



**MOUNT VERNON REC CENTER POOL CALENDAR**

2017 Belle View Blvd., Alexandria VA 703-768-3224

SUNDAY 8:00am—6:00pm	MONDAY 6:30am-9:00pm	TUESDAY 6:30am-9:00pm	WEDNESDAY 6:30am-9:00pm	THURSDAY 6:30am-9:00pm	FRIDAY 6:30am-9:00pm	SATURDAY 8:00am-6:00pm	
	<b>5:30 PM—8:00PM LIMITED SPACE AVAILABLE DUE TO RENTALS &amp; CLASSES</b>					1 OPEN: 6:30 AM—9PM	2 CLASSES & LAP SWIM ONLY <b>8 AM—1 PM</b>  OPEN SWIM <b>1 PM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 1 PM—5 PM
3 CLASSES & LAP SWIM ONLY <b>8 AM—1 PM</b>  OPEN SWIM <b>1 PM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 1 PM—5 PM	4 OPEN: 6:30 AM—9 PM	5 OPEN: 6:30 AM—9 PM	6 OPEN: 6:30 AM—9 PM	7 OPEN: 6:30 AM—9 PM <b>OPEN HOUSE 4:30PM-7:30PM</b>	8 OPEN: 6:30 AM—9PM	9 CLASSES & LAP SWIM ONLY <b>8 AM—1 PM</b>  OPEN SWIM <b>1 PM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 1 PM—5 PM	
<b>5:30 PM—8:00PM LIMITED SPACE AVAILABLE DUE TO RENTALS &amp; CLASSES</b>							
10 CLASSES & LAP SWIM ONLY <b>8 AM—1 PM</b>  OPEN SWIM <b>1 PM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 1 PM—5 PM	11 OPEN: 6:30 AM—9 PM	12 OPEN: 6:30 AM—9 PM	13 OPEN: 6:30 AM—9 PM	14 OPEN: 6:30 AM—9 PM	15 OPEN: 6:30 AM—9PM	16 CLASSES & LAP SWIM ONLY <b>8 AM—1 PM</b>  OPEN SWIM <b>1 PM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 1 PM—5 PM	
<b>5:30 PM—8:00PM LIMITED SPACE AVAILABLE DUE TO RENTALS &amp; CLASSES</b>							
17 CLASSES & LAP SWIM ONLY <b>8 AM—1 PM</b>  OPEN SWIM <b>1 PM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 1 PM—5 PM	18 OPEN: 6:30 AM—9 PM	19 OPEN: 6:30 AM—9 PM	20 OPEN: 6:30 AM—9PM	21 OPEN: 6:30 AM—9PM	22 OPEN: 6:30 AM—9 PM	23  <b>OPEN SWIM 8 AM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 10 AM—5 PM	
<b>5:30 PM—8:00PM LIMITED SPACE AVAILABLE DUE TO RENTALS &amp; CLASSES</b>							
24  <b>OPEN SWIM 8 AM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 10 AM—5 PM	25 OPEN: 6:30 AM—6 PM <b>MEMORIAL DAY</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 10 AM—5 PM	26 OPEN: 6:30 AM—9 PM <b>TEACHER WORK DAY / STUDENT HOLIDAY</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 10 AM—5 PM	27 OPEN: 6:30 AM—9PM <b>STUDENT HOLIDAY</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 10 AM—5 PM	28 OPEN: 6:30 AM—9PM	29 OPEN: 6:30 AM—9PM	30/31 CLASSES & LAP SWIM ONLY <b>8 AM—1 PM</b>  OPEN SWIM <b>1 PM—6 PM</b>  DIVING BOARD, AQUA CLIMBING WALL & WATER FEATURES OPEN 1 PM—5 PM	
<b>5:30 PM—8PM SHALLOW SPACE LIMITED DUE TO CLASSES</b>							

**Know Before You Go!**

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.



