Wegmans (\$)	Monday, October 23	10 a.m. – 1 p.m.	Necessity Trip for food and shopping

Donut Tuesday	Tuesday, October 24	10 a.m.	Join with us to eat donut and coffee
Charter Trip: Amish Market (\$)	Thursday, October 26	10 a.m. – Noon	Come and join us on this trip
Birthday Celebration	Friday, October 27	Noon	Celebrate the birthdays in October
Necessity Trip: Walmart (\$)	Thursday, November 2	9:30 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: US Botanic Garden (\$)	Monday, November 6	10 a.m. – 1 p.m.	Come and join us on this trip
Nail-Spa Day	Tuesday, November 7	10 a.m.	Join with us to make your nails happy
Necessity Trip: Dollar Tree (\$)	Thursday, November 9	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Costco (\$)	Thursday, November 16	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Lincolnia Senior Center (\$)	Monday, November 20	10 a.m. – 1 p.m.	Come and join us on this trip
Donut Tuesday	Tuesday, November 21	10 a.m.	Join with us to eat donut and coffee
Necessity Trip: Giant (\$)	Thursday, November 30	10 a.m. – Noon	Necessity Trip for food and shopping
Birthday Celebrations	Thursday, November 30	Noon	Celebrate the birthdays in November