Reston Teen Center

**Hours:** Monday – Friday, 2 p.m. to 8 p.m.
Saturday, 12 p.m. to 8 p.m.

**Drop-in Hours:** 6 p.m. to 9 p.m.

**Drop-in Locations:** Herndon Middle School and Forest Edge Elementary School

**Center Closings:**
6/18 7/4

**Drop in closings:**
Herndon Middle School 6/17 6/18 6/24 6/25
NO HERNDON MIDDLE SCHOOL DROP IN FOR THE MONTH JULY OR AUGUST
Forest Edge
NO DROP IN FOR THE MONTH OF AUGUST

**Phone:** 703-326-7040, TTY 711

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**JUNE, JULY & AUGUST 2022**

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<tr>
<th>Title</th>
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<tr>
<td>TRSC (Transition Support Resource Center)</td>
<td>Monday-Friday</td>
<td>7:00 a.m. to 2:30 p.m.</td>
<td>This is an IAS Elective Referral Site. TSRC Reston is located outside FCPS high school properties at the Reston YMCA.</td>
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<tr>
<td>Lake Anne Outdoor Volleyball</td>
<td>Mondays</td>
<td>4:00 p.m. to 5:00 p.m.</td>
<td>Learn the basics of Volleyball and apply them in an exhibition game at the Teen Center. With the weather getting warmer outside we will select days to do a field trip to Volleyball.</td>
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<tr>
<td>Basketball (99 problems but a swish ain’t one)</td>
<td>Mondays and Thursdays</td>
<td>5:00 p.m. to 6:00 p.m.</td>
<td>Basketball conditioning and mini tournaments! 😊</td>
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<td>Weight Training at the YMCA</td>
<td>Tuesdays and Thursdays</td>
<td>4:00 p.m. to 5:00 p.m.</td>
<td>Teens will work with a personal instructor at the YMCA on Tuesdays and Thursday. Teens will learn about personal fitness and learn how to use the machines.</td>
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<td>YOGA</td>
<td>Wednesdays</td>
<td>4:00 p.m. to 5:00 p.m.</td>
<td>Every Wednesday we will have an instructor from, The Homegrown Studio come out and lead Yoga with our participants. The participants will focus on self-care throughout the school year. (Yoga mats and blocks will be provided)</td>
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<td>Teen Advocates meetings with DSVS</td>
<td>Wednesdays</td>
<td>6:00 p.m. to 7:00 p.m.</td>
<td>During the new school year, a new set of Teen Ambassadors will be selected to lead the youth workforce. We will have weekly check-ins to prepare and engage civic engagement.</td>
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<td>Arts &amp; Crafts</td>
<td>Wednesdays</td>
<td>5:15 p.m. to 6:00 p.m.</td>
<td>Each month teens will work on art projects that relate to the program design theme.</td>
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<td>Youth Career Workshop Series</td>
<td>Thursdays</td>
<td>4:30 p.m. to 5:30 p.m.</td>
<td>How to create a roadmap to career and success.</td>
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<td>Music Program</td>
<td>Fridays</td>
<td>4:30 p.m. to 5:30 p.m.</td>
<td>Every Friday we are going to have a music instructor come out to RTC to teach participants music. The instructor Robert Gabriel will provide instruments.</td>
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<tr>
<td>Game Show Network</td>
<td>Fridays</td>
<td>4:00 p.m. to 5:00 p.m.</td>
<td>Play your favorite Game Show game at the Teen Center.</td>
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<tr>
<td>Gardening</td>
<td>Monday-Friday</td>
<td>3:45 p.m. to 4:15 p.m.</td>
<td>Teens will be able to identify certain plants, learn the process of how plants grow, and soil structure.</td>
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<td><strong>Special Events / Trips</strong></td>
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<td><strong>End of the year BBQ &amp; Camp Orientation</strong></td>
<td>June 2nd</td>
<td>4 p.m. to 6:30 p.m.</td>
<td>The Reston Teen Center will host their annual end of the year BBQ. We will also use the day to have a TEENS IN ACTION summer camp orientation. Come for a day of good eating a fun summer camp info!</td>
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<td><strong>Teen Talent Showcase</strong></td>
<td>June 3rd</td>
<td>5 p.m. to 7 p.m.</td>
<td>Come to a celebration of art and performance and raise awareness of teen dating violence. Teens have been working many weeks to prepare for this event. This year’s theme, Awareness + Action = Social change, encourages bystanders to do what they can to interrupt violence when they witness it. The event will take place @ the Government Center, from 5 p.m. to 7 p.m.</td>
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<td><strong>TEENS IN ACTION- Summer Break</strong></td>
<td>June 13th- August 19th</td>
<td>8:30 a.m. to 5:00 p.m.</td>
<td>Teens in Action offers an engaging, healthy and affordable recreation program for youth ages 12 to 18 to learn, play and serve. Activities include team sports, games, arts and crafts, STEM (Science, Technology, Engineering and Mathematics) programming, service projects, cultural field trips and much more! Free nutritious lunches and snacks are served.</td>
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<td><strong>HOT TOPICS @ Bailey’s Community Center</strong></td>
<td>June 8th</td>
<td>5:00 p.m. to 6:00 p.m.</td>
<td>Please join us at Bailey’s Community Center for the Hot Topics Tour!</td>
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<td><strong>VIP Camp</strong></td>
<td>June 29th – July 28th</td>
<td>9:00 a.m. to 4:00 p.m.</td>
<td>Camp is designed to encourage teens to develop healthy and positive recreation interests and features a wide variety of leisure activities and programs. The VIP camp for Region 3 will be located at Langston Hughes Middle School.</td>
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The table below lists additional community meetings:

<p>| Community Meetings |
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