JULY 2025





FRANCONIA REC CENTER POOL CALENDAR

6601 Telegraph Road, Alexandria VA 703-922-9841

SUNDAY 8:00am—6:00pm	MONDAY 6:30am-9:00pm	TUESDAY 6:30am-9:00pm	WEDNESDAY 6:30am-9:00pm	THURSDAY 6:30am-9:00pm	FRIDAY 6:30am-9:00pm	SATURDAY 8:00am-6:00pm
July 1st No Swin	y Weekend to July 4th n Lessons – Pool hours	1 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM— 4PM	2 CLASSES & LAP SWIM ONLY 8:30AM—12PM	3 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM	A INDEPENDENCE DAY NO SWIM CLASSES POOL HOURS 6:30A-4:00PM	5 NO SWIM CLASSES POOL HOURS 9A-6P OPEN SWIM 9A-6P
6 NO SWIM CLASSES POOL HOURS 9A-6P OPEN SWIM 9A-6P DIVING BOARD OPEN 1P-3	7 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM 9AM-9PM LIMIT	8 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM— 4PM ED SPACE AVAILABI	9 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM— 4PM	10 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM CLASSES OR CAMP	OPEN AND LAP SWIM 6:30AM - 9 PM CAMPS 12PM - 4PM SSL SWIM MEET: Divewell 530-830p	12 CLASSES & LAP SWIM ONLY 9:00AM-1:00PM OPEN SWIM 1P-6P
13 CLASSES & LAP SWIM ONLY 9:00AM-1:00PM OPEN SWIM 1P-6P DIVING BOARD OPEN 1P-3P	14 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM 9AM-9PM LIMITE	15 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM— 4PM CD SPACE AVAILABLE	16 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM	17 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM CLASSES OR CAMPS	18 OPEN AND LAP SWIM 6:30AM –9 PM CAMPS 12PM– 4PM	CLASSES & LAP SWIM ONLY 9:00AM-1:00PM OPEN SWIM 1P-6P
CLASSES & LAP SWIM ONLY 9:00AM-1:00PM OPEN SWIM 1P-6P DIVING BOARD OPEN 1P-3P	21 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM 9AM-9PM LIMITI	22 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM— 4PM	23 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM E DUE TO RENTALS,	24 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM CLASSES OR CAMPS	25 OPEN AND LAP SWIM 6:30AM – 9 PM CAMPS 12PM– 4PM IN POOL	CLASSES & LAP SWIM ONLY 9:00AM-1:00PM OPEN SWIM 1P-6P
CLASSES & LAP SWIM ONLY 9:00AM-1:00PM OPEN SWIM 1P-6P DIVING BOARD OPEN 1P-3P	28 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM		30 CLASSES & LAP SWIM ONLY 8:30AM—12PM CAMPS 12PM—4PM PACE AVAILABLE DU EES OR CAMPS IN POO			

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our lap lane availability information is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open AT LEAST 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- Keep an eye on your child! In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.







FRANCONIA REC CENTER POOL CALENDAR

6601 Telegraph Road, Alexandria VA 703-922-9841

BREAK TIMES! For all kids 12 years & under. Please encourage your child to use the restroom.

WEEKENDS: a 10minute break will be called at the top of the hour, starting at 2pm until 1 hour before closing.

WEEKDAYS: a 10 minute break will be called at the top of the hour, starting at 4pm until 1 hour before closing.

<u>DIVING BOARD</u>: 1–1 Meter Board will be open for public use from 1pm to 3pm on Sundays. High Dive Board is no longer available for public use.

4th of July Weekend

July 1st to July 4th No Swim Lessons

4th of July Pool Hours 6:30am to 4:00pm



Our Special Harbor Hours

Saturday: 9:30AM-7:00PM Sunday: 9:30AM-7:00PM

Mon, Tue, Thur, Fri -11:00AM-7:00PM Wed ONLY - 11:00AM - 5:00PM

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- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- Keep an eye on your child! In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.





