



December 2018



South County Senior Center

South County Senior Center
8350 Richmond Hwy. Suite 325
Alexandria VA 22309
Phone: 703-704-6216, TTY 711



Operating Hours
Monday - Friday, 9 a.m. - 4 p.m.

Senior + Program: Days and hours vary

www.fairfaxcounty.gov/neighborhood-community-services

Schedule of events and activities are subject to change. Please call the facility directly for the most updated information.

December 2018

Programs

Program	When	Time	Description
Mat Medium Impact Exercise	Monday & Wednesday	10:30 a.m.	
Wheel of Fortune	Monday	11 a.m.	
Star of the Month	Monday	1 p.m.	
Jazzercise	Monday	1 p.m.	
Cooking Club	Tuesday	10 a.m.	
Hand Exercises	Tuesday	10:30 a.m.	
Mind Stretchers	Tuesday	10:30 a.m.	
S.A.I.L. Exercise Program	Tuesday & Friday	10:30 a.m.	
Walking Club	Tuesday/Thursday	12:30 p.m.	
20 Questions	Tuesday	1 p.m.	
Bingo	Wednesday	10:30 a.m.	
Computer help	Wednesday	11 a.m.	
Happiness 101	Thursday	10:30 a.m.	
Trivia activities	Thursday	1 p.m.	
Crossword Puzzle	Thursday	10:30 & 11:30 a.m.	
Matter of Balance	Friday	10:30 a.m.	
Line Dance	Friday	12:30 p.m.	
Music	Friday	1 p.m.	

Classes

Class	When	Time	Description
Basic Sign Language	Wednesday	11:30 a.m.	
Basic Spanish w/ Corazon	Wednesday	1 p.m.	
Civics Class w/ Dan	Friday	11:15 a.m.	

Special Events/Trips

Event/Trip	When	Time	Description
Decorating Bulbs	12/3/2018	12:30 p.m.	
Marine Corps Holiday Concert	12/4/2018	12:30 p.m.	
Wreath Making	12/5/2018	10:30 a.m.	
Pechka Kucha Interest Meeting	12/5/2018	1 p.m.	
trip: Bull Run festival of Lights/dinner	12/6/2018	3 p.m.	Advance reservations are required for all trips. A \$1 bus fee unless otherwise noted. Lunch is on your own.
Trip: District Wharf	12/7/2018	10:30 a.m.	Advance reservations are required for all trips. A \$1 bus fee unless otherwise noted. Lunch is on your own.
Advisory Council Bazaar	12/10/2018	10:30 a.m.	
Lunch and Learn: Hearing Presentation	12/11/2018	11:30 a.m.	
Trip: Bonchon	12/12/2018	11:30 a.m.	Advance reservations are required for all trips. A \$1 bus fee unless otherwise noted. Lunch is on your own.
Trip: Postal Museum/Union Station	12/13/2018	10:30 a.m.	Advance reservations are required for all trips. A \$1 bus fee unless otherwise noted. Lunch is on your own.
Performance: Ollie Players Holiday Show	12/14/2018	12:30 p.m.	
Wright Brothers Day: Paper Plane Competition	12/17/2018	12:30 p.m.	
Cooking Club: Holiday Edition	12/18/2018	10:30 a.m.	
Holiday Hula Performance	12/19/2018	12:30 p.m.	
Trip: Potomac Mills	12/20/2018	10:30 a.m.	Advance reservations are required for all trips. A \$1 bus fee unless otherwise noted. Lunch is on your own.
Musical Performance: Groveton Groovers	12/21/1948	11 a.m.	
Trip: Springfield Towne Center	12/28/2018	10:30 a.m.	Advance reservations are required for all trips. A \$1 bus fee unless otherwise noted. Lunch is on your own.

Community Meetings

Meeting	When	Time	Description
South County Advisory Council Meeting	12/5/2018	12:30 p.m.	1st Wednesday of each month. Open to all participants.