If accommodations and/or alternative formats are needed, please call (703) 324-8563,

**MOUNT VERNON REC CENTER POOL CALENDAR**

2017 Belle View Blvd., Alexandria VA 703-768-3224

**Due to Lean to swim Classes the pool is only open for lap swim and Classes Saturday and Sunday from 9am-1pm, There is no free swim until 1pm.**

**BREAK TIMES!** For all kids 12 years & under. Please encourage your child to use the restroom.

**WEEKENDS:** a 10 minute break will be called at the top of the hour, starting at 2 pm until 1 hour before closing.

**WEEKDAYS:** a 10 minute break will be called at the top of the hour, starting at 4 pm until 1 hour before closing.

**DIVING BOARD:**

1– 1 Meter Board will be open for public use from 1 pm to 5 pm on Saturdays & Sundays.

**AQUA CLIMBING WALL:**

The Aquatic Climbing Wall in the deep end of the pool will be open for public use from 1 pm to 5 pm on Saturdays & Sundays.

**WATER FEATURES:**

Water Features in the beach entry will be open for public use from 1 pm to 5 pm on Saturdays & Sundays.



**Know Before You Go!**

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

# Mount Vernon Rec Center

SATURDAY

**No Free Swim Saturday 9am-1pm (Lap Swim and Classes Only)**

May 1-22-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY						FCPA scheduled programs (Space is scheduled)						
Dive Well		Lap Lanes								Shallow End		Beach				
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane					
8:00 AM														8:00 AM		
8:30 AM														8:30 AM		
9:00 AM	Learn to Swim Classes 9  1PM NO FREE SWIM									Learn to Swim Classes 9-1:30PM NO  FREE SWIM			Learn to Swim Classes 9  1PM NO FREE SWIM	9:00 AM		
9:30 AM															9:30 AM	
10:00 AM																10:00 AM
10:30 AM																10:30 AM
11:00 AM																11:00 AM
11:30 AM																11:30 AM
12:00 PM																12:00 PM
12:30 PM																12:30 PM
1:00 PM	Rock Wall and Diving Board 1:00-5:00pm												water features 1:00-  5:00pm	1:00 PM		
1:30 PM														1:30 PM		
2:00 PM															2:00 PM	
2:30 PM															2:30 PM	
3:00 PM															3:00 PM	
3:30 PM															3:30 PM	
4:00 PM															4:00 PM	
4:30 PM															4:30 PM	
5:00 PM													5:00 PM			
5:30 PM													5:30 PM			
6:00 PM		Belle Heaven 6pm - 7pm (4 Lanes)											6:00 PM			
6:30pm													6:30pm			
7:00pm													7:00 PM			
7:30pm													7:30pm			
		8	7	6	5	4	3	2	1	Full lane	.5 lane					
	Dive Well	Lap Lanes								Shallow End		Beach				

# Mount Vernon Rec Center

SUNDAY

**No Free Swim Sunday 9am-1pm (Lap Swim and Classes Only)**

May 1-22-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)				
Dive Well		Lap Lanes								Shallow End		Beach		
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane			
8:00 AM													8:00 AM	
8:30 AM													8:30 AM	
9:00 AM	Learn to Swim Classes 9-11:30 AM 1PM NO FREE SWIM									Learn to Swim Classes 9-1:30PM NO FREE SWIM			9:00 AM	
9:30 AM													9:30 AM	
10:00 AM													10:00 AM	
10:30 AM													10:30 AM	
11:00 AM													11:00 AM	
11:30 AM													11:30 AM	
12:00 PM													12:00 PM	
12:30 PM													12:30 PM	
1:00 PM	Rock Wall and Diving Board 1:00-5:00pm												1:00 PM	
1:30 PM													1:30 PM	
2:00 PM													2:00 PM	
2:30 PM													2:30 PM	
3:00 PM													3:00 PM	
3:30 PM													3:30 PM	
4:00 PM												4:00 PM		
4:30 PM												4:30 PM		
5:00 PM												5:00 PM		
5:30 PM												5:30 PM		
6:00 PM		Hollin Meadows 6pm - 7pm (5 Lanes)					Waynewood 6pm-7pm (5.5Lanes)						6:00 PM	
6:30pm													6:30pm	
7:00pm		Hollin Hills 7pm - 8pm (4Lanes)			Little Huntington Park 7pm - 8pm (6 +2 -1/2 lanes)							7:00 PM		
7:30pm												7:30pm		
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
	Dive Well		Lap Lanes								Shallow End		Beach	

