

**May 2026****COMPETITION POOL CALENDAR**

SUNDAY (8am-6pm)	MONDAY (6:30am-9pm)	TUESDAY (6:30am-9pm)	WEDNESDAY (6:30am-9pm)	THURSDAY (6:30am-9pm)	FRIDAY (6:30am-5pm)	SATURDAY (8am-6pm)	
NO LESSONS MAY 23-25						1 NO DEEP LANES 6:30-7:15AM 1-2PM 3-5:30PM NO SHALLOW LANES 11-1PM	2 SWIM CLASSES 9AM-1PM AND 2-5PM LIMITED LANES NO SHALLOW LANES 9-1PM AND 2-4PM
3 SWIM CLASSES 8AM-1PM 2-6PM LIMITED LANES, NO SHALLOW LANES 9-2PM NO DEEP LANES 4-6PM	4 NO DEEP LANES 6:30-9:30AM 3-9PM	5 NO DEEP LANES 6:30-8:15AM AND 10-11AM 3-9PM NO SHALLOW 9-10AM	6 NO DEEP LANES 6:30-9:30AM 3-9PM	7 NO DEEP LANES 6:30-8:15AM AND 10-11AM 3-9PM NO SHALLOW 9-10AM	8 NO DEEP LANES 6:30-7:15AM 1-2PM 3-5:30PM NO SHALLOW LANES 11-1PM	9 SWIM CLASSES 9AM-1PM AND 2-5PM LIMITED LANES NO SHALLOW LANES 9-1PM AND 2-4PM	
10 SWIM CLASSES 8AM-1PM 2-6PM LIMITED LANES, NO SHALLOW LANES 9-2PM NO DEEP LANES 4-6PM	11 NO DEEP LANES 6:30-9:30AM 3-9PM	12 NO DEEP LANES 6:30-8:15AM AND 10-11AM 3-9PM NO SHALLOW 9-10AM	13 NO DEEP LANES 6:30-9:30AM 3-9PM	14 NO DEEP LANES 6:30-8:15AM AND 10-11AM 3-9PM NO SHALLOW 9-10AM	15 NO DEEP LANES 6:30-7:15AM 1-2PM 3-5:30PM NO SHALLOW LANES 11-1PM	16 SWIM CLASSES 9AM-1PM AND 2-5PM LIMITED LANES NO SHALLOW LANES 9-1PM AND 2-4PM	
17 SWIM CLASSES 8AM-1PM 2-6PM LIMITED LANES, NO SHALLOW LANES 9-2PM NO DEEP LANES 4-6PM	18 NO DEEP LANES 6:30-9:30AM 3-9PM	19 NO DEEP LANES 6:30-8:15AM AND 10-11AM 3-9PM NO SHALLOW 9-10AM	20 NO DEEP LANES 6:30-9:30AM 3-9PM	21 NO DEEP LANES 6:30-8:15AM AND 10-11AM	22 NO DEEP LANES 6:30-7:15AM 1-2PM 3-5:30PM NO SHALLOW LANES 11-1PM	23 NO CLASSES POOL OPEN 8AM-6PM	
24 NO CLASSES POOL OPEN 8AM-6PM	25 NO CLASSES POOL OPEN 6:30AM-6PM	26 NO DEEP LANES 6:30-8:15AM AND 10-11AM 3-9PM NO SHALLOW 9-10AM	27 NO DEEP LANES 6:30-9:30AM 3-9PM	28 NO DEEP LANES 6:30-8:15AM AND 10-11AM	29 SWIM CLASSES 8AM-1PM 2-6PM LIMITED LANES, NO SHALLOW LANES 9-2PM NO DEEP LANES 4-6PM	30 SWIM CLASSES 9AM-1PM AND 2-5PM LIMITED LANES NO SHALLOW LANES 9-1PM AND 2-4PM	
31 SWIM CLASSES 8AM-1PM 2-6PM LIMITED LANES, NO SHALLOW LANES 9-2PM NO DEEP LANES 4-6PM							

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times.
- When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must be under direct supervision of an adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulder.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

