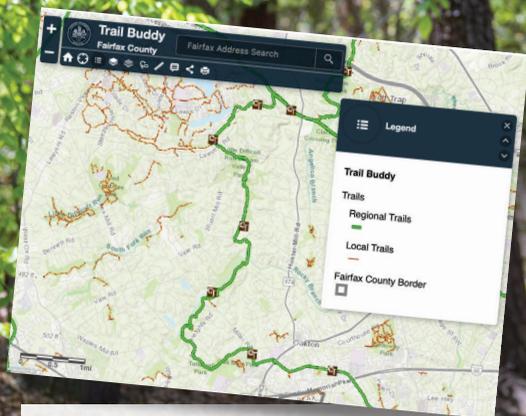


Map your Hike with Trail Buddy



Fairfax County's woodland trail system spans hundreds of miles and offers practically endless opportunities to explore the outdoors. Mapping your route is easy with the Park Authority's online mapping tool, Trail Buddy.

Connect with Trail Buddy at www.fairfaxcounty.gov/parks/trails, map your route and embark on a journey to clear your mind, get some exercise and enjoy our beautiful parks!



Preschool Programs Offer Enrichment

Develop your child's love of learning by enrolling in our popular preschool programs at Lee District and Spring Hill RECenters. These licensed programs for ages 3 to 5 include fun theme-based educational activities that enhance social skills and foster independence. During the pandemic, children and staff are required to follow health safety protocols including temperature checks, social distancing, frequent hand washing and mask wearing. Limited space is available now through June, and registration for our expanding fall program begins March 8. For more information, call Spring Hill or Lee District RECenter.



Get in the game with eSports & More Camp

Here's a camp that has the power to end that classic parent-child conflict over video games versus physical activity – eSports & More Camp. This program gives campers the best of both worlds by combining virtual gaming with traditional sports for the ultimate experience in strategy and gamesmanship.

"It seamlessly blends traditional sports fans into the electronic sports culture," said Ellen Werthmann, the Park Authority's camp program manager. "Esports is short for electronic sports, which are competitive electronic games of strategy played individually or as a team. Our eSports Camp introduces campers to this new sports trend that develops strategy and critical thinking while providing a physical fitness component to improve both physical skills and mental acuity."

In eSports & More camp, participants spend half the day developing on-court skills and playing games like basketball, soccer, handball and capture-the-flag, with an emphasis on teamwork and sportsmanship. The other half of the day is spent in the eSports lab to work on gaming technique and strategy. The Park Authority piloted eSports camp in 2019, and both participants and parents gave it rave reviews.

"My son was so excited to go to this camp as he was interested in playing basketball and esports basketball," wrote one parent in a post-camp survey. The response from parents about what campers liked most was consistent – the combination of physical sports with video games and a daily swim break. Campers also enjoyed opportunities to put their skills in both arenas to the test with Championship Fridays.

This summer the Park Authority is expanding eSports Camp to seven locations. To find a location near you, turn to the Camps section of Parktakes.



The Park Authority offers thousands of site-based and virtual camp programs in a variety of interest areas including athletics, STEM, performing arts and fine arts giving campers a chance to improve skills or develop a new interest. Details are in the Camps section. All site-based camps will be conducted with current COVID-19 health safety recommendations.