# Mount Vernon Rec Center

MONDAY

May 1-22-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)			
Dive Well		Lap Lanes								Shallow End		Beach	
.5 lane   Full lane		8	7	6	5	4	3	2	1	Full lane	.5 lane		
4:45 AM		Alexandria Master 5:00-7:00am (4 Lanes)								J & M Swim 4:45-6:00am (4 Lanes) Starts 04/13			4:45 AM
5:00 AM													
5:30 AM												5:30 AM	
6:00 AM												6:00 AM	
6:30 AM												6:30 AM	
7:00 AM												7:00 AM	
7:30 AM												7:30 AM	
8:00 AM										Water Exercise 8:00-11:10am		8:00 AM	
8:30 AM												8:30 AM	
9:00 AM												9:00 AM	
9:30 AM												9:30 AM	
10:00 AM												10:00 AM	
10:30 AM												10:30 AM	
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3:00 PM												3:00 PM	
3:30 PM												3:30 PM	
4:00 PM												4:00 PM	
4:30 PM												4:30 PM	
5:00 PM	Learn to Swim 5:00-8:30pm	Potomac Marlins 4:30pm - 8pm (3 Lanes)			Trident 4:30pm - 7:30pm (2 Lanes)						Learn to Swim 5:00-8:30pm		5:00 PM
5:30 PM													
6:00 PM													6:00 PM
6:30 PM													6:30 PM
7:00 PM													7:00 PM
7:30 PM												7:30 PM	
8:00 PM												8:00 PM	
8:30 PM												8:30 PM	
	.5 lane   Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
	Dive Well	Lap Lanes								Shallow End		Beach	

# Mount Vernon Rec Center

TUESDAY

May 1-22-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY						FCPA scheduled programs (Space is scheduled)		
Dive Well		Lap Lanes						Shallow End		Beach		
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
5:00 AM												5:00 AM
5:30 AM												5:30 AM
6:00 AM												6:00 AM
6:30 AM			J&M Swim 6:00 - 7:30am (3 Lanes)									6:30 AM
7:00 AM			J&M Swim 6:00 - 7:30am (3 Lanes)									7:00 AM
7:30 AM			J&M Swim 6:00 - 7:30am (3 Lanes)									7:30 AM
8:00 AM			J&M Swim 6:00 - 7:30am (3 Lanes)									8:00 AM
8:30 AM	Water Exercise 8:30-9:25am											8:30 AM
9:00 AM	Water Exercise 8:30-9:25am											9:00 AM
9:30 AM										Water Exercise 9:40-10:35am		9:30 AM
10:00 AM										Water Exercise 9:40-10:35am		10:00 AM
10:30 AM												10:30 AM
11:00 AM												11:00 AM
11:30 AM												11:30 AM
12:00 PM												12:00 PM
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2:30 PM												2:30 PM
3:00 PM												3:00 PM
3:30 PM												3:30 PM
4:00 PM												4:00 PM
4:30 PM	Trident 4:00pm - 6pm (2 Lanes)											4:30 PM
5:00 PM	Trident 4:00pm - 6pm (2 Lanes)											5:00 PM
5:30 PM	Trident 4:00pm - 6pm (2 Lanes)											5:30 PM
6:00 PM			Potomac Marlins 4:30pm - 7pm (3 Lanes)							Water Exercise 6:15PM-7:10PM		6:00 PM
6:30 PM			Potomac Marlins 4:30pm - 7pm (3 Lanes)							Water Exercise 6:15PM-7:10PM		6:30 PM
7:00 PM										Learn to Swim 7:10-8PM		7:00 PM
7:30 PM			J and M Swim 7pm-8pm (4 Lanes)							Learn to Swim 7:10-8PM		7:30 PM
8:00 PM			J and M Swim 7pm-8pm (4 Lanes)									8:00 PM
8:30 PM			J and M Swim 7pm-8pm (4 Lanes)									8:30 PM
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
Dive Well		Lap Lanes						Shallow End		Beach		