Cub Run Rec Center

MONDAY May 1-24, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs								
	Shallow Lanes			Lap Lanes				Dive Well				
	A	B	C	1	2	3	4	5	6	7	8	
6:30 AM							CSC until 7:15 (May 1-8)					6:30 AM
7:00 AM							CSC until 7:15 (May 1-8)					7:00 AM
7:30 AM										marlins		7:30 AM
8:00 AM										marlins		8:00 AM
8:30 AM								deep water ex				8:30 AM
9:00 AM								deep water ex				9:00 AM
9:30 AM												9:30 AM
10:00 AM												10:00 AM
10:30 AM												10:30 AM
11:00 AM												11:00 AM
11:30 AM												11:30 AM
12:00 PM												12:00 PM
12:30 PM												12:30 PM
1:00 PM												1:00 PM
1:30 PM												1:30 PM
2:00 PM												2:00 PM
2:30 PM												2:30 PM
3:00 PM									csc (May 1-8)			3:00 PM
3:30 PM									csc (May 1-8)			3:30 PM
4:00 PM							Marlins 4-9:00					4:00 PM
4:30 PM							Marlins 4-9:00					4:30 PM
5:00 PM							Marlins 4-9:00					5:00 PM
5:30 PM	FCPA lessons						Marlins 4-9:00					5:30 PM
6:00 PM	FCPA lessons						Marlins 4-9:00					6:00 PM
6:30 PM	FCPA lessons						Marlins 4-9:00					6:30 PM
7:00 PM	FCPA lessons						Marlins 4-9:00					7:00 PM
7:30 PM	FCPA lessons						Marlins 4-9:00					7:30 PM
8:00 PM	FCPA lessons						Marlins 4-9:00					8:00 PM
8:30 PM	FCPA lessons						Marlins 4-9:00					8:30 PM
9:00 PM	A	B	C	1	2	3	4	5	6	7	8	9:00 PM
	Shallow Lanes			Lap Lanes				Dive Well				
Pool Closes at 9:00 PM												

Cub Run Rec Center

TUESDAY May 1-24, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

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6:30 AM									CSC until 7:15 (May 1-8)				6:30 AM			
7:00 AM									CSC until 7:15 (May 1-8)				7:00 AM			
7:30 AM									CSC 7:15-8:15 (May 1-8)				7:30 AM			
8:00 AM									CSC 7:15-8:15 (May 1-8)				8:00 AM			
8:30 AM													8:30 AM			
9:00 AM		Arthritis water aerobics												9:00 AM		
9:30 AM		Arthritis water aerobics												9:30 AM		
10:00 AM										deep water exercise			10:00 AM			
10:30 AM										deep water exercise			10:30 AM			
11:00 AM													11:00 AM			
11:30 AM													11:30 AM			
12:00 PM		FCPA lessons												12:00 PM		
12:30 PM		FCPA lessons												12:30 PM		
1:00 PM		FCPA lessons												1:00 PM		
1:30 PM										FCPA lessons			1:30 PM			
2:00 PM										FCPA lessons			2:00 PM			
2:30 PM													2:30 PM			
3:00 PM													3:00 PM			
3:30 PM													3:30 PM			
4:00 PM									Marlins 4-8:00				4:00 PM			
4:30 PM																4:30 PM
5:00 PM																5:00 PM
5:30 PM		FCPA lessons														
6:00 PM															6:00 PM	
6:30 PM															6:30 PM	
7:00 PM															7:00 PM	
7:30 PM													7:30 PM			
8:00 PM								FCPA lessons		Streamline 8-9:30			8:00 PM			
8:30 PM								FCPA lessons		Streamline 8-9:30			8:30 PM			
9:00 PM		A	B	C	1	2	3	4	5	6	7	8	9:00 PM			
		Shallow Lanes			Lap Lanes				Dive Well							
Pool Closes at 9:00 PM																

