#NCScconects Virtual Activity

**Activity:** Life-Size Board Game

**Category:** Health and Wellness

**Suggested Grade Level:** Grades 1-6

**Description:** Be creative and have fun making something small come to life!

**Supplies:**
- A life-size “game board”
  - If you are doing this outside, sidewalk squares make perfect game squares and a square city block makes a great game board. The idea is to walk on the board – you are the players and the pieces!
  - Inside, you can use pillows, sheets of paper, or anything big and flat enough to walk on.

**Instructions:**
1. Get creative! Use chalk, cardboard, pillows, a paper to create your game board. Make sure you have a start and an end.
2. Use dice from another game to determine how many steps you’ll take.
3. Each step can have a task such as “Move forward 5,” “Move backward 2,” or “Do three pushups.” Whoever gets to the end first wins!