# Mount Vernon Rec Center

WEDNESDAY

April 1st Spring Break - No Swim or Aqua Fitness Classes

May 1-22-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. Please note this information is **subject to change** and is only applicable to the day and date range provided.

	LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)				
	Dive Well		Lap Lanes								Shallow End			Beach	
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane			
4:45 AM								J&M Swim 4:45-6:00am (4 Lanes) Starts 04/15							4:45 AM
5:00 AM			Alexandria Master 5:00-7:00am (4 Lanes)												5:00 AM
5:30 AM															5:30 AM
6:00 AM															6:00 AM
6:30 AM															6:30 AM
7:00 AM															7:00 AM
7:30 AM															7:30 AM
8:00 AM															8:00 AM
8:30 AM															8:30 AM
9:00 AM													Water Exercise 9:00-9:55am		9:00 AM
9:30 AM															9:30 AM
10:00 AM	Water Exercise 10:10-11:05am														10:00 AM
10:30 AM															10:30 AM
11:00 AM															11:00 AM
11:30 AM															11:30 AM
12:00 PM															12:00 PM
12:30 PM															12:30 PM
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3:00 PM															3:00 PM
3:30 PM															3:30 PM
4:00 PM															4:00 PM
4:30 PM															4:30 PM
5:00 PM	Learn to Swim 5:00-8:30pm		Potomac Marlins 4:30pm - 8pm (3 Lanes)			Trident 4:30pm - 7:30pm (2 Lanes)					Learn to Swim 5:00-8:30pm			5:00 PM	
5:30 PM														5:30 PM	
6:00 PM														6:00 PM	
6:30 PM														6:30 PM	
7:00 PM														7:00 PM	
7:30 PM														7:30 PM	
8:00 PM						Trident 7:30-8:30PM (1 Lane)								8:00 PM	
8:30 PM														8:30 PM	
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane			
	Dive Well		Lap Lanes								Shallow End		Beach		

# Mount Vernon Rec Center

THURSDAY

April 2nd Spring Break - No Swim or Aqua Fitness Classes

May 1-22-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)			
Dive Well		Lap Lanes								Shallow End		Beach	
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
5:00 AM												5:00 AM	
5:30 AM												5:30 AM	
6:00 AM												6:00 AM	
6:30 AM			J&M Swim 6:00 - 7:30am (3 Lanes)									6:30 AM	
7:00 AM			J&M Swim 6:00 - 7:30am (3 Lanes)									7:00 AM	
7:30 AM			J&M Swim 6:00 - 7:30am (3 Lanes)									7:30 AM	
8:00 AM												8:00 AM	
8:30 AM	Water Exercise 8:30-9:25am											8:30 AM	
9:00 AM												9:00 AM	
9:30 AM										Water Exercise 9:40-10:35am		9:30 AM	
10:00 AM												10:00 AM	
10:30 AM												10:30 AM	
11:00 AM												11:00 AM	
11:30 AM												11:30 AM	
12:00 PM												12:00 PM	
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2:30 PM												2:30 PM	
3:00 PM												3:00 PM	
3:30 PM												3:30 PM	
4:00 PM												4:00 PM	
4:30 PM		Trident 4:00pm - 6pm (2 Lanes)		Potomac Marlins 4:30pm - 7pm (3 Lanes)								4:30 PM	
5:00 PM		Trident 4:00pm - 6pm (2 Lanes)		Potomac Marlins 4:30pm - 7pm (3 Lanes)								5:00 PM	
5:30 PM												5:30 PM	
6:00 PM										Water Exercise 6:15PM-7:10PM		6:00 PM	
6:30 PM										Learn to Swim 5-8:00PM		6:30 PM	
7:00 PM										Learn to Swim 7:10-8PM		7:00 PM	
7:30 PM				J and M Swim 7pm-8pm (4 Lanes)								7:30 PM	
8:00 PM												8:00 PM	
8:30 PM												8:30 PM	
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
	Dive Well		Lap Lanes								Shallow End		Beach