Cub Run Rec Center

WEDNESDAY May 1-24, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

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	Shallow Lanes			Lap Lanes	Dive Well							
	A	B	C	1	2	3	4	5	6	7	8	
6:30 AM							CSC until 7:15 (May 1-8)					6:30 AM
7:00 AM							CSC until 7:15 (May 1-8)					7:00 AM
7:30 AM							CSC 7:15-8:15 (May 1-8)					7:30 AM
8:00 AM							CSC 7:15-8:15 (May 1-8)					8:00 AM
8:30 AM									deep water ex			8:30 AM
9:00 AM									deep water ex			9:00 AM
9:30 AM												9:30 AM
10:00 AM												10:00 AM
10:30 AM												10:30 AM
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1:00 PM												1:00 PM
1:30 PM												1:30 PM
2:00 PM												2:00 PM
2:30 PM												2:30 PM
3:00 PM									csc (May 1-8)			3:00 PM
3:30 PM									csc (May 1-8)			3:30 PM
4:00 PM							Marlins 4-9:00					4:00 PM
4:30 PM							Marlins 4-9:00					4:30 PM
5:00 PM							Marlins 4-9:00					5:00 PM
5:30 PM	FCPA lessons						Marlins 4-9:00					5:30 PM
6:00 PM	FCPA lessons						Marlins 4-9:00					6:00 PM
6:30 PM	FCPA lessons						Marlins 4-9:00					6:30 PM
7:00 PM	FCPA lessons						Marlins 4-9:00					7:00 PM
7:30 PM	FCPA lessons						Marlins 4-9:00					7:30 PM
8:00 PM	FCPA lessons						Marlins 4-9:00					8:00 PM
8:30 PM	FCPA lessons						Marlins 4-9:00					8:30 PM
9:00 PM	A	B	C	1	2	3	4	5	6	7	8	9:00 PM
	Shallow Lanes			Lap Lanes			Dive Well					
Pool Closes at 9:00 PM												

Cub Run Rec Center

THURSDAY May 1-24, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs								
	Shallow Lanes			Lap Lanes				Dive Well				
	A	B	C	1	2	3	4	5	6	7	8	
6:30 AM								CSC until 7:15 (May 1-8)				6:30 AM
7:00 AM								CSC until 7:15 (May 1-8)				7:00 AM
7:30 AM								CSC 7:15-8:15 (May 1-8)				7:30 AM
8:00 AM								CSC 7:15-8:15 (May 1-8)				8:00 AM
8:30 AM												8:30 AM
9:00 AM	Arthritis water aerobics											9:00 AM
9:30 AM	Arthritis water aerobics											9:30 AM
10:00 AM								deep water exercise				10:00 AM
10:30 AM								deep water exercise				10:30 AM
11:00 AM												11:00 AM
11:30 AM												11:30 AM
12:00 PM												12:00 PM
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2:00 PM												2:00 PM
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3:00 PM												3:00 PM
3:30 PM												3:30 PM
4:00 PM								Marlins 4-8:00				4:00 PM
4:30 PM								Marlins 4-8:00				4:30 PM
5:00 PM								Marlins 4-8:00				5:00 PM
5:30 PM	FCPA lessons							Marlins 4-8:00				5:30 PM
6:00 PM	FCPA lessons							Marlins 4-8:00				6:00 PM
6:30 PM	FCPA lessons							Marlins 4-8:00				6:30 PM
7:00 PM						FCPA lessons		Marlins 4-8:00				7:00 PM
7:30 PM						FCPA lessons		Marlins 4-8:00				7:30 PM
8:00 PM	FCPA lessons								streamline 8-9:30pm			8:00 PM
8:30 PM	FCPA lessons								streamline 8-9:30pm			8:30 PM
9:00 PM	A	B	C	1	2	3	4	5	6	7	8	9:00 PM
	Shallow Lanes			Lap Lanes				Dive Well				
Pool Closes at 9:00 PM												

