

May 2026



FAIRFAX COUNTY PARK AUTHORITY
REC CENTERS

GEORGE WASHINGTON REC

8426 Old Mt. Vernon Road Alexandria, VA 22309 703-780-8894

SUNDAY 1PM-6PM	MONDAY 6:30AM-11:30AM & 2PM-8PM	TUESDAY 6:30AM-11:30AM & 2PM-8PM	WEDNESDAY 6:30AM-11:30AM & 2PM-8PM	THURSDAY 6:30AM-11:30AM & 2PM-8PM	FRIDAY 6:30AM-11:30AM	SATURDAY 9AM-4PM
					1 OPEN AND LAP SWIM 6:30AM-11:30AM	2 CLASSES & LAP SWIM ONLY 9:00AM-12:30PM OPEN SWIM 12:30P-4:00PM
4:00PM-8:00PM LIMITED LANES AVAILABLE DUE TO SWIM CLASSES AND RENTALS						
3 CLASSES/ RENTALS/LAP / OPEN SWIM 1:00PM-6:00PM	4 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	5 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	6 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	7 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	8 OPEN AND LAP SWIM 6:30AM-11:30AM	9 CLASSES & LAP SWIM ONLY 9:00AM-12:30PM OPEN SWIM 12:30P-4:00PM
4:00PM-8:00PM LIMITED LANES AVAILABLE DUE TO SWIM CLASSES AND RENTALS						
10 CLASSES/ RENTALS/LAP / OPEN SWIM 1:00PM-6:00PM	11 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	12 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	13 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	14 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	15 OPEN AND LAP SWIM 6:30AM-11:30AM	16 CLASSES & LAP SWIM ONLY 9:00AM-12:30PM OPEN SWIM 12:30P-4:00PM
4:00PM-8:00PM LIMITED LANES AVAILABLE DUE TO SWIM CLASSES AND RENTALS						
17 CLASSES/ RENTALS/LAP / OPEN SWIM 1:00PM-6:00PM	18 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	19 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	20 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	21 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	22 OPEN AND LAP SWIM 6:30AM-11:30AM	23 OPEN SWIM AND LAP SWIM 9:00AM - 4:00PM
4:00PM-8:00PM LIMITED LANES AVAILABLE DUE TO SWIM CLASSES AND RENTALS						
24/31 OPEN SWIM AND LAP SWIM 1:00PM-6:00PM	25 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	26 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	27 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	28 OPEN AND LAP SWIM 6:30AM-11:30AM & 2PM-8PM	29 OPEN AND LAP SWIM 6:30AM-11:30AM	30 CLASSES & LAP SWIM ONLY 9:00AM-12:30PM OPEN SWIM 12:30P-4:00PM
4:00PM-8:00PM LIMITED LANES AVAILABLE DUE TO SWIM CLASSES AND RENTALS						

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.



If accommodations and/or alternative formats are needed, please call (703) 324-8563,

George Washington Rec Center

Lap Lane Calendar

May 1-31



SATURDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs					
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well					
		0.5	Full	1	2	3	4	5	6	7	8	0.5		
9:00 AM	Swim Lessons								Swim Lessons					9:00 AM
9:30 AM														9:30 AM
10:00 AM														10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM														11:30 AM
12:00 PM												12:00 PM		
12:30 PM												12:30 PM		
1:00 PM												1:00 PM		
1:30 PM												1:30 PM		
2:00 PM	Our 1on1 swim lessons throughout the afternoon as well as the evening could take some pool space, but where depends on students skill level													2:00 PM
2:30 PM	Our 1on1 swim lessons throughout the afternoon as well as the evening could take some pool space, but where depends on students skill level													2:30 PM
3:00 PM	Our 1on1 swim lessons throughout the afternoon as well as the evening could take some pool space, but where depends on students skill level													3:00 PM
3:30 PM	Our 1on1 swim lessons throughout the afternoon as well as the evening could take some pool space, but where depends on students skill level													3:30 PM
4:00 PM	Closed to the public at 4:00pm													4:00 PM
4:30 PM	Closed to the public at 4:00pm													4:30 PM
5:00 PM	Closed to the public at 4:00pm													5:00 PM
5:30 PM	Closed to the public at 4:00pm													5:30 PM
6:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	6:00 PM	
		Shallow End			Lap Lanes				Lap Lanes/Dive Well					

