

Work Out Your Way in Parks!



From outdoor exercise to virtual programs to RECenter memberships to golf, you'll find plenty of ways to get moving safely this spring and shape up for summer!

Class is in Session! Whether you're new to fitness or a seasoned athlete, you're sure to find a fitness or golf class to suit your ability and comfort level. Outdoor fitness or golf classes enable you to stay socially distant, get fit and enjoy the spring weather at the same time! Virtual fitness classes give you the option to shape up from the comfort of your own home. Details are in the Exercise and Fitness section, and golf classes and lessons are listed in the Golf section.

Save on RECenter memberships! Grab your mask, make a reservation and get moving to your nearest RECenter to save 15% on 6-month memberships and 20% on 12-month memberships now through Feb. 28. Reservations, frequent cleaning, and personal disinfecting bottles enhance recommended pandemic-related safety protocols from the fitness room to the pool. See for yourself what other members are saying about RECenter safety in this video www.fairfaxcounty.gov/parks/recenter. Memberships can be purchased at all nine RECenters and online: www.fairfaxcounty.gov/parks/passes.

Buy a Discount Fast Pass! Not ready to take the plunge with a long-term membership? You can still save on RECenter daily admission with a Discount Fast Pass. Each pass entitles you to 25 visits on your schedule, and passes are valid for two years after purchase! Buy your Discount Fast Pass at any RECenter or online: www.fairfaxcounty.gov/parks/passes.

Face masks are required inside all Park Authority buildings for pandemic-related safety reasons, and reservations are required for RECenter fitness rooms and pools to ensure appropriate social distancing. All other recommended health safety protocols will be followed inside and outside park facilities.