Cub Run Rec Center

FRIDAY May 1-24, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

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	Shallow Lanes			Lap Lanes				Dive Well				
	A	B	C	1	2	3	4	5	6	7	8	
6:30 AM								CSC until 7:15 (May 1-8)				6:30 AM
7:00 AM								CSC until 7:15 (May 1-8)				7:00 AM
7:30 AM										marlins		7:30 AM
8:00 AM										marlins		8:00 AM
8:30 AM												8:30 AM
9:00 AM												9:00 AM
9:30 AM												9:30 AM
10:00 AM												10:00 AM
10:30 AM												10:30 AM
11:00 AM	FCPA lessons											11:00 AM
11:30 AM	FCPA lessons											11:30 AM
12:00 PM	FCPA lessons											12:00 PM
12:30 PM	FCPA lessons											12:30 PM
1:00 PM										FCPA lessons		1:00 PM
1:30 PM										FCPA lessons		1:30 PM
2:00 PM												2:00 PM
2:30 PM												2:30 PM
3:00 PM									csc (May 1-8)			3:00 PM
3:30 PM									csc (May 1-8)			3:30 PM
4:00 PM								Marlins 4-5:30pm				4:00 PM
4:30 PM								Marlins 4-5:30pm				4:30 PM
5:00 PM								Marlins 4-5:30pm				5:00 PM
5:30 PM	FCPA lessons											5:30 PM
6:00 PM	FCPA lessons							FCPA lessons				6:00 PM
6:30 PM	FCPA lessons							FCPA lessons				6:30 PM
7:00 PM	FCPA lessons							FCPA lessons				7:00 PM
7:30 PM	FCPA lessons							FCPA lessons				7:30 PM
8:00 PM												8:00 PM
8:30 PM												8:30 PM
9:00 PM	A	B	C	1	2	3	4	5	6	7	8	9:00 PM
	Shallow Lanes			Lap Lanes				Dive Well				
Pool Closes at 9:00 PM												

Cub Run Rec Center

SATURDAY May 1-24, 2026

No lessons May 23

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs										
	Shallow Lanes			Lap Lanes				Dive Well						
	A	B	C	1	2	3	4	5	6	7	8			
8:00 AM						Marlins 8-9						8:00 AM		
8:30 AM						Marlins 8-9						8:30 AM		
9:00 AM	FCPA lessons					FCPA lessons						9:00 AM		
9:30 AM												9:30 AM		
10:00 AM												10:00 AM		
10:30 AM												10:30 AM		
11:00 AM												11:00 AM		
11:30 AM												11:30 AM		
12:00 PM												12:00 PM		
12:30 PM												12:30 PM		
1:00 PM											1:00 PM			
1:30 PM												1:30 PM		
2:00 PM												2:00 PM		
2:30 PM												2:30 PM		
3:00 PM					FCPA lessons					FCPA lifeguard class May 2, 9		3:00 PM		
3:30 PM														3:30 PM
4:00 PM														4:00 PM
4:30 PM														4:30 PM
5:00 PM												5:00 PM		
5:30 PM												5:30 PM		
POOL CLOSES AT 6:00 PM														
6:00 PM		BD swim 6-8pm							streamline no 5/23			6:00 PM		
6:30 PM		BD swim 6-8pm							streamline no 5/23			6:30 PM		
7:00 PM		BD swim 6-8pm							streamline no 5/23			7:00 PM		
7:30 PM		BD swim 6-8pm							streamline no 5/23			7:30 PM		
8:00 PM	C	B	A	1	2	3	4	5	6	7	8	6:00 PM		
	Shallow Lanes			Lap Lanes				Dive Well						
Pool Closes at 6:00 PM														

Cub Run Rec Center

SUNDAY May 1-24 2026

no lessons May 24

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs									
	Shallow Lanes			Lap Lanes				Dive Well					
	A	B	C	1	2	3	4	5	6	7	8		
8:00 AM	FCPA lessons							FCPA lessons				8:00 AM	
8:30 AM	FCPA lessons							FCPA lessons				8:30 AM	
9:00 AM	FCPA lessons					FCPA lessons				9:00 AM			
9:30 AM										9:30 AM			
10:00 AM										10:00 AM			
10:30 AM										10:30 AM			
11:00 AM										11:00 AM			
11:30 AM										11:30 AM			
12:00 PM										12:00 PM			
12:30 PM										12:30 PM			
1:00 PM										1:00 PM			
1:30 PM										1:30 PM			
2:00 PM	FCPA lessons							FCPA lifeguard class May 3,10				2:00 PM	
2:30 PM	FCPA lessons											2:30 PM	
3:00 PM	WM			FCPA lessons									
3:30 PM	WM			FCPA lessons						3:30 PM			
4:00 PM	WM			FCPA lessons						4:00 PM			
4:30 PM	WM			FCPA lessons						4:30 PM			
5:00 PM	WM			FCPA lessons				VIRGINIA RUN no 5/24				5:00 PM	
5:30 PM	WM			FCPA lessons				VIRGINIA RUN no 5/24				5:30 PM	
POOL CLOSSES TO PUBLIC AT 6PM													
6:00 PM	FOXFIELD no 5/24			POPLAR TREE no 5/24				GREENBRIAR DOLPHINS no 5/24				6:00 PM	
6:30 PM	FOXFIELD no 5/24			POPLAR TREE no 5/24				GREENBRIAR DOLPHINS no 5/24				6:30 PM	
7:00 PM	SEQUOIA FARMS no 5/24				SULLY STATION no 5/24				ARMFIELD FARM no 5/24				7:00 PM
7:30 PM	SEQUOIA FARMS no 5/24				SULLY STATION no 5/24				ARMFIELD FARM no 5/24				7:30 PM
8:00 PM	C	B	A	1	2	3	4	5	6	7	8	6:00 PM	
	Shallow Lanes			Lap Lanes				Dive Well					
Pool Closes at 6:00 PM													