# Mount Vernon Rec Center

FRIDAY

May 1-22-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)			
Dive Well		Lap Lanes								Shallow End		Beach	
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
4:45 AM												4:45 AM	
5:00 AM		Alexandria Master 5:00-7:00am (4 Lanes)			J&M Swim 4:45-6:00am (4 Lanes) Starts 04/17								5:00 AM
5:30 AM												5:30 AM	
6:00 AM												6:00 AM	
6:30 AM												6:30 AM	
7:00 AM												7:00 AM	
7:30 AM												7:30 AM	
8:00 AM												8:00 AM	
8:30 AM												8:30 AM	
9:00 AM	Water Exercise 9:00AM-9:55AM											9:00 AM	
9:30 AM												9:30 AM	
10:00 AM										Water Exercise 10:10AM-12:10PM		10:00 AM	
10:30 AM												10:30 AM	
11:00 AM												11:00 AM	
11:30 AM												11:30 AM	
12:00 PM												12:00 PM	
12:30 PM												12:30 PM	
1:00 PM												1:00 PM	
1:30 PM												1:30 PM	
2:00 PM												2:00 PM	
2:30 PM												2:30 PM	
3:00 PM												3:00 PM	
3:30 PM												3:30 PM	
4:00 PM		Trident 4pm - 5pm (1Lane)										4:00 PM	
4:30 PM												4:30 PM	
5:00 PM	Learn to Swim 5:00- 8:30pm	Trident 5pm - 7pm (2 Lanes)	J and M Swim 5pm-6pm (2 Lanes)							Learn to Swim 5:00- 8:30pm		5:00 PM	
5:30 PM												5:30 PM	
6:00 PM												6:00 PM	
6:30 PM												6:30 PM	
7:00 PM													7:00 PM
7:30 PM												7:30 PM	
8:00 PM												8:00 PM	
8:30 PM												8:30 PM	
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
	Dive Well		Lap Lanes								Shallow End		Beach

# Mount Vernon Rec Center

SATURDAY

**No Free Swim Saturday 9am-1pm (Lap Swim and Classes Only)**

May 23-31-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)						
Dive Well		Lap Lanes								Shallow End		Beach				
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane					
8:00 AM															8:00 AM	
8:30 AM															8:30 AM	
9:00 AM	Learn to Swim Classes 9  1PM NO FREE SWIM									Learn to Swim Classes 9-1:30PM NO  FREE SWIM			Learn to Swim Classes 9  1PM NO FREE SWIM	9:00 AM		
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1:00 PM	Rock Wall and Diving Board 1:00-5:00pm		Learn to Swim Classes 1											1:00 PM		
1:30 PM														1:30 PM		
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		8	7	6	5	4	3	2	1	Full lane	.5 lane					
	Dive Well	Lap Lanes								Shallow End		Beach				

# Mount Vernon Rec Center

SUNDAY

**No Free Swim Saturday 9am-1pm (Lap Swim and Classes Only)**

May 23-31-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY						FCPA scheduled programs (Space is scheduled)				
Dive Well		Lap Lanes						Shallow End		Beach				
	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
8:00 AM														8:00 AM
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	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
	Dive Well		Lap Lanes						Shallow End		Beach			

