#NCSconnects Virtual Activity

**Activity:** Personalized Vision Board

**Category:** Arts & Crafts – Culture

**Suggested Grade Level:** Grades 7-12

**Description:** A vision board is a tool to help clarify, concentrate, and maintain focus on a specific life goal. It can be any sort of board on which you display images that represent whatever you want to be, do, or have in your life.

**Supplies:**
- Poster board
- Images and text from magazines, artwork, old books, computer printouts, etc.
- Scissors
- Glue sticks
- Paper and pencil
- Sharpies or tools for coloring

**Instructions:**
1. Brainstorm goals and prioritize upcoming things you really want to happen (both short- and long-term).
2. Create a basic structure for your vision board (i.e. climbing a ladder)
3. Write goals and ideas on the poster board
4. Find images and words to decorate your board.
5. Sort and arrange images and words on your board.
6. Make edits as needed and glue down desired items.
7. Make it your own by adding your own words, doodles, or sketches.

8. Finally, make sure you post your vision board on social media using the hashtag #NCSconnects, share with your friends and family, and track your status of achievement along the way!

**Takeaways:** This vision board should not just be another piece of art; it should be a standard that each person holds themselves to – whether it be short-term goals like getting a summer job or long-term goals like graduating college. This art project can serve as a guiding reminder of who you want to be, where you want to go, and what you want to accomplish in your life.