George Washington Rec Center

Lap Lane Calendar

May 1-31



SUNDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs					
		Shallow End			Lap Lanes				Lap Lanes/Dive Well					
Ramp		0.5	Full	1	2	3	4	5	6	7	8	0.5		
9:00 AM	Scuba Rental	Closed to the public until 1:00pm				Scuba Rental				9:00 AM				
9:30 AM										9:30 AM				
10:00 AM										10:00 AM				
10:30 AM										10:30 AM				
11:00 AM										11:00 AM				
11:30 AM										11:30 AM				
12:00 PM										12:00 PM				
12:30 PM										12:30 PM				
1:00 PM													1:00 PM	
1:30 PM														1:30 PM
2:00 PM	Our 1on1 swim lessons throughout the afternoon as well as the evening could take some pool space, but where depends on students skill level				Swim Lessons				2:00 PM					
2:30 PM									2:30 PM					
3:00 PM													3:00 PM	
3:30 PM													3:30 PM	
4:00 PM													4:00 PM	
4:30 PM													4:30 PM	
5:00 PM							Mount Vernon Country Club NVSL				5:00 PM			
5:30 PM	5:30 PM													
6:00 PM		Stratford NVSL				Madison House NVSL				6:00 PM				
6:30 PM	6:30 PM													
7:00 PM		Mount Vernon Park NVSL								7:00 PM				
7:30 PM	7:30 PM													

George Washington Rec Center

Lap Lane Calendar

May 1-31



Monday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5		
Before Hours										Marlins				Before Hours
6:30 AM					Trident 6:00a-8:00a									6:30 AM
7:00 AM										Deep Water Ex				7:00 AM
7:30 AM														7:30 AM
8:00 AM		Water Walking												8:00 AM
8:30 AM														8:30 AM
9:00 AM														9:00 AM
9:30 AM	Swim Lesson													9:30 AM
10:00 AM		Arthritis Water Exercise												10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM		Close to the public from 11:30am-2:00pm											11:30 AM	
12:00 PM		Close to the public from 11:30am-2:00pm											12:00 PM	
12:30 PM		Close to the public from 11:30am-2:00pm											12:30 PM	
1:00 PM		Close to the public from 11:30am-2:00pm											1:00 PM	
1:30 PM		Close to the public from 11:30am-2:00pm											1:30 PM	
2:00 PM														2:00 PM
2:30 PM														2:30 PM
3:00 PM														3:00 PM
3:30 PM														3:30 PM
4:00 PM														4:00 PM
4:30 PM										Marlins 4:15p-5:15p				4:30 PM
5:00 PM														5:00 PM
5:30 PM										J&M Swim 5:15p-7:00p				5:30 PM
6:00 PM	Swim Lessons									Trident 6:00p-8:15p				6:00 PM
6:30 PM														6:30 PM
7:00 PM										Marlins 7:00p-8:30p				7:00 PM
7:30 PM														7:30 PM
8:00 PM		Close to the public at 8:00pm											8:00 PM	
8:30 PM		Close to the public at 8:00pm											8:30 PM	
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM	
		Shallow End			Lap Lanes					Lap Lanes/Dive Well				

George Washington Rec Center

Lap Lane Calendar

May 1-31



TUESDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs					
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well					
		0.5	Full	1	2	3	4	5	6	7	8	0.5			
Before Hours						Marlins									Before Hours
6:30 AM															6:30 AM
7:00 AM															7:00 AM
7:30 AM															7:30 AM
8:00 AM															8:00 AM
8:30 AM															8:30 AM
9:00 AM															9:00 AM
9:30 AM															9:30 AM
10:00 AM	Swim Lessons	Arthritis Water Exercise									S'Wet Deep Water Exercise				9:30 AM
10:30 AM		Aqua Combat Exercise													10:00 AM
10:30 AM															10:30 AM
11:00 AM															11:00 AM
11:30 AM															11:30 AM
12:00 PM		Close to the public from 11:30am-2:00pm											12:00 PM		
12:30 PM															12:30 PM
1:00 PM															1:00 PM
1:30 PM															1:30 PM
2:00 PM															2:00 PM
2:30 PM	Swim Lessons														2:30 PM
3:00 PM															
3:30 PM															3:30 PM
4:00 PM															4:00 PM
4:30 PM															4:30 PM
5:00 PM															5:00 PM
5:30 PM		Water Exercise			Marlins 4:30p-7:30p					Water Exercise				5:00 PM	
6:00 PM		Swim Lessons													
6:30 PM															6:00 PM
7:00 PM															6:30 PM
7:30 PM															7:00 PM
8:00 PM															7:30 PM
8:00 PM		Closed to the public at 8:00pm											8:00 PM		
8:30 PM															8:30 PM
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM		
		Shallow End			Lap Lanes					Lap Lanes/Dive Well					

