



Fairfax County

# Neighborhood & Community Services

[www.fairfaxcounty.gov/neighborhood-community-services](http://www.fairfaxcounty.gov/neighborhood-community-services)

## Hybla Valley Community Center

Address: 7950 Audubon Ave. Alexandria, VA 22306

Email Address: [NCSCommunityCenterinLeeDistrict@fairfaxcounty.gov](mailto:NCSCommunityCenterinLeeDistrict@fairfaxcounty.gov)

Phone Number: 703-324-9270, TTY711 Operation Hours: Monday-Saturday 9 a.m.-9 p.m.

### MARCH – MAY 2023

#### IMPORTANT DATES / EVENTS

FCPS Pre K Family Meeting	Tuesday, March 14	10 a.m.-noon	FCPS staff for parents to talk to their children teacher
STEM Event	Saturday, April 29	8 a.m.-1 p.m.	In partnership with George Mason University and WISH organization. STEM Activities for children and information for parents on available resources and programs.
Emmanuel Center	Friday, May 12 Saturday, May 13	5-8pm (Fri.) 9 a.m.-5pm (Sat.)	Family Life Conference for mothers and father sponsored by Emmanuel Worship Center. Parenting classes
Title	When	Time	Description
Active Adult Sports and Health, Pickleball	Monday, Wednesday and Friday	9-11:30 a.m.	Pickleball *Subject to change based upon regional calendar*
Walk Club	Monday, Wednesday and Friday	9-11:30 a.m.	Join the walking club for better health and to make friends
All Ages Read Together	Monday-Thursday	(Mon/Wed) Noon-1:30 p.m. (Tue/Thu) 12:30-2 p.m.	A nonprofit organization that provides free school readiness classes in Northern Virginia for rising kindergartners
Adult Open Computer Lab	Monday, Wednesday and Friday	10 a.m.-1 p.m.	Computer Lab Open for Adults. Focus placed on access to technology, employment skills, resume writing and other necessary resources.

Afterschool Program	Monday-Friday	4-6 p.m.	Our afterschool programing provides a structured and engaging environment for the youth in 1st thru 6th grade. Our staff host a variety of activities that help local youth develop positive friendships and decision-making skills and to have fun.
Teens in Action (T.I.A.)	Monday-Friday	2:30-7 p.m.	Our Teens in Action programing provides a structured and engaging environment for the youth in 6th through 12th grade. Our staff host a variety of activities that help local youth develop positive friendships and decision-making skills and to have fun.
Adult Open Gym	Monday-Friday	7-9 p.m.	Open Gym: All sports welcomed. Various activities and sports Self-Directed Fitness: Utilize fitness equipment on site
Adult Basketball	Monday, Wednesday and Friday	7-9 p.m.	Open Gym: Adult Basketball
Adult Soccer	Tuesday and Thursday	7-9 p.m.	Open Gym: Adult Soccer
Bingo Senior Program	Tuesday	10 a.m.-noon	Senior Specific Programs and activities: To include trips of necessities, outings, knitting club, pottery club, fitness and fellowship with other senior program and center participants.
Clases de Inglés (English Classes)	Monday and Wednesday	6:30-8:30 p.m.	General Information on finance, immigration, work opportunities and resources available in Fairfax County. Additional information on health and wellness
Zumba	Tuesday, Wednesday, and Thursday	6-7 p.m. (Wed) 12:30-1:45p.m. (Tue/Thu)	Zumba, Mixed Fit and/or Specialty Group Fitness
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Thoughtful Thursday's with Lazeera	Thursday	6:45-8 p.m.	Offering a safe space to increase self-awareness, emotional regulation, and relaxation. Mindfulness, Yoga, and other alternative Health & Wellness Activities for community members. Guided Meditation / Breathwork / Mobility / fellowship with others. *Subject to change based upon regional calendars*