Learn to Swim Classes 9-1:30PM NO FREE SWIM

Learn to swim Classes 9-1PM NO FREE SWIM

Rock Wall and Diving Board 1:00-5:00pm

Learn to Swim Classes 1:00-5:00pm

Water Features 1:00-5:00pm

5:00pm

# Mount Vernon Rec Center

MONDAY

May 23-31-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)												
Dive Well		Lap Lanes								Shallow End		Beach										
.5 lane   Full lane		8	7	6	5	4	3	2	1	Full lane	.5 lane											
4:45 AM														4:45 AM								
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7:00 AM													7:00 AM									
7:30 AM													7:30 AM									
8:00 AM										Water Exercise 8:00-11:10am			8:00 AM									
8:30 AM												8:30 AM										
9:00 AM												9:00 AM										
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5:00 PM	Learn to Swim 5:00-8:30pm										Learn to Swim 5:00-8:30pm			5:00 PM								
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		.5 lane   Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane										
		Dive Well	Lap Lanes								Shallow End		Beach									

# Mount Vernon Rec Center

TUESDAY

May 23-31-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY						FCPA scheduled programs (Space is scheduled)		
Dive Well		Lap Lanes								Shallow End		Beach
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
5:00 AM												5:00 AM
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8:00 AM												8:00 AM
8:30 AM	Water Exercise 8:30-9:25am											8:30 AM
9:00 AM												9:00 AM
9:30 AM										Water Exercise 9:40-10:35am		9:30 AM
10:00 AM												10:00 AM
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6:00 PM										Water Exercise 6:15PM-7:10PM		6:00 PM
6:30 PM										Learn to Swim 7:10-8PM	Learn to Swim 5-8:00PM	6:30 PM
7:00 PM												7:00 PM
7:30 PM												7:30 PM
8:00 PM												8:00 PM
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.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
Dive Well		Lap Lanes								Shallow End		Beach

# Mount Vernon Rec Center

WEDNESDAY

May 23-31-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)				
Dive Well		Lap Lanes								Shallow End		Beach		
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane			
4:45 AM												4:45 AM		
5:00 AM												5:00 AM		
5:30 AM												5:30 AM		
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8:30 AM												8:30 AM		
9:00 AM										Water Exercise 9:00-9:55am		9:00 AM		
9:30 AM												9:30 AM		
10:00 AM	Water Exercise 10:10-11:05am											10:00 AM		
10:30 AM												10:30 AM		
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5:00 PM	Learn to Swim 5:00-8:30pm									Learn to Swim 5:00-8:30pm		5:00 PM		
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.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane			
Dive Well		Lap Lanes								Shallow End		Beach		

# Mount Vernon Rec Center

THURSDAY

May 23-31-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)				
Dive Well		Lap Lanes								Shallow End		Beach		
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane			
5:00 AM														
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8:30 AM		Water Exercise 8:30-9:25am												
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5:30 PM														
6:00 PM										Water Exercise 6:15PM-7:10PM				
6:30 PM										Learn to Swim 7:10-8PM	Learn to Swim 5-8:00PM			
7:00 PM														
7:30 PM														
8:00 PM														
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	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
	Dive Well		Lap Lanes								Shallow End		Beach	

# Mount Vernon Rec Center

FRIDAY

May 23-31-2026

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)			
Dive Well		Lap Lanes								Shallow End		Beach	
.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane		
4:45 AM												4:45 AM	
5:00 AM												5:00 AM	
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	.5 lane	Full lane	8	7	6	5	4	3	2	1	Full lane	.5 lane	
	Dive Well		Lap Lanes							Shallow End		Beach	

Water Exercise  
9:00AM-9:55AM

Water Exercise  
10:10AM-12:10PM

Learn to Swim 5:00-  
8:30pm Starts 04/24

Learn to Swim 5:00-  
8:30pm Starts 04/24