Cub Run Rec Center

MONDAY May 25, 2026

no classes May 25 competition pool open 6:30am-6pm

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

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	Shallow Lanes			Lap Lanes				Dive Well				
	A	B	C	1	2	3	4	5	6	7	8	
6:30 AM												6:30 AM
7:00 AM												7:00 AM
7:30 AM												7:30 AM
8:00 AM												8:00 AM
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7:00 PM												7:00 PM
7:30 PM												7:30 PM
8:00 PM												8:00 PM
8:30 PM												8:30 PM
9:00 PM	A	B	C	1	2	3	4	5	6	7	8	9:00 PM
	Shallow Lanes			Lap Lanes				Dive Well				
Pool Closes at 9:00 PM												

Cub Run Rec Center

TUESDAY May 25-31, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

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	Shallow Lanes			Lap Lanes				Dive Well				
	A	B	C	1	2	3	4	5	6	7	8	
6:30 AM												6:30 AM
7:00 AM												7:00 AM
7:30 AM												7:30 AM
8:00 AM												8:00 AM
8:30 AM												8:30 AM
9:00 AM	Arthritis water aerobics											9:00 AM
9:30 AM	Arthritis water aerobics											9:30 AM
10:00 AM									deep water exercise			10:00 AM
10:30 AM									deep water exercise			10:30 AM
11:00 AM												11:00 AM
11:30 AM												11:30 AM
12:00 PM	FCPA lessons											12:00 PM
12:30 PM	FCPA lessons											12:30 PM
1:00 PM	FCPA lessons											1:00 PM
1:30 PM									FCPA lessons			1:30 PM
2:00 PM									FCPA lessons			2:00 PM
2:30 PM												2:30 PM
3:00 PM												3:00 PM
3:30 PM												3:30 PM
4:00 PM								Marlins				4:00 PM
4:30 PM							4:30 PM					
5:00 PM							5:00 PM					
5:30 PM	FCPA lessons							Otters				5:30 PM
6:00 PM				6:00 PM								
6:30 PM				6:30 PM								
7:00 PM				7:00 PM								
7:30 PM	FCPA lessons							Streamline 8-9:30				7:30 PM
8:00 PM				8:00 PM								
8:30 PM				8:30 PM								
9:00 PM				9:00 PM								
	A	B	C	1	2	3	4	5	6	7	8	
	Shallow Lanes			Lap Lanes				Dive Well				
Pool Closes at 9:00 PM												

Cub Run Rec Center

WEDNESDAY May 25-31, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs											
		Shallow Lanes			Lap Lanes				Dive Well						
		A	B	C	1	2	3	4	5	6	7	8			
6:30 AM													6:30 AM		
7:00 AM													7:00 AM		
7:30 AM													7:30 AM		
8:00 AM													8:00 AM		
8:30 AM										deep water ex			8:30 AM		
9:00 AM													9:00 AM		
9:30 AM													9:30 AM		
10:00 AM													10:00 AM		
10:30 AM													10:30 AM		
11:00 AM													11:00 AM		
11:30 AM													11:30 AM		
12:00 PM													12:00 PM		
12:30 PM													12:30 PM		
1:00 PM													1:00 PM		
1:30 PM													1:30 PM		
2:00 PM													2:00 PM		
2:30 PM													2:30 PM		
3:00 PM													3:00 PM		
3:30 PM													3:30 PM		
4:00 PM													4:00 PM		
4:30 PM													4:30 PM		
5:00 PM													5:00 PM		
5:30 PM		FCPA lessons											5:30 PM		
6:00 PM															6:00 PM
6:30 PM															6:30 PM
7:00 PM															7:00 PM
7:30 PM															7:30 PM
8:00 PM													8:00 PM		
8:30 PM													8:30 PM		
9:00 PM		A	B	C	1	2	3	4	5	6	7	8	9:00 PM		
		Shallow Lanes			Lap Lanes				Dive Well						
Pool Closes at 9:00 PM															

