



Fairfax County

Neighborhood & Community Services

www.fairfaxcounty.gov/neighborhood-community-services

South County Teen Center

Address: 8350 Richmond Hwy.
Alexandria, VA 22309

Hours: Monday – Thursday 2 p.m. to 9 p.m. Friday 2p.m. to 10p.m.
Saturday, Noon to 10p.m.

Phone: 703-704-6234, TTY 711

March 2020

PROGRAMS / ACTIVITIES

Title	When	Time	Description
Pickleball @ (OMVHS) The Original Mount Vernon High School	Monday - Thursday	9 a.m. to 12 Noon	Join in and enjoy an eventful day with the seniors. Pickle ball is like tennis, only paddles are used and a perforated polymer ball.
(OMVHS) The Original Mount Vernon High School	Monday - Saturday	Mon-Thurs 5 - 9 p.m. Fri and Sat 5 – 10 p.m.	OMVHS is the extension of the South County Teen Center where a host of different programs and activities are offered. Participants engage in activities and structured programs between 5 p.m. to 7 p.m. From 7 p.m. to 9 p.m. the gym is open for basketball, pickle ball, volleyball, dance and jump rope.
Kids Cafe	Monday - Friday	3: 30 - 4:30 p.m.	USDA provides a USDA healthy and light supper for our participants who attend afterschool at the South Count Teen Center, throughout the school year.
Drop in Sites	Friday - Saturday	6 -10 p.m.	There is open gym @ the South County Middle School in Lorton, VA and Key Middle School in Springfield, VA

CLASSES

Title	When	Time	Description
African American History Club	Monday	4:30 - 5:30 p.m.	Learn about your past to understand your present to input your future.
Food for Everyone	Tuesday	5 - 7 p.m.	Creating, and preparing healthy recipes which will be shared with the participants and other groups who visit The South County Teen Center. These participants will have the opportunity to compile their healthy recipes into a book for future usage
Art of The Gentleman	Wednesday	4:30 - 5:30 p.m.	The Male staff will assist in increasing the aptitude in our young men in becoming successful adults. This group is where young men talk about positive things, ideas and life views with positive attitudes.
Ladies Chit Chat with Girl talk	Wednesday	5:30 -7 p.m.	Our female participants will have the opportunity to create bonds, share stories, inspire and relating to one another. These young ladies will be strengthening their sisterhood. They will also be a part of a mentoring group.
Young Entrepreneurs	Thursday	4:30 - 5:30 p.m.	Participant will learn how to create business plans that can develop into small business which will generate capital.
Double Dutch	Thursday	4:30 - 5:30 p.m.	Wellness program the participants will learn different techniques in jump roping. The participants will also learn socialization and team Building skills.
SOCO @ Planet Fitness	Friday	4:30 – 6 p.m.	Soco fitness @ planet fitness where we will keep the participant's health and wellness at heart. Participants will be able to utilize planet fitness facility to condition themselves. As well as being able to gain knowledge to maintain a healthy lifestyle.
Sewing Club	Friday	4:30 - 5:30 p.m.	The teens will learn to create and design clothing and other items while learning how to use the sewing machines.
Creative Minds	Wednesday	5 - 6:30 p.m.	Participant will bring out their creative side and decorate a create projects that they could possibly give away as gifts or just decorate their rooms. This also gives them

the opportunity to share ideas and interact with one another.

Special Events / Trips

Title	When	Time	Description
Community Service	Tuesday and Thursday	4-5 p.m.	Participants give back to the community while earning the hours needed to add to their education requirements. As well as
PREPARING TO MOVE across to OMOVHS (8333 Richmond Hwy.)	Monday-Friday	TBD	Preparing and packing for the move
MOVING ACROSS TO OMOVHS	TBA	TBA	8333 Richmond Highway