



OAKMONT  
**REC CENTER**

**WINTER 2026 AQUA FITNESS CALENDER**

**01/04-03/27 (NO CLASS ON 01/30, 02/06, & 02/13)**



TIME	CLASS NAME	CODE	INSTRUCTOR	MEETS
<b>Mon/Wed/Fri</b>				
<b>Start: 01/05</b>		<b>End: 03/27</b>		<b>No Class Meets: 01/30&amp;02/06&amp;02/13</b>
8:10a-9:05a	Adv. Deep WE	B79.O6XF	PHIL	33x
9:10a-10:05a	Deep WE	B8B.7U7C	PHIL	33x
10:10a-11:05a	ABC's of Deep Water	4A8.5U08	PHIL	33x
<b>Tuesday/Thursday</b>				
<b>Start: 01/06</b>		<b>End: 03/26</b>		<b>No Class Meets: NONE</b>
9a-9:55a	Deep WE	B8B.EVH2	NOEL	24x
<b>Wednesday</b>				
<b>Start: 01/07</b>		<b>End: 03/25</b>		<b>No Class Meets: NONE</b>
8a-8:55a	Adv. Shallow WE	40C.BWLR	SU-CHEN	12x
9a-9:55a	Shallow WE	3AD.G60H	SU-CHEN	12x
<b>Thursday</b>				
<b>Start: 01/08</b>		<b>End: 03/26</b>		<b>No Class Meets: NONE</b>
10a-10:55a	Shallow WE	3AD.5ZHW	PAM	12x
11a-11:55a	Arthritis Shallow WE	9E8.JMS3	PAM	12x
<b>Sunday</b>				
<b>Start: 01/04</b>		<b>End: 03/15</b>		<b>No Class Meets: NONE</b>
4p-4:55p	Shallow WE	3AD.HYXC	LOUISE	13x
5p-5:55p	Deep WE	B8B.BB5Z	LOUISE	13x



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-335

## WAYS TO PAY

**Aqua Exercise Flex Pass** – enjoy the flexibility to attend any water exercise class at any of our nine RECenters!

- Attend any coded water exercise class listed in the Water Exercise section of the Parktakes magazine or online
- Also includes use of the fitness room, pool, spa, locker rooms, sauna, and group exercise drop-in classes.
- Bring a friend; simply have an additional visit deducted from your pass when you check in. One visit deducted per person/per class.
- **Valid for four (4) months from the date of purchase.**
- Sold at all RECenters or online at [www.fairfaxcounty.gov/parks/passesonline.htm](http://www.fairfaxcounty.gov/parks/passesonline.htm) - in increments of 10, 20 or 30 visits.
- Pricing based on the same price per class fee that is used for coded classes. The senior discount and out of county fee will apply to the pass fee. However, the early registration discount and scholarships will not apply.

**BUY MORE... SAVE MORE!!!**

	10 VISITS		20 VISITS		30 VISITS	
	Base Rate	Discount Rate*	Base Rate	Discount Rate*	Base Rate	Discount Rate*
<b>TEEN/ADULT</b> (13 years +)	<b>\$157</b>	<b>\$131</b>	<b>\$282</b>	<b>\$260</b>	<b>\$406</b>	<b>\$387</b>
<b>SENIOR**</b> (Age 65 & older)	<b>\$157</b>	<b>\$85</b>	<b>\$282</b>	<b>\$169</b>	<b>\$405</b>	<b>\$251</b>

**\*\*will receive Senior rate if age is 65 years & older**

**Drop-in Fee (or pay as you go) Current rate \$13.50.**

- Best for the customer with a busy schedule or wanting to sample a new program.
- **Register for the Class** – Best option for those who only attend the same scheduled class or use a scholarship to register for the class.
- Coded water exercise classes are listed in Partakes and online. ([www.fairfaxcounty.gov/parks/parktakes](http://www.fairfaxcounty.gov/parks/parktakes)).
- Registration guarantees a space in the class, but you may only attend the class registered for. Check in 10 minutes before your class.
- Locker rooms and showers are available.
- Missed classes due to illness or personal schedule conflict will not be able to be made up. See the refund policy for more information; available at any REC Center Front Desk or online.
- If the class is cancelled by the facility, site staff will attempt to contact registrants in advance.
- Early registration discount and scholarships will be honored for those meeting the criteria.

***If you have any questions, please contact:***

Derek Smith, Aquatics Director: [Derek.Smith@fairfaxcounty.gov](mailto:Derek.Smith@fairfaxcounty.gov)