George Washington Rec Center

Lap Lane Calendar

May 1-31



WEDNESDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5		
Before Hours										Marlins				Before Hours
6:30 AM					Trident 6:00a-8:00a									6:30 AM
7:00 AM										Deep Water Ex				7:00 AM
7:30 AM														7:30 AM
8:00 AM		Water Walking								Deep Water Ex				8:00 AM
8:30 AM														8:30 AM
9:00 AM										Deep Water Ex				9:00 AM
9:30 AM														9:30 AM
10:00 AM	Swim Lessons	Arthritis Water Exercise								Deep Water Ex				10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM	Close to the public from 11:30am-2:00pm											11:30 AM		
12:00 PM												12:00 PM		
12:30 PM												12:30 PM		
1:00 PM												1:00 PM		
1:30 PM												1:30 PM		
2:00 PM	Swim Lessons													2:00 PM
2:30 PM														2:30 PM
3:00 PM														3:00 PM
3:30 PM														3:30 PM
4:00 PM										Marlins 4:15p-5:15p				4:00 PM
4:30 PM														4:30 PM
5:00 PM										J&M Swim 5:15p-7:00p				5:00 PM
5:30 PM	Swim Lessons													Trident 6:00p-8:15p
6:00 PM										6:00 PM				
6:30 PM										Marlins 7:00p-8:30p				6:30 PM
7:00 PM									7:00 PM					
7:30 PM										Marlins 7:00p-8:30p				7:30 PM
8:00 PM														8:00 PM
8:30 PM	Close to the public at 8:00pm											8:30 PM		
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM	
		Shallow End			Lap Lanes					Lap Lanes/Dive Well				

George Washington Rec Center

Lap Lane Calendar

May 1-31



THURSDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs							
		Shallow End			Lap Lanes					Lap Lanes/Dive Well							
Ramp		0.5	Full	1	2	3	4	5	6	7	8	0.5					
Before Hours						Marlins							Before Hours				
6:30 AM														6:30 AM			
7:00 AM														7:00 AM			
7:30 AM														7:30 AM			
8:00 AM														8:00 AM			
8:30 AM									Power Finn				8:30 AM				
9:00 AM									S'Wet Deep Water Exercise				9:00 AM				
9:30 AM	Swim Lessons	Arthritis Water Exercise												9:30 AM			
10:00 AM		Aqua Combat Exercise												10:00 AM			
10:30 AM														10:30 AM			
11:00 AM														11:00 AM			
11:30 AM	Close to the public from 11:30am-2:00pm												11:30 AM				
12:00 PM													12:00 PM				
12:30 PM													12:30 PM				
1:00 PM													1:00 PM				
1:30 PM														1:30 PM			
2:00 PM	Swim Lessons													2:00 PM			
2:30 PM														2:30 PM			
3:00 PM														3:00 PM			
3:30 PM														3:30 PM			
4:00 PM														4:00 PM			
4:30 PM														4:30 PM			
5:00 PM					Marlins 4:30p-7:30p						Water Exercise		5:00 PM				
5:30 PM		Water Exercise															5:30 PM
6:00 PM		Swim Lessons															6:00 PM
6:30 PM														6:30 PM			
7:00 PM									Swim Lessons				7:00 PM				
7:30 PM														7:30 PM			
8:00 PM	Closed to the public at 8:00pm												8:00 PM				
8:30 PM														8:30 PM			
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM				
		Shallow End			Lap Lanes					Lap Lanes/Dive Well							

George Washington Rec Center

Lap Lane Calendar

May 1-31



FRIDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs						
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well						
		0.5	Full	1	2	3	4	5	6	7	8	0.5				
Before Hours														Before Hours		
6:30 AM														6:30 AM		
7:00 AM										Deep Water Ex				7:00 AM		
7:30 AM														7:30 AM		
8:00 AM		Water Walking												8:00 AM		
8:30 AM																
9:00 AM		Arthritis Water Exercise								Deep Water Ex				9:00 AM		
9:30 AM																9:30 AM
10:00 AM																
10:30 AM														10:30 AM		
11:00 AM														11:00 AM		
11:30 AM	Close to the public at 11:30am												11:30 AM			
12:00 PM													12:00 PM			
12:30 PM													12:30 PM			
1:00 PM													1:00 PM			
1:30 PM													1:30 PM			
2:00 PM													2:00 PM			
2:30 PM													2:30 PM			
3:00 PM													3:00 PM			
3:30 PM													3:30 PM			
4:00 PM													4:00 PM			
4:30 PM	Marlins 4:30p-6:00p				4:30 PM											
5:00 PM					5:00 PM											
5:30 PM	5:30 PM															
6:00 PM	6:00 PM															
6:30 PM	6:30 PM															
7:00 PM	7:00 PM															
7:30 PM	7:30 PM															
8:00 PM	8:00 PM															
8:30 PM	8:30 PM															
9:00 PM														9:00 PM		
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5				
		Shallow End			Lap Lanes					Lap Lanes/Dive Well						