



+ Rx Parks: The Cure for Cabin Fever



Tired of being cooped up? Start planning your spring and summer fun strategy in parks, and let the good times roll!

If you're into fun and games, you'll love playing mini golf at any of the Park Authority's four courses, including the newly updated Jefferson Falls Mini Golf Course in Falls Church. Amusements such as carousel, train and wagon rides at various other parks are also good cures for cabin fever and provide thrills for the whole family.

Our waterfront parks offer more adventures! Set sail in a pedal boat at Lake Accotink or Lake Fairfax parks, or rent a canoe or kayak at Burke Lake or Riverbend parks, and enjoy spectacular nature scenes at the water's edge. You can also cast a line and reel in the catch of the day.

How about a round of golf or learning how to play the game at the Park Authority's seven golf courses? Enjoy some friendly on-course competition, practicing your skills at the range or socializing with friends in the clubhouse grill.

If you like history, you'll love stepping back in time to explore Fairfax County life as it was hundreds of years ago at Colvin Run Mill and Sully Historic Site. You can also experience Fairfax County's farming heritage at Frying Pan Farm Park featuring a 1930s-era working farm. While you're there, be sure to visit the animals!

Of course you can always beat the heat by making a splash at all nine, indoor RECenter pools, and nature centers offer year-round fun for the whole family. For information about outdoor programs and activities, turn to the Attractions, Golf, History and Outdoor Recreation sections of Parktakes or search Parktakes online: www.fairfaxcounty.gov/parks/parktakes.

All Park Authority activities, programs, camps and classes will follow current, recommended pandemic-related safety practices.

