

Green and Growing Garden is a 1.5-hour nature program that integrates the Virginia Standards of Learning for preschool and kindergarten students (Science SOL: K.1, K.3, K.5, K.6, K.7). The program begins with an introduction to the gardens followed by a rotation through three stations.

Seeds and Plants

How do seeds grow? Students will learn how plants grow from seeds and what they need to grow. Experience how seeds travel and compare different seed shapes and sizes. Discuss what seeds we eat and enjoy hands on seed exploration.

Soil Station

What is in soil? Students will dig in the dirt for a close look at the living and non-living components of soil, classifying such findings as seeds, roots, grubs, bugs, clay, rocks, etc.

Sensory Garden Exploration

How can we use our five senses in the garden? We will *smell* and *taste* plants, *see* a variety of colors and shapes, *feel* fuzzy leaves and stems, and *listen* to the songs of birds and insects.