SATURDAY

28-Jun-25

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SUNDAY

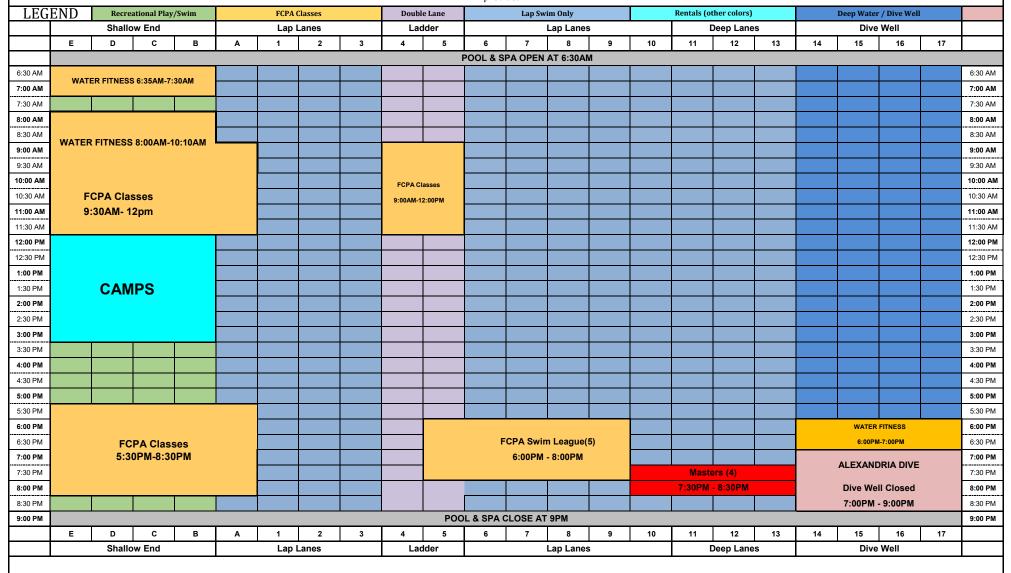
29-Jun-25

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MONDAY

30-Jun-25





TUESDAY

1-Jul-25

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WEDNESDAY

2-Jul-25

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THURSDAY

3-Jul-25

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FRIDAY

4-Jul-25

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SATURDAY

7/12/2025 - 07/26/2025

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SUNDAY

7/13/2025-07/27/2025

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LEG	<u>END</u>	Recre	ational Play	/Swim		FCPA	Classes		Doubl	le Lane		Lap Sw	im Only			Rentals (o	ther colors)			Deep Water	/ Dive Wel	l	
		Shallo	ow End			Lap	_anes		Lac	dder			Lap Lanes	3		I	Deep Lan	es		Dive	Well		
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12:00 AM								Private															12:00 PM
12:30 AM								Lesson Space															12:30 PM
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	_		ow End			-	_anes			dder			Lap Lanes		1 .0		Deep Land		1-7		Well		++
		Onane	, Liiu			Lup			Lat	4401			Lup Lunes	•		<u> </u>	DOOP Lain	,-		5146			



MONDAY

7/14/2025 - 07/21/2025

LEG	<u>END</u>	Recre	ational Play	//Swim		FCPA (Classes		Doubl	e Lane		Lap Sw	im Only			Rentals (o	ther colors)			Deep Water	r / Dive Well		
		Shalle	ow End			Lap I	Lanes		Lac	lder			Lap Lanes	3		ı	Deep Lane			Dive	Well		
	E	D	С	В	Α	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	
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30 AM	WAT	ER FITNES	S 6:35AM-7:	:30AM																			6:30
00 AM																							7:00
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00 AM																							8:00
30 AM	WATER	FITNESS	8:00AM-1	10·10AM																			8:30
00 AM	WAILI	TITINES	O.OOAWI-	IO. IOAW																			9:00
30 AM																							9:30
00 AM									FCPA CI	asses													10:00
:30 AM	F	CPA Cla	sses						9:00AM-1	2:00PM													10:30
00 AM	9	:30AM- 1	2pm																				11:00
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0 PM																				WATER	FITNESS		6:00
80 PM		F.C	DA Class								F	CPA Swin	ı League(5)							и-7:00РМ		6:30
00 PM			PA Class 0PM-8:30									6:00PM		-,						0.0011			7:00
30 PM		3.0	J. III J.J.	J. 111								J.001 W	0.001 W			Mast	ers (4)			ALEXANI	DRIA DIVE		7:30
00 PM																	- 8:30PM			Divo Wo	II Closed		8:00
0 PM																7.301 101	- 0.301 IVI				- 9:00PM		8:30
0 PM										POO	L & SPA (I OSE AT	ODM							7.002101	- 3.UUPIVI		9:00
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		Snalle	ow End			Lap I	Lanes		Lac	uuer			Lap Lanes	5		[Deep Lane	:5	1	Dive	Well		



