



**Saturday  
May 2, 2026  
7:30 a.m.**

**Burke Lake Park  
7315 Ox Road,  
Fairfax Station**

**HEALTHY STRIDES**

# **HEROES VS. VILLAINS**

**5K/10K**

**Collect your cosmic power and assemble your crew  
to conquer this **5K** and **10K**!**

- ⚡ **Run, walk or roll in the **5K (3.1 miles)****
- ⚡ **Step up to the challenge of the competitive **10K (6.2 miles)****

Register now at **[www.fairfaxcounty.gov/parks/healthy-strides](http://www.fairfaxcounty.gov/parks/healthy-strides)**

Use the Code **RUN2026HS** by January 1 for a  
**\$5 early registration discount.**



**A portion of the proceeds go to Fairfax County Park Foundation to support Burke Lake Park.  
Donate or sponsor at [www.fairfaxparkfoundation.org/our-projects/healthy-strides](http://www.fairfaxparkfoundation.org/our-projects/healthy-strides).**



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