#NCStconnects Virtual Activity

**Activity:** Heart Maps

**Category:** Arts & Crafts

**Suggested Grade Level:** Grades 1-6

**Description:** If you create a map of your heart, what will it include? Your heart map will represent different things you care about, things that make you special, and what you have learned about yourself and your family while you’ve been at home during the COVID-19 pandemic.

**Supplies:**
- Construction paper
- Crayons or markers

**Instructions:**
1. Draw a heart shape on a piece of construction paper.
2. In the middle of your heart, draw or write the names of the people who mean the most to you.
3. Around the center of your heart, draw or write your answers to the following questions:
   - What is your favorite animal?
   - What is your favorite food?
   - What new thing did you learn while at home the past few weeks?
   - What are you looking forward to doing most this summer?
   - What is your favorite memory from last summer?
   - What have you missed the most while being at home?
   - What has been your favorite thing to do at home?
   - What has been the hardest/saddest part of COVID-19 for you?
   - What would you most like to share with your friends?

Take a photo of your completed heart and email it to us at NCSconnects@fairfaxcounty.gov so we can share it!