TUESDAY

7/15/2025 - 07/22/2025

LEG	<u>END</u>	Recre	ational Play	/Swim		FCPA	Classes		Doubl	e Lane		Lap Swi	m Only			Rentals (o	ther colors)			Deep Wate	r / Dive Wel		
		Shallo	w End			Lap	Lanes		Lac	lder			Lap Lanes	;		ļ I	Deep Lane	es		Dive	Well		
	Е	D	С	В	Α	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	
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:00 AM																			WAT	ER FITNESS	P- MANN-8	-00ΔΜ	8:00 A
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:00 AM	WAILI	TITINESS	0.00AW-1	IO. IOAW																			9:00 A
:30 AM																							9:30 A
0:00 AM									FCPA CI	asses													10:00
0:30 AM	F	CPA Cla	sses						9:00AM-1	2:00PM													10:30 /
1:00 AM	9	:30AM- 1	2pm																				11:00 A
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5:00 PM																J&M	Swim (3)						5:00 P
:30 PM																5:00P	М-6:00РМ						5:30 P
:00 PM																J&M S	Swim (4)						6:00 P
:30 PM		FC	PA Class	ses							F	CPA Swin	League(5)		6:00PM	- 7:00PM						6:30 P
:00 PM			0PM-8:30									6:00PM	8:00PM										7:00 P
:30 PM						FCPA Clas	ses									Mast	ers (4)						7:30 P
:00 PM						7:30PM-8:	30PM									7:30PM	- 8:30PM				1		8:00 P
:30 PM																							8:30 P
:00 PM										POO	L & SPA C	CLOSE AT	9PM										9:00 P
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		Shallo	w End	•		Lap	Lanes	•	Lac	lder			Lap Lanes		-	Î i	Deep Lane		Î	Dive	Well		1



WEDNESDAY

7/16/2025 - 07/30/2025

LEG	END		eational Play	//Swim		FCPA (Doubl	e Lane		Lap Sw				Rentals (o	ther colors)			Deep Wate	r / Dive Wel		
		Shall	ow End			Lap I	anes		Lac	lder			Lap Lane:	3			Deep Lane	s		Dive	Well		
	E	D	С	В	Α	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	
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6:30 AM		FCPA Class	es 6:35-7:30	Da																			6:30 A
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3:30 AM	WATER	REITNES	8:00AM-	10:10AM																			8:30 A
9:00 AM	WAIL		0.0074111	10.107																			9:00 A
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6:00 PM								Private															6:00 P
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7:30 PM	1													7:00PM-8	:00PM (3)								7:30 P
8:00 PM																			FC	PA CLASS	7:35PM-8:3	UPM	8:00 P
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		Shall	ow End	•		Lap I	anes	•	Lac	lder			Lap Lane:	3	•		Deep Lane	s		Dive	Well		1



THURSDAY

7/17/2025 - 07/24/2025

LEGI	END	ND Recreational Play/Swim Shallow End			FCPA Classes				Doubl	e Lane	Lap Swim Only					Rentals (o	ther colors)						
					Lap Lanes			Ladder				Lap Lanes	;	Deep Lane			es		Dive Well				
	E	D	С	В	Α	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	
										I	POOL & S	PA OPEN	AT 6:30AN	1									
30 AM	F	CPA Class	es 6:35-7:30	a																			6:30 Al
':00 AM																							7:00 A
7:30 AM																							7:30 AI
3:00 AM																							8:00 A
330 AM	WATER	EITNESS	8:00AM-1	0-10 AM																			8:30 A
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9:30 AM									FCPA Classes														9:30 AI
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0:30 AM	F	CPA Cla	sses																				10:30 A
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5:00 PM																J&N	Swim (3)			-			5:00 P
5:30 PM																5:00P	M-6:00PM						5:30 PI
6:00 PM																J&M Swim (4)				-	-		6:00 PI
6:30 PM		FCPA Classes									FCPA Swim League(5)					6:00PM- 7:00PM							6:30 PI
':00 PM			0PM-8:30									6:00PM -	8:00PM										
7:30 PM																Masters (4)				ALEXANDRIA DIVE			
3:00 PM																7:30PM - 8:30PM		Dive Well Closed				8:00 PI	
3:30 PM																			7:00PM - 9:00PM				
:00 PM										POC	L & SPA (LOSE AT	9PM										8:30 PI 9:00 PI
	E	D	С	В	Α	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	1
1	Shallow End					Lap	Lanes		Lac	lder			Lap Lanes	;		Deep Lanes				Dive Well			



FRIDAY

7/18/2025 - 08/01/2025

LEG	END	Recre	ational Play	/Swim		FCPA (Classes		provided . Double Lane Lap Swim Only							Rentals (o	ther colors)								
LLU	LIND	Shallow End				Lap Lanes				Ladder		Lap Lanes				Deep Lanes			Deep Water / Dive Well Dive Well				_		
	Е	D	С	В	Α	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	 		
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6:30 AM																							6:30 AM		
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7:30 AM																							7:30 AM		
8:00 AM																			WATER FITNESS 8:00AM-9:00AM				8:00 AM		
8:30 AM																							8:30 AM		
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9:30 AM	WATER	WATER FITNESS 9:10AM - 11:10AM																					9:30 AM		
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	Shallow End					Lap I	Lanes		Lac	lder			Lap Lanes	Ladder Lap Lanes							Dive Well				