



Fairfax County

# Neighborhood & Community Services

[www.fairfaxcounty.gov/neighborhood-community-services](http://www.fairfaxcounty.gov/neighborhood-community-services)

## Cathy Hudgins Community Center at Southgate

**Hours:** Monday- Thursday: 9 a.m. –9 p.m.  
 Friday: 9 a.m. – 10 p.m.  
 Saturday: Noon – 10 p.m.

**Address:** 12125 Pinecrest Road  
 Reston, VA 20191

**Phone:** 703-860-0676, TTY 711

Schedule is subject to change. Please call the facility for the most updated information.

### March, April & May 2023

#### PROGRAMS / ACTIVITIES

Title	When	Time	Description
Tot Time	Tuesday	10:15 – 11:45 a.m.	Please join us for our new tot time. This drop-in playgroup encourages caretakers, guardians, and preschool-aged children to socialize with one another. The center’s indoor gym will be open for free play. Toys, games, books, and music will be provided. Children must always be supervised by caretaker/guardians.
Youth Zone After-school Program	Monday-Friday	3:30 – 6 p.m.	Homework help is available, as well as cooperative games, indoor/outdoor sports, board games, community service projects, cooking, arts & crafts, and more. Participants must be registered in the program.
Spring Camp (Building a Mystery Adventure)	March 25 – 29	8:30 a.m. – 6 p.m.	Spring Camp is a structured recreation camp for 1st-6th grade youth. Our staff work together to create an engaging program where youth feel safe to experience new and interesting activities and reinforce positive behavior by role modeling and establishing healthy and supportive relationships. The camp fee is on a sliding scale based on your income. Registration forms can be picked up and dropped off at the Southgate Community Center. Space is limited
Computer Clubhouse After-school Program	Monday-Friday	3:30 – 6 p.m.	Make your ideas come alive at the Clubhouse Network. Hang out with friends, work on projects together and use exciting new technology. The Clubhouse Network provides a creative and safe after-school learning environment where young people work with adult mentors to explore their own ideas, develop skills, and build confidence in themselves, through the use of technology. Participants must be registered in the After-school Program.
Teen Zone and Clubhouse Homework Time	Monday-Friday	2:30 – 3:30 p.m.	Homework support, as well as cooperative games, indoor/outdoor sports, board games, community service projects, cooking, arts & crafts, and more. Participants must be registered in the program.
Teen Computer Clubhouse, Project, and Additional Homework Time	Monday - Friday	6:15 – 7:45 p.m.	Engage and make friends while sharing creative ideas and working on projects in the computer Clubhouse. Access to fun activities such as VR and XBOX games. If you have any ideas for new or updated programs, stop by the front desk.
Adults and Seniors Open Lab	Monday-Friday	Noon – 2 p.m. 7:45 – 8:45 p.m.	Ages 19+, participants can use the computers to access the internet, email, and print. One-on-one assistance is available.
Teen Open Gym Teen Volleyball	Monday-Friday Tuesday	See Description 6pm – 8pm	Monday-Friday 2:30p.m.- 3:45p.m. Wednesday- 7:45-8:45p.m.  Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information.
Family Open Gym	Monday-Friday	See Description	Monday, Friday 10:15a.m.- 12:15 p.m. Monday, Tuesday, Thursday & Friday 6:15p.m. –8:45p.m.  Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information.
Adult Open Gym	Friday	See Description	Friday 12:30p.m.- 2p.m.  Open gym schedule is subject to change. Please call the facility at 703-860-0676 for the most updated information.
Adult Pickleball	Monday, Tuesday, and Thursday	1 p.m. – 3 p.m.	Pickle ball net, balls and paddles are provided. If you’re a beginner or a rising star, come out and meet new friends or hang out with your friends at our free court. ALL LEVELS WELCOME!!

ESOL	Call center	Call center	Cathy Hudgins Community Center at Southgate will be offering beginner level English classes. Dates and times will be announced at the beginning of September. Registration will be required and space will be limited.
S.P.A.R.C	Tuesday & Thursday	10 a.m. – 2 p.m.	Special Adapted Rescue Club is an accessible club for adults with physical & or development disabilities in support of their continued development of life skills.
<u>CLASSES</u>			
Title	When	Time	Description
Yoga for All	Monday and Wednesday	10 – 11 a.m.	All levels welcome to our gentle yoga. (Wednesday Bilingual- Spanish)
Family Zumba	Wednesday	6 – 7 p.m.	Achieve your health goals and reconnect with your community with some Zumba dancing! Zumba combines Latin and International music with a fun and effective workout system. Perfect for everyone!
<u>Community Meetings and Events</u>			
Title	When	Time	Description
Advisory Council Meeting	Tuesdays: <ul style="list-style-type: none"> <li>• March 5th</li> <li>• April 2</li> <li>• May 7</li> </ul>	7 – 8:30 p.m. <i>(in-person &amp; Virtual)</i>	Cathy Hudgins Community Center at Southgate Advisory Council Meeting will be held virtually. Please contact the center for more information and for the meeting link.
Capital Mobile Food Bank	Saturdays: <ul style="list-style-type: none"> <li>• March 9</li> <li>• April 13</li> <li>• May 11</li> </ul>	8 – 11 a.m.	Cathy Hudgins Community Center at Southgate is one of the locations for the Mobile Market Program; this food bank can deliver fresh produce monthly to high-needs neighborhoods throughout the DC metropolitan area. 88 Mobile Market locations are currently operating in partnership with community organizations. Cathy Hudgins Community Center is proud to have this resource here in your community. These Mobile Market places are operated monthly in a farmer’s market style that distributes produce. They target high-density areas with high rates of food insecurity, spotlight community service providers and feature cooking demonstrations.
Cub Scout Pack 159 Service Event	Saturday: March 16, 2024	1p.m. – 4 p.m.	Southgate Community Center is partnering with Advisory Council Friends of Southgate and Cub Scout Pack 159. To volunteer, please contact Ha Brock, Reston Association Community Outreach Specialist 703-435-7986, ha@reston.org
<u>Closings and Reminders</u>			
Title	When	Time	Description
Fairfax County Public School Teacher Workdays (TW), Winter break, and Early Release (ER)	<ul style="list-style-type: none"> <li>• Spring Break March 25 – 29</li> <li>• April 1 – 2</li> <li>• April 10</li> <li>• April 24</li> <li>• May 3</li> <li>• May 27</li> </ul>	10 a.m. -5 p.m.	Cathy Hudgins Community Center at Southgate is open to youth registered for the After-school Program during teacher workdays. All regular programming will be modified that day to accommodate the youth. Youth will be provided a snack, but they should bring their own lunches.
Gym Closures	NA	NA	Gym will be closed for an event.
Center Closures		Closed	Center will be closed in observance of holidays.