Cub Run Rec Center

THURSDAY May 25-31, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs								
	Shallow Lanes			Lap Lanes				Dive Well				
	A	B	C	1	2	3	4	5	6	7	8	
6:30 AM												6:30 AM
7:00 AM												7:00 AM
7:30 AM												7:30 AM
8:00 AM												8:00 AM
8:30 AM												8:30 AM
9:00 AM	Arthritis water aerobics											9:00 AM
9:30 AM	Arthritis water aerobics											9:30 AM
10:00 AM									deep water exercise			10:00 AM
10:30 AM									deep water exercise			10:30 AM
11:00 AM												11:00 AM
11:30 AM												11:30 AM
12:00 PM												12:00 PM
12:30 PM												12:30 PM
1:00 PM												1:00 PM
1:30 PM												1:30 PM
2:00 PM												2:00 PM
2:30 PM												2:30 PM
3:00 PM												3:00 PM
3:30 PM												3:30 PM
4:00 PM								Marlins				4:00 PM
4:30 PM								Marlins				4:30 PM
5:00 PM								Marlins				5:00 PM
5:30 PM	FCPA lessons							Otters				5:30 PM
6:00 PM	FCPA lessons							Otters				6:00 PM
6:30 PM	FCPA lessons							Otters				6:30 PM
7:00 PM					FCPA lessons			Otters				7:00 PM
7:30 PM					FCPA lessons			Otters				7:30 PM
8:00 PM	FCPA lessons								streamline 8-9:30pm			8:00 PM
8:30 PM	FCPA lessons								streamline 8-9:30pm			8:30 PM
9:00 PM	A	B	C	1	2	3	4	5	6	7	8	9:00 PM
	Shallow Lanes			Lap Lanes				Dive Well				
Pool Closes at 9:00 PM												

Cub Run Rec Center

FRIDAY May 25-31, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs									
	Shallow Lanes			Lap Lanes				Dive Well					
	A	B	C	1	2	3	4	5	6	7	8		
6:30 AM												6:30 AM	
7:00 AM												7:00 AM	
7:30 AM												7:30 AM	
8:00 AM												8:00 AM	
8:30 AM												8:30 AM	
9:00 AM												9:00 AM	
9:30 AM												9:30 AM	
10:00 AM												10:00 AM	
10:30 AM												10:30 AM	
11:00 AM	FCPA lessons											11:00 AM	
11:30 AM													11:30 AM
12:00 PM													
12:30 PM	FCPA lessons											12:30 PM	
1:00 PM													1:00 PM
1:30 PM													
2:00 PM												2:00 PM	
2:30 PM												2:30 PM	
3:00 PM												3:00 PM	
3:30 PM												3:30 PM	
4:00 PM												4:00 PM	
4:30 PM												4:30 PM	
5:00 PM	FCPA lessons											5:00 PM	
5:30 PM													5:30 PM
6:00 PM													
6:30 PM	FCPA lessons											6:30 PM	
7:00 PM													7:00 PM
7:30 PM													
8:00 PM												8:00 PM	
8:30 PM												8:30 PM	
9:00 PM	A	B	C	1	2	3	4	5	6	7	8	9:00 PM	
	Shallow Lanes			Lap Lanes				Dive Well					
Pool Closes at 9:00 PM													

Cub Run Rec Center

SATURDAY May 25-31, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs											
	Shallow Lanes			Lap Lanes				Dive Well							
	A	B	C	1	2	3	4	5	6	7	8				
8:00 AM												8:00 AM			
8:30 AM												8:30 AM			
9:00 AM	FCPA lessons					FCPA lessons						9:00 AM			
9:30 AM					9:30 AM										
10:00 AM					10:00 AM										
10:30 AM					10:30 AM										
11:00 AM					11:00 AM										
11:30 AM					11:30 AM										
12:00 PM					12:00 PM										
12:30 PM					12:30 PM										
1:00 PM												1:00 PM			
1:30 PM												1:30 PM			
2:00 PM												2:00 PM			
2:30 PM												2:30 PM			
3:00 PM				FCPA lessons								3:00 PM			
3:30 PM													3:30 PM		
4:00 PM													4:00 PM		
4:30 PM												4:30 PM			
5:00 PM												5:00 PM			
5:30 PM												5:30 PM			
POOL CLOSES AT 6:00 PM															
6:00 PM											streamline		6:00 PM		
6:30 PM													6:30 PM		
7:00 PM											streamline				7:00 PM
7:30 PM															7:30 PM
8:00 PM	C	B	A	1	2	3	4	5	6	7	8	6:00 PM			
	Shallow Lanes			Lap Lanes				Dive Well							
Pool Closes at 6:00 PM															

Cub Run Rec Center

SUNDAY May 25-31 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change**.*

LEGEND	Closed	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA Scheduled Programs								
	Shallow Lanes			Lap Lanes				Dive Well				
	A	B	C	1	2	3	4	5	6	7	8	
8:00 AM	FCPA lessons							FCPA lessons				8:00 AM
8:30 AM	FCPA lessons							FCPA lessons				8:30 AM
9:00 AM	FCPA lessons					FCPA lessons				9:00 AM		
9:30 AM										9:30 AM		
10:00 AM										10:00 AM		
10:30 AM										10:30 AM		
11:00 AM										11:00 AM		
11:30 AM										11:30 AM		
12:00 PM										12:00 PM		
12:30 PM										12:30 PM		
1:00 PM	FCPA lessons					FCPA lessons				1:00 PM		
1:30 PM										1:30 PM		
2:00 PM											2:00 PM	
2:30 PM											2:30 PM	
3:00 PM			FCPA lessons									3:00 PM
3:30 PM			FCPA lessons									3:30 PM
4:00 PM				FCPA lessons								4:00 PM
4:30 PM				FCPA lessons								4:30 PM
5:00 PM				FCPA lessons								5:00 PM
5:30 PM				FCPA lessons								5:30 PM
POOL CLOSURES TO PUBLIC AT 6PM												
6:00 PM												6:00 PM
6:30 PM												6:30 PM
7:00 PM												7:00 PM
7:30 PM												7:30 PM
8:00 PM	C	B	A	1	2	3	4	5	6	7	8	6:00 PM
	Shallow Lanes			Lap Lanes				Dive Well				
Pool Closes at 6:00 PM												

Cub Run Rec Center

MONDAY May 31, 2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool use for your recreational interest. For special event or holiday schedules, please refer to our pool calendar. Please note that water walkers during open facility times. *Please note this information*

LEGEND	Closed	Recreational Play/Swim/Dive			Lap Swim / Water			
	Shallow Lanes			Lap Lanes				
	A	B	C	1	2	3	4	
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM								
9:30 AM								
10:00 AM								
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM								
12:30 PM								
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM	FCPA lessons							
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM	A	B	C	1	2	3	4	
	Shallow Lanes			Lap Lanes				
Pool Closes at 9:00 PM								

er

users. Please use the legend below for assistance based on
 lar. A minimum of 3 lanes is available for lap swimmers and
 ation is **subject to change**.

er Walking ONLY				FCPA Scheduled Programs
Dive Well				
5	6	7	8	
				6:30 AM
				7:00 AM
				7:30 AM
	deep water ex			8:00 AM
	deep water ex			8:30 AM
				9:00 AM
				9:30 AM
				10:00 AM
				10:30 AM
				11:00 AM
				11:30 AM
				12:00 PM
				12:30 PM
				1:00 PM
				1:30 PM
				2:00 PM
				2:30 PM
				3:00 PM
				3:30 PM
				4:00 PM
				4:30 PM
				5:00 PM
				5:30 PM
Otters				6:00 PM
				6:30 PM
				7:00 PM
				7:30 PM
				8:00 PM
				8:30 PM
5	6	7	8	9:00